

Academic Map: Health Education

Department: Health Sciences **Degree:** BS
Program/Major: Health Education
Track/Emphasis: _____
Does this program require a minor? (Yes/No) No

Important program information in the online *Undergraduate Bulletin*:

UCA Core Requirements: <http://uca.edu/ubulletin/general-policies-information/uca-core/>
LD UCA Core Check Sheet: <http://uca.edu/academicbulletins/ld-uca-core/>
UD UCA Core Course List: <http://uca.edu/academicbulletins/ud-uca-core/>
Degree Requirements: <http://uca.edu/ubulletin/general-policies-information/degree-requirements/>
Program Description: <http://uca.edu/ubulletin/colleges-departments-programs/college-of-health-and-behavioral-sciences/department-of-health-sciences/>
Course Descriptions: <http://uca.edu/ubulletin/courses/>

This degree program requires a total of 120 semester credit hours, including at least 40 upper-division credit hours.

Comparable courses in the Arkansas Course Transfer System (ACTS) are cross-referenced in the ACTS column of each semester block below; a [core link](http://uca.edu/academicbulletins/ld-uca-core/) (http://uca.edu/academicbulletins/ld-uca-core/) takes the user to the *Undergraduate Bulletin*'s UCA Lower-Division Core check sheet, where UCA Core options and ACTS course numbers are listed in full; an [acts link](http://uca.edu/academicbulletins/acts/) takes the user to the *Undergraduate Bulletin*'s ACTS page (http://uca.edu/academicbulletins/acts/) for additional information and a UCA-ACTS crosswalk.

Year 1

Fall – Semester 1 (credit hours: 15/16)

| SUBJ | NUM | TITLE | SCH | ACTS |
|------|------|--|-----|---------------------------------------|
| WRTG | 1310 | Introduction to College Writing | 3 | ENGL1013 |
| MATH | 1390 | College Algebra or | 3 | MATH1103 |
| BIOL | 1400 | Exploring Concepts in Biology | 4 | BIOL1004 |
| H ED | 1320 | Essentials of Health and Wellness | 3 | |
| PSYC | 1300 | General Psychology or | 3 | PSYC1103 |
| SOC | 1300 | Principles of Sociology | | SOCI1013 |
| COMM | 1300 | Principles of Communication [formerly SPCH 1300] ¹ or Approved alternative (LD UCA Core: Oral Communication) ² | 3 | SPCH1003 core link |

Spring – Semester 2 (credit hours: 15/16)

| SUBJ | NUM | TITLE | SCH | ACTS |
|------|------|---|-----|---------------------------------------|
| BIOL | 1400 | Exploring Concepts in Biology or | 4 | BIOL1004 |
| MATH | 1390 | College Algebra | 3 | MATH1103 |
| WRTG | 1320 | Academic Writing and Research or | 3 | ENGL1023 |
| ENGL | 1320 | Interdisciplinary Writing and Research or Other approved alternative (LD UCA Core: Research/Writing) ² | | ENGL1023 core link |
| H ED | | Major Elective (H ED 2320: Mental Health suggested) | 3 | |
| | | LD UCA Core: Diversity/World Cultures (SS only) ² | 3 | core link |
| H ED | 2201 | First Aid | 2 | |

Year 2**Fall – Semester 3 (credit hours: 16)**

| SUBJ | NUM | TITLE | SCH | ACTS |
|------|------|---|-----|---------------------------|
| | | LD UCA Core: Inquiry/Analysis (FA only) ² | 3 | core link |
| BIOL | 2405 | Anatomy and Physiology | 4 | |
| H ED | | Major Elective upper-division | 3 | |
| | | LD UCA Core: Inquiry/Analysis: American History/Government ² | 3 | core link |
| | | General Elective | 3 | |

Spring – Semester 4 (credit hours: 14)

| SUBJ | NUM | TITLE | SCH | ACTS |
|------|------|---|-----|---------------------------|
| BIOL | 2411 | Microbiology in Human Affairs | 4 | BIOL2004 |
| H ED | 3301 | Theoretical Bases of Health Education (UD UCA Core: R) | 3 | |
| | | LD UCA Core: Diversity/Creative Works (HUM only) ² | 3 | core link |
| | | LD UCA Core: Physical Science ² | 4 | core link |

Year 3**Fall – Semester 5 (credit hours: 15)**

| SUBJ | NUM | TITLE | SCH | ACTS |
|------|------|---|-----|------|
| H ED | 3320 | Epidemiological Research (UD UCA Core: I) | 3 | |
| | | Elective, upper-division | 3 | |
| | | Elective, upper-division | 3 | |
| | | Elective, upper-division | 3 | |
| PSYC | 2330 | Psychological Statistics or Approved alternative (MATH 2311, SOC 2321) | 3 | |

Spring – Semester 6 (credit hours: 15)

| SUBJ | NUM | TITLE | SCH | ACTS |
|------|------|---|-----|------|
| H ED | 4331 | Program Planning and Evaluation | 3 | |
| H ED | | Major Elective | 3 | |
| H ED | 3300 | Health Education Methods and Materials (UD UCA Core: C) | 3 | |
| | | General Elective | 3 | |
| | | General Elective | 3 | |

Year 4**Fall – Semester 7 (Credit hours: 15)**

| SUBJ | NUM | TITLE | SCH | ACTS |
|------|------|--|-----|------|
| H ED | 4370 | Administration of Health Programs | 3 | |
| H ED | 4320 | Health Promotion Interventions | 3 | |
| H ED | | Major Elective (UD UCA Core: D) ² | 3 | |
| | | General Elective | 3 | |
| H ED | 4300 | Community Health Programs | 3 | |

Spring – Semester 8 (Credit hours: 14)

| SUBJ | NUM | TITLE | SCH | ACTS |
|------|------|--|-----|------|
| H ED | 4600 | Health Education Internship (UD UCA Core: Z) | 6 | |
| | | General Elective | 3 | |
| | | General Elective | 3 | |
| | | General Elective | 2 | |

SIGNED – DEPARTMENT CHAIR

DATE

SIGNED – COLLEGE DEAN

DATE

To be completed by the advisor when an Eight-Semester plan is accepted by the student:

If applicable, has student selected a minor? Type “x” as appropriate. _____ No _____ Yes

If “yes,” specify: _____

Notes

¹ COMM 1300 and SPCH 1300 are the same course. Take only one of them.

² See appropriate choices, alternatives, or substitutions under “UCA Core” in the *Undergraduate Bulletin*. During the first year, a student must complete a UCA Core course designated as a First-Year Seminar (FYS) in Critical Inquiry, Diversity, or Responsible Living. A lab science (BIOL 1400 or a Physical Science) and MATH 1360/MATH 1390 should be taken in the first year if possible.

The student will also need to complete major, minor, or general elective courses designated as fulfilling the upper-division and capstone requirements of the UCA Core. See annotations in this Academic Map for courses within the major that fulfill these requirements. The UD UCA Core diversity requirement may be fulfilled using a major elective (H ED 3305, 4395, or 4396).