

Program Completion Plan (Four Years with Summers)

Department: _____ Kinesiology and Physical Education _____ **Degree:** _____ BS¹ _____
Program/Major: _____ Athletic Training _____
Track/Emphasis: _____
Does this program require a minor? (Yes/No) _____ No _____

Important program information in the online *Undergraduate Bulletin*:

UCA Core Requirements: <http://uca.edu/ubulletin2014/general-policies-information/uca-core/>²

Degree Requirements: <http://uca.edu/ubulletin2014/general-policies-information/degree-requirements/>

Program Description: <http://uca.edu/ubulletin2014/colleges-departments-programs/college-of-health-and-behavioral-sciences/department-of-kinesiology-and-physical-education/bachelor-of-science-in-athletic-training/>

Course Descriptions: <http://uca.edu/ubulletin2014/courses/>

This degree program requires a total of 120 semester credit hours, including at least 40 upper-division credit hours.

Comparable courses in the Arkansas Course Transfer System (ACTS) are cross-referenced in the ACTS column of each semester block below; a [core link](http://uca.edu/go/ubulletin2014-ldcore/) (<http://uca.edu/go/ubulletin2014-ldcore/>) takes the user to the *Undergraduate Bulletin's* UCA Core page, where UCA Core options and ACTS course numbers are listed in full; an [acts link](#) takes the user to the *Undergraduate Bulletin's* ACTS page (<http://uca.edu/go/acts>) for additional information and a full UCA-ACTS crosswalk.

Year 1

Fall (Credit hours: 16)

SUBJ	NUM	TITLE	SCH	ACTS
WR TG	1310	Introduction to College Writing ³	3	ENGL1013
KPED	1320	Concepts of Lifetime Health and Fitness ⁴	3	
BIOL	1400 or 1440	Biology for General Education or Principles of Biology I ⁵	4	BIOL1004 BIOL1014
PSYC	1300	General Psychology	3	PSYC1103
MATH	1390 or higher	College Algebra or approved higher mathematics course	3	MATH1103 core link

Spring (Credit hours: 17)

SUBJ	NUM	TITLE	SCH	ACTS
WR TG ENGL	1320 1320	Academic Writing and Research or Interdisciplinary Writing and Research or Other approved alternative	3	ENGL1023 ENGL1023
SPCH	1300	Basic Oral Communication	3	SPCH1003
CHEM	1402 OR 1450	General Chemistry for the Health Sciences or College Chemistry I ⁶	4	CHEM1214 CHEM1414
KPED	1125	Conditioning Activities ⁷	1	
KPED	1135	Beginning Weight Training ⁸	1	
KPED	2381	Anatomical Kinesiology	3	
H ED	2201	First Aid	2	

Year 2**Fall (Credit hours: 16)**

SUBJ	NUM	TITLE	SCH	ACTS
		UCA Core (Inquiry and Analysis: Fine Arts/Humanities – Humanities only) ⁸	3	core link
		UCA Core (Diversity in World Cultures - Social Science only) ⁹	3	core link
NUTR	1300	Nutrition in the Life Cycle ¹⁰	3	
BIOL	2406	Structure and Function of Human Body I ¹¹	4	BIOL2404
ATTR	1350	Introduction to Athletic Training ¹²	3	

Spring (Credit hours: 15)

SUBJ	NUM	TITLE	SCH	ACTS
BIOL	2407	Structure and Function of Human Body II	4	BIOL2414
ATTR	2255	Emergency Care in Athletic Training	2	
ATTR	2353	Prevention, Recognition and Care of General Medical Pathology	3	
ATTR	2356	Athletic Training Practicum	3	
ATTR	3351	Evaluation Techniques for Lower Extremity	3	

Year 3**Fall (Credit hours: 15)**

SUBJ	NUM	TITLE	SCH	ACTS
		UCA Core (Diversity in Creative Works) ⁸	3	core link
ATTR	3301	Athletic Training Clinical Experiences I	3	
ATTR	3335	Therapeutic Exercise	3	
ATTR	3354	Evaluation Techniques for Upper Extremity	3	
KPED	3382	Mechanical Kinesiology	3	

Spring (Credit hours: 15)

SUBJ	NUM	TITLE	SCH	ACTS
ATTR	3327	Athletic Training Clinical Experiences II	3	
ATTR	3345	Therapeutic Modalities	3	
ATTR	4325	Head, Neck, and Spine Injury Management	3	
KPED	4300	Exercise Physiology	3	
NUTR	4315	Sports Nutrition	3	

Year 4**Fall (Credit hours: 14)**

SUBJ	NUM	TITLE	SCH	ACTS
BIOL	4351	General Pharmacology	3	
ATTR	4301	Athletic Training Clinical Experiences III	3	
ATTR	4330	Administration and Management in Athletic Training	3	
KPED	4230	Fitness Assessment and Exercise Prescription	2	
KPED	4395	Sport In American Society	3	

Spring (Credit hours: 12)

SUBJ	NUM	TITLE	SCH	ACTS
		UCA Core (Inquiry and Analysis: American History and Government)	3	core link
KPED	4320	Measurement and Evaluation in Human Performance	3	
ATTR	4315	Program Development in Athletic Training	3	
ATTR	4327	Athletic Training Clinical Experiences IV	3	

General Notes

This Program Completion Plan is designed for students entering UCA as a first-time freshman.

Students should consult with their advisors on a regular basis regarding admission, retention, and completion requirements of the BS degree. Students should be familiar with requirements in the current *Undergraduate Bulletin* related to all degree requirements.

Notes

¹ A cumulative grade point average of 2.5 or higher on a 4.0 scale is required for admission, retention, and completion of the BS degree in Athletic Training. A professional GPA of 3.0 on a 4.0 scale on designated courses for admission, retention, and graduation is required. See the current *Undergraduate Bulletin* for detailed information.

² See appropriate choices, alternatives, or substitutions, under "UCA Core" in the *Undergraduate Bulletin*. Prior to the completion of 30 hours, a student must complete a UCA Core course designated as a First-Year Seminar (FYS) in Critical Inquiry, Diversity or Responsible Living. The student will also need to complete major, minor or general elective courses designated as fulfilling the upper-division and capstone requirements of the UCA Core. Courses may be used only once to satisfy the UCA Core. If the ACT sub-score in Reading, English, or Mathematics is below 19, remediation is required before enrolling in certain UCA Core courses. Students needing remediation in reading or writing may not enroll in a FYS until they have completed their remediation. Students must take at least one course in the Fine Arts (designated FA) and one course in Humanities (designated HUM) as part of the lower division core requirements.

³ WRTG 1310 must be taken on initial enrollment unless the requirement was already met or remediation is required.

⁴ Students are recommended to complete an FYS section of KPED 1320. If an FYS section of the course is not available, students may complete a traditional section of KPED 1320. Students should consult their advisor to ensure they complete an FYS section of a course prior to the completion of 30 hours in order to meet UCA Core Requirements.

⁵ BIOL 1440 requires the following prerequisites: High school chemistry or CHEM 1301 (or above) and a composite ACT score of 21 or higher or BIOL 1400 and CHEM 1301 (or above) both with a grade of C or higher. Students not meeting the prerequisite requirements must have permission of the Biology Department Chair prior to enrollment.

⁶ Students should refer to the current *Undergraduate Bulletin* regarding course prerequisites. For students who receive transfer credit for BIOL 2406 with a grade of C or better, PHYS 1400 or PHYS 1405 or PHYS 1410 or PHYS 1441 may be completed in lieu of CHEM 1402 or CHEM 1450. A grade of C or better is required in the approved PHYS course.

⁷ Students must enroll in a section designated for athletic training majors. It is recommended that students enroll in KPED 1125 and KPED 1135 during the same semester.

⁸ Students must complete at least one (1) Humanities (HUM) and one (1) Fine Arts (FA) course as part of the lower division CORE requirements. These courses must be completed from the CORE Diversity in Creative Works category and the other from the CORE Critical Inquiry section - Fine Art / Humanities category. Students should note the following humanities courses have prerequisites: CHIN 2320 Intermediate Chinese II or FREN 2320 Intermediate French II or GERM 2320 Intermediate German II or SPAN 2320 Intermediate Spanish III.

⁹ In addition to PSYC 1300 General Psychology, students must complete an additional Social Science course (designated SS) in either the Diversity in World Cultures or the Responsible Living category. Students in consultation with their advisor should refer to the current *Undergraduate Bulletin* and the UCA Lower Division General Education Check Sheet in selecting an appropriate SS course.

Notes – *continued*

¹⁰ NUTR 1300 must be taken prior to admission to the program.

¹¹ Refer to the current *Undergraduate Bulletin* regarding BIOL 2406 for prerequisites and minimum grade requirements.

¹² KPED 1350 should be taken during the semester in which the student applies for admission to the program.