

## Program Completion Plan (Eight Semester Plan)

**Department:** \_\_\_\_\_ Health Sciences \_\_\_\_\_ **Degree:** \_\_\_\_\_ BS \_\_\_\_\_  
**Program/Major:** \_\_\_\_\_ Health Education \_\_\_\_\_  
**Track/Emphasis:** \_\_\_\_\_  
**Does this program require a minor? (Yes/No)** \_\_\_\_\_ No \_\_\_\_\_

Important program information in the online *Undergraduate Bulletin*:

**UCA Core Requirements:** <http://uca.edu/ubulletin2013/general-policies-information/uca-core/>  
**Degree Requirements:** <http://uca.edu/ubulletin2013/general-policies-information/degree-requirements/>  
<http://uca.edu/ubulletin2013/colleges-departments-programs/college-of-health-and-behavioral-sciences/department-of-health-sciences/>  
**Program Description:** <http://uca.edu/ubulletin2013/courses/>  
**Course Descriptions:** <http://uca.edu/ubulletin2013/courses/>

This degree program requires a total of **120** semester credit hours, including at least **40** upper-division credit hours.

Comparable courses in the Arkansas Course Transfer System (ACTS) are cross-referenced in the ACTS column of each semester block below; a [core link](http://uca.edu/go/ubulletin-ldcore/) (<http://uca.edu/go/ubulletin-ldcore/>) takes the user to the *Undergraduate Bulletin's* UCA Core page, where UCA Core options and ACTS course numbers are listed in full; an [acts link](http://uca.edu/go/acts/) takes the user to the *Undergraduate Bulletin's* ACTS page (<http://uca.edu/go/acts/>) for additional information and a full UCA-ACTS crosswalk.

### Year 1

#### Fall – Semester 1 (credit hours: 15)

SUBJ	NUM	TITLE	SCH	ACTS
WRTG	1310	Introduction to College Writing	3	<a href="#">ENGL1013</a>
MATH	1390	College Algebra	3	<a href="#">MATH1103</a>
H ED	1320	Concepts of Lifetime Health	3	
PSYC or SOC	1300 or 1300	General Psychology or Principles of Sociology	3	<a href="#">PSYC1103</a> <a href="#">SOC1103</a>
		UCA Core (Oral Communication) <sup>1</sup>	3	<a href="#">core link</a>

#### Spring – Semester 2 (credit hours: 15)

SUBJ	NUM	TITLE	SCH	ACTS
BIOL	1400	Biology for General Education	4	<a href="#">BIOL1004</a>
WRTG	1320	Academic Writing and Research	3	<a href="#">ENGL1023</a>
H ED		Major Elective (HED 2320: Mental Health suggested)	3	
		UCA Core (Diversity in World Cultures- Social Sciences Only)	3	<a href="#">core link</a>
H ED	2201	First Aid	2	

**Year 2****Fall – Semester 3 (credit hours: 16)**

SUBJ	NUM	TITLE	SCH	ACTS
		UCA Core (Inquiry & Analysis - Fine Arts Only)	3	<a href="#">core link</a>
BIOL	2405	Anatomy and Physiology	4	
H ED		Major Upper Division Elective	3	
		UCA Core (Inquiry & Analysis: American History & Government)	3	<a href="#">core link</a>
		General Elective	3	

**Spring – Semester 4 (credit hours: 14)**

SUBJ	NUM	TITLE	SCH	ACTS
BIOL	2411	Microbiology in Human Affairs	4	<a href="#">BIOL2004</a>
HED	3301	Theoretical Basis in HED	3	
		UCA Core (Diversity in Creative Works - Humanities Only)	3	<a href="#">core link</a>
		UCA Core (Physical Science)	4	<a href="#">core link</a>

**Year 3****Fall – Semester 5 (credit hours: 15)**

SUBJ	NUM	TITLE	SCH	ACTS
H ED	3320	Epidemiological Research	3	
		Upper Division Elective	3	
		Upper Division Elective	3	
		Upper Division Elective	3	
PSYC	2330	Psychological Statistics	3	

**Spring – Semester 6 (credit hours: 15)**

SUBJ	NUM	TITLE	SCH	ACTS
H ED	4331	Program Planning and Evaluation	3	
		Upper Division Elective	3	
H ED	3300	Methods and Materials	3	
		General Elective	3	
		General Elective	3	

**Year 4****Fall – Semester 7 (Credit hours: 15)**

SUBJ	NUM	TITLE	SCH	ACTS
H ED	4370	Administration of Health Programs	3	
H ED	4320	Health Promotion Interventions	3	
		General Elective	3	
		General Elective	3	
H ED	4300	Community Health Programs	3	

**Spring – Semester 8 (Credit hours: 15)**

SUBJ	NUM	TITLE	SCH	ACTS
		General Elective	3	
H ED	4600	Internship in Health Education	6	
		General Elective	3	
		General Elective	3	

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 SIGNED – DEPARTMENT CHAIR

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 DATE

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 SIGNED – COLLEGE DEAN

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 DATE

**To be completed by the advisor when an Eight-Semester Plan is accepted by the student:**

**If applicable, has student selected a minor? Type “x” as appropriate.   X   No        Yes**

**If “yes,” specify: \_\_\_\_\_**

### Notes

<sup>1</sup> See appropriate choices, alternatives, or substitutions under "UCA Core" in the *Undergraduate Bulletin*. During the first year, a student must complete a UCA Core course designated as a First-Year Seminar (FYS) in Critical Inquiry, Diversity, or Responsible Living. The student will also need to complete major, minor, or general elective courses designated as fulfilling the upper-division and capstone requirements of the UCA Core.