

## Program Completion Plan (Four Years with Summers)

**Department:** \_\_\_\_\_ Kinesiology and Physical Education \_\_\_\_\_ **Degree:** \_\_\_\_\_ BSE<sup>1</sup> \_\_\_\_\_  
**Program/Major:** \_\_\_\_\_ Physical Education, Teacher Education – P-8 and 7-12<sup>2</sup> \_\_\_\_\_  
**Track/Emphasis:** \_\_\_\_\_  
**Does this program require a minor? (Yes/No)** \_\_\_\_\_ Yes<sup>3</sup> \_\_\_\_\_

**Important program information in the online *Undergraduate Bulletin*:**

**UCA Core Requirements:** <http://uca.edu/ubulletin2013/general-policies-information/uca-core/><sup>4</sup>

**Degree Requirements:** <http://uca.edu/ubulletin2013/general-policies-information/degree-requirements/>

**Program Description:** <http://uca.edu/ubulletin2013/colleges-departments-programs/college-of-health-and-behavioral-sciences/department-of-kinesiology-and-physical-education/bachelor-of-science-in-education-major-in-p-8-and-7-12-pe/>

**Course Descriptions:** <http://uca.edu/ubulletin2013/courses/>

**This degree program requires a total of 130 semester credit hours, including at least 40 upper-division credit hours.**

Comparable courses in the Arkansas Course Transfer System (ACTS) are cross-referenced in the ACTS column of each semester block below; a [core link](http://uca.edu/go/ubulletin-ldcore/) (<http://uca.edu/go/ubulletin-ldcore/>) takes the user to the *Undergraduate Bulletin's* UCA Core page, where UCA Core options and ACTS course numbers are listed in full; an [acts link](#) takes the user to the *Undergraduate Bulletin's* ACTS page (<http://uca.edu/go/acts/>) for additional information and a full UCA-ACTS crosswalk.

### Year 1

#### Fall (Credit hours: 17)

SUBJ	NUM	TITLE	SCH	ACTS
WR TG	1310	Introduction to College Writing <sup>5</sup>	3	<a href="#">ENGL1013</a>
MATH	1390 OR Higher	College Algebra or Approved Higher Level Mathematics Course	3	<a href="#">MATH1103</a> <a href="#">core link</a>
KPED	1320	Concepts of Lifetime Health and Fitness <sup>6</sup>	3	
PSYC	1300	General Psychology	3	<a href="#">PSYC1103</a>
SPCH	1300	Basic Oral Communication	3	<a href="#">SPCH1003</a>
KPED	1125	Conditioning Activities	1	
KPED	1135 OR 2212 OR 2213 OR 2214	Beginning Weight Training OR Teaching Bowling and Golf OR Teaching Archery and Badminton OR Teaching Tennis	1	

#### Spring (Credit hours: 16)

SUBJ	NUM	TITLE	SCH	ACTS
WR TG	1320	Academic Writing and Research	3	<a href="#">ENGL1023</a>
BIOL	1400 OR 1440	Biology for General Education OR Principles of Biology I <sup>7</sup>	4	<a href="#">BIOL1004</a> <a href="#">BIOL1014</a>
		UCA Core –(Inquiry and Analysis: Fine Arts / Humanities – Humanities only) <sup>8</sup>	3	<a href="#">core link</a>
		UCA Core (Diversity in World Cultures - Social Science only) <sup>9</sup>	3	<a href="#">core link</a>
EDUC	1300	Education as a Profession	3	

**Year 2****Fall (Credit hours: 16)**

SUBJ	NUM	TITLE	SCH	ACTS
KPED	2224 OR 2225 OR 2226	Teaching Soccer and Basketball OR Teaching Softball and Speedball OR Teaching Volleyball and Track and Field	2	
KPED	2250	Introduction to Dance and Rhythmical Activities	2	
		UCA Core (Inquiry and Analysis: American History and Government)	3	<a href="#">core link</a>
KPED	2300	Principles of Kinesiology and Physical Education <sup>10</sup>	3	
KPED	2381	Anatomical Kinesiology	3	
MUS	2300	Music Appreciation <sup>11</sup>	3	MUSC1003

**Spring (Credit hours: 17)**

SUBJ	NUM	TITLE	SCH	ACTS
		UCA Core(Natural Sciences: Physical Science)	4	<a href="#">core link</a>
H ED	2201	First Aid	2	
H ED	2320	Mental Health <sup>12</sup>	3	
KPED	2223	Teaching Outdoor Education and Recreational Games	2	
H ED	3301	Theoretical Basis of Health Education	3	
EDUC	3322	Diverse Learners in Inclusive Settings <sup>13</sup>	3	

**Year 3****Fall (Credit hours: 18)**

SUBJ	NUM	TITLE	SCH	ACTS
H ED	3300	Methods and Materials	3	
H ED	3305	Human Sexuality	3	
KPED	2340	Motor Development and Learning <sup>14</sup>	3	
KPED	3316	Curriculum <sup>15</sup>	3	
KPED	3330	Physical Education for the Elementary Grades <sup>16</sup>	3	
KPED	3382	Mechanical Kinesiology	3	

**Spring (Credit hours: 17)**

SUBJ	NUM	TITLE	SCH	ACTS
EDUC	4210	Educational Technology	2	
H ED	4312	Drug Education	3	
KPED	4300	Exercise Physiology	3	
KPED	4310	Methods and Materials of Secondary Physical Education <sup>16</sup>	3	
KPED	4320	Measurement and Evaluation in Human Performance <sup>17</sup>	3	
H ED	4303	Environmental Health Problems	3	

**Year 4****Fall (Credit hours: 17)**

SUBJ	NUM	TITLE	SCH	ACTS
MSIT	4325	Strategies for Content Literacy Development and Curriculum Integration	3	
KPED	4395	Sport In American Society	3	
H ED	4331	Program Planning	3	
KPED	3363	Adapted Physical Education	3	
KPED	4230	Fitness Assessment and Exercise Prescription	2	
KPED	4380	Internship I <sup>16,18</sup>	3	

**Spring (Credit hours: 12)**

SUBJ	NUM	TITLE	SCH	ACTS
KPED	4690	Internship II	6	
KPED	4691	Internship II	6	

**General Notes**

This Program Completion Plan is designed for students entering UCA as a first-time freshman. Students should consult with their advisors on a regular basis regarding their admission, retention and completion of the BSE degree. While EDUC 1240 –Basic Educational Technology Skills is not included on this PCP, students must earn a grade of C or better or pass the Educational Technology Competency Exams to be admitted into the College of Education Teacher Education program. Students should be familiar with requirements in the current *Undergraduate Bulletin* related to all degree requirements.

**Notes**

<sup>1</sup> The BSE degree is currently under revision to meet ACT 747 requirements and accrediting agencies' new standards. Further changes in the program will be made during the 2013-2014 academic year. For additional information, students should consult their academic advisor. A cumulative grade point average of 2.5 or higher on a 4.0 scale is required for admission, retention and completion of the degree.

<sup>2</sup> A major in Kinesiology and Physical Education (P-8 & 7-12) is required. A major grade point average of 2.5 or higher on a 4.0 scale is required for admission, retention, and completion of the degree. The major consists of 58 credit hours. A grade of C or better is required in all major courses.

<sup>3</sup>This Program Completion Plan includes 23 credit hours in the required Health Education minor. A minor grade point average of 2.5 or higher on a 4.0 scale is required for admission, retention, and completion of the degree. A Grade of C or better is required in all minor courses. While H ED 2201 - First Aid is the only required pre-admission course, a student's minor grade point average for admission to the Physical Education – Teacher Education (PETE) program will be calculated on all required minor courses completed.

<sup>4</sup> See appropriate choices, alternatives, or substitutions, under "UCA Core" in the *Undergraduate Bulletin*. During the first year a student must complete a UCA Core course designated as a First-Year Seminar (FYS) in Critical Inquiry, Diversity or Responsible Living. The student will also need to complete major, minor or general elective courses designated as fulfilling the upper-division and capstone requirements of the UCA Core. Courses may be used only once to satisfy the UCA Core. If the ACT sub-score in Reading, English, or Mathematics is below 19, remediation is required before enrolling in certain UCA Core courses. Students needing remediation in reading or writing may not enroll in a FYS until they have completed their remediation. Students must take at least one course in the Fine Arts (designated FA) and one course in Humanities (designated HUM) as part of the lower division core requirements.

<sup>5</sup> WRTG 1310 must be taken on initial enrollment unless the requirement was already met or remediation is required.

Notes – *continued*

<sup>6</sup> It is recommended that students complete an FYS section of KPED 1320. If an FYS section of the course is not available, students may complete a traditional section of KPED 1320. Students should consult their advisor to ensure they complete an FYS section of a course from either Critical Inquiry or a Social Science course (designated SS) within Diversity – World Cultures. An FYS course in Critical Inquiry, Diversity or Responsible Living must be completed during the first year to meet UCA Core Requirements.

<sup>7</sup> BIOL 1440 requires the following prerequisites: High school chemistry or CHEM 1301 (or above) and a composite ACT score of 21 or higher or BIOL 1400 and CHEM 1301 (or above) both with a grade of C or higher. Students not meeting the prerequisite requirements must have permission of the Biology Department Chair prior to enrollment.

<sup>8</sup> Students must take at least one course in the Humanities (designated HUM) as part of their lower division core requirements. It is recommended that students select a HUM course from Critical Inquiry – Inquiry and Analysis. Whenever possible, it is further recommended students enroll in an FYS section of one of the HUM courses. Students should note the following HUM courses have prerequisites: CHIN 2320 – Intermediate Chinese II or FREN 2320 - Intermediate French II or GERM 2320 – Intermediate German II or SPAN 2320 – Intermediate Spanish III.

<sup>9</sup> In addition to PSYC 1300 – General Psychology students must complete an additional Social Science course (designated SS) in either the Diversity in World Cultures or in Responsible Living. Students in consultation with their advisor should refer to the current *Undergraduate Bulletin* and the UCA Lower Division General Education Check Sheet in selecting an appropriate SS course. Minor required course - H ED 2320 – Mental Health in Responsible Living will also fulfill this requirement.

<sup>10</sup> If students have NOT completed the PRAXIS I tests (Reading, Writing and Math), prior to enrollment in KPED 2300, they must submit a hardcopy of the entire score report for each PRAXIS I test taken (Reading, Writing and Math) regardless of the score earned. Failure to pass PRAXIS I tests will delay admission to the PETE program and completion of the degree.

<sup>11</sup> MUS 2300 – Music Appreciation within Diversity – Creative Works fulfills the Fine Arts requirement. Students will want to consult with their advisor regarding this course selection in reference to their course selection in Critical Inquiry – Inquiry and Analysis – Fine Arts/Humanities. A Humanities courses designated HUM will need to be completed.

<sup>12</sup> This minor required course may be used to satisfy the core requirement of completing a three-hour Social Science course in addition to PSYC 1300. If this course is used to meet this requirement, students will need to discuss their course options with regard to course selection in Diversity – World Cultures.

<sup>13</sup> Beginning fall 2013, EDUC 3322 will replace former requirement EDUC 3309 – Cultural Perspectives: Family, School, and Community Partnerships. Students who complete KPED 3363 or KPED 4363 and have successfully completed EDUC 3309 prior to fall 2013 do not have to complete EDUC 3322.

<sup>14</sup> KPED 2340 has been approved by the College of Education previously to substitute for MSIT 3310.

<sup>15</sup> Due to the combination of courses required as well as practicum /internship requirements during year 3 fall semester and year 4 fall semester, students are recommended to enroll in KPED 3316 and KPED 3363 or KPED 4363 during summer.

<sup>16</sup> KPED 3330, KPED 4310 and KPED 4380 have been approved by the College of Education previously to substitute for MSIT 4305 – Classroom Management.

<sup>17</sup> KPED 3316 and KPED 4320 have been previously approved by the College of Education to substitute for MSIT 4321. The focus of the course will be on Assessment.

<sup>18</sup> Students are required to submit a copy of their registration for PRAXIS II Subject Area Assessments tests #00856 – Health and Physical Education: Content Knowledge (paper format) or #5856 (computer format) and the Physical Education Content and Design test # 0095 (paper format) or #5095 (computer format) during enrollment in KPED 4380.