

Program Completion Plan (Eight Semester Plan)

Department: _____ Family and Consumer Sciences _____ **Degree:** _____ BS _____
Program/Major: _____ Nutrition _____
Track/Emphasis: _____ N/A _____
Does this program require a minor? (Yes/No) _____ No _____

Important program information in the online *Undergraduate Bulletin*:

UCA Core Requirements: <http://uca.edu/ubulletin2014/general-policies-information/uca-core/>
Degree Requirements: <http://uca.edu/ubulletin2014/general-policies-information/degree-requirements/>
Program Description: <http://uca.edu/ubulletin2014/colleges-departments-programs/college-of-health-and-behavioral-sciences/department-of-family-and-consumer-sciences/>
Course Descriptions: <http://uca.edu/ubulletin2014/courses/>

This degree program requires a total of 120 semester credit hours, including at least 40 upper-division credit hours.

Comparable courses in the Arkansas Course Transfer System (ACTS) are cross-referenced in the ACTS column of each semester block below; a [core link](http://uca.edu/go/ubulletin2014-ldcore/) (<http://uca.edu/go/ubulletin2014-ldcore/>) takes the user to the *Undergraduate Bulletin's* UCA Core page, where UCA Core options and ACTS course numbers are listed in full; an [acts link](http://uca.edu/go/acts/) takes the user to the *Undergraduate Bulletin's* ACTS page (<http://uca.edu/go/acts/>) for additional information and a full UCA-ACTS crosswalk.

Year 1

Fall – Semester 1 (credit hours: 16)

SUBJ	NUM	TITLE	SCH	ACTS
WRTG	1310	Introduction to College Writing	3	ENGL1013
NUTR	1300	Nutrition in Lifecycle	3	
BIOL	1400	Biology for General Education	4	BIOL1004
PSYC	1300	General Psychology	3	PSYC1103
KPED or H ED	1320 or 1320	Concepts of Lifetime Health & Fitness (First Year Seminar) ¹	3	

Spring – Semester 2 (credit hours: 16)

SUBJ	NUM	TITLE	SCH	ACTS
WRTG ENGL	1320 1320	Academic Writing and Research or Interdisciplinary Writing and Research or Other approved alternative	3	ENGL1023 ENGL1023
MATH	1360 or 1390	Quantitative Literacy or College Algebra	3	MATH1003 MATH1103
BIOL	2405	Anatomy and Physiology	4	
		UCA Core Course from Inquiry & Analysis: American History and Government <small>Error! Bookmark not defined.</small>	3	core link
NUTR	2310	Food Science	3	

Year 2**Fall – Semester 3 (credit hours: 16)**

SUBJ	NUM	TITLE	SCH	ACTS
ANTH	1302	Anthropology or Other UCA Core Course from Diversity in World Cultures (Social Science only)	3	ANTH1013 core link
FACS	2341	Lifespan Development	3	
CHEM	1402	General Chemistry for Health Sciences	4	CHEM1214
		UCA Core Course from Inquiry & Analysis: Fine Arts or Humanities or Diversity in Creative Works (Humanities Only) ²	3	core link
PSYC or SOC or MATH	2330 or 2321 or 2311	Psychological Statistics or Social Statistics or Statistical Methods I	3	MATH2103

Spring – Semester 4 (credit hours: 16)

SUBJ	NUM	TITLE	SCH	ACTS
NUTR	2311	Meal Management	3	
CHEM	2450	Intro to Organic and Biochemistry	4	CHEM1224
SPCH	1300	Speech Communication	3	SPCH1003
MUS	2300	Music Appreciation	3	MUSC1003
FACS	3311	Resource Management	3	

Year 3**Fall – Semester 5 (credit hours: 16)³**

SUBJ	NUM	TITLE	SCH	ACTS
NUTR	3350	Community Nutrition	3	
NUTR	3370	Advanced Nutrition	3	
NUTR	3380	Food Economics	3	
BIOL	2411	Microbiology in Human Affairs	4	BIOL2004
CSCI	1300	Introduction to Computing	3	CPSI1003

Spring – Semester 6 (credit hours: 16)³

SUBJ	NUM	TITLE	SCH	ACTS
NUTR	3390	Nutrition and Metabolism	3	
FACS	3372	Personal and Family Finance	3	
FACS	3456	Methods	4	
NUTR	4301	Research in FACS	3	
SOC	1300	Principles of Sociology	3	SOCI1013

Year 4**Fall – Semester 7 (Credit hours: 12)³**

SUBJ	NUM	TITLE	SCH	ACTS
NUTR	4315	Sports Nutrition	3	
NUTR	4325	Medical Nutrition Therapy I	3	
NUTR	4321	Nutrition Services Administration	3	
		General Elective	3	

Spring – Semester 8 (Credit hours: 12)³

SUBJ	NUM	TITLE	SCH	ACTS
NUTR	4374	Medical Nutrition Therapy II	3	
NUTR	4351	Experimental Food Science	3	
NUTR	4335	Nutrition Senior Seminar ⁴	3	
NUTR	4395	Nutrition Contemporary Issues	3	

SIGNED – DEPARTMENT CHAIR

DATE

SIGNED – COLLEGE DEAN

DATE

To be completed by the advisor when an Eight-Semester Plan is accepted by the student:

If applicable, has student selected a minor? Type "x" as appropriate. _____ No _____ Yes

If "yes," specify: _____

Notes

¹ During the first year, a student must complete a UCA Core course designated as a First-Year Seminar (FYS) in Critical Inquiry, Diversity, or Responsible Living.

² See appropriate choices, alternatives, or substitutions under "UCA Core" in the *Undergraduate Bulletin*. A lab science (BIOL 1400 or a Physical Science) and MATH 1360/MATH 1390 should be taken in the first year if possible.

³ The student will also need to complete major, minor, or general elective courses designated as fulfilling the upper-division and capstone requirements of the UCA Core. The student must complete upper-division UCA Core courses that address each of the four UCA Core areas: Diversity (D), Critical Inquiry (I), Communication (C), and Responsible Living (R). One course may address up to two areas.

⁴ Must be taken in last semester (fall for December graduation, spring for May or August graduation)