

## Academic Map: Nutrition

**Department:** Family and Consumer Sciences      **Degree:** BS  
**Program/Major:** Nutrition  
**Track/Emphasis:** \_\_\_\_\_  
**Does this program require a minor? (Yes/No)** No

Important program information in the online *Undergraduate Bulletin*:

**UCA Core Requirements:** <http://uca.edu/ubulletin/general-policies-information/uca-core/>  
**LD Core Check Sheet:** <http://uca.edu/academicbulletins/ld-uca-core/>  
**Degree Requirements:** <http://uca.edu/ubulletin/general-policies-information/degree-requirements/>  
**Program Description:** <http://uca.edu/ubulletin/colleges-departments-programs/college-of-health-and-behavioral-sciences/department-of-family-and-consumer-sciences/>  
**Course Descriptions:** <http://uca.edu/ubulletin/courses/>

**This degree program requires a total of 120 semester credit hours, including at least 40 upper-division credit hours.**

Comparable courses in the Arkansas Course Transfer System (ACTS) are cross-referenced in the ACTS column of each semester block below; a [core link](http://uca.edu/academicbulletins/ld-uca-core/) (http://uca.edu/academicbulletins/ld-uca-core/) takes the user to the *Undergraduate Bulletin*'s UCA Lower-Division Core check sheet, where UCA Core options and ACTS course numbers are listed in full; an [acts link](http://uca.edu/academicbulletins/acts/) takes the user to the *Undergraduate Bulletin*'s ACTS page (http://uca.edu/academicbulletins/acts/) for additional information and a UCA-ACTS crosswalk.

### Year 1

#### Fall – Semester 1 (credit hours: 16)

SUBJ	NUM	TITLE	SCH	ACTS
WRTG	1310	Introduction to College Writing	3	ENGL1013
NUTR	1300	Nutrition in Lifecycle	3	
BIOL	1400	Biology for General Education	4	BIOL1004
PSYC	1300	General Psychology or	3	PSYC 1103
SOC	1300	Sociology		SOCI 1013
		LD UCA Core, Diversity/Creative Works (Humanities Only) <sup>1</sup>	3	core link

#### Spring – Semester 2 (credit hours: 16)

SUBJ	NUM	TITLE	SCH	ACTS
WRTG	1320	Academic Writing and Research or	3	ENGL1023 ENGL1023 core link
ENGL	1320	Interdisciplinary Writing and Research or Other approved alternative <sup>2</sup>		
MATH	1390	College Algebra	3	MATH1103
BIOL	2405	Anatomy and Physiology	4	
		LD UCA Core, Inquiry/Analysis: American History/Government <sup>2</sup>	3	core link
NUTR	2311	Meal Management	3	

**Year 2****Fall – Semester 3 (credit hours: 16)**

SUBJ	NUM	TITLE	SCH	ACTS
ANTH	1302	Anthropology or Other LD UCA Core, Diversity/World Cultures (Social Science only) <sup>2</sup>	3	<a href="#">ANTH1013 core link</a>
		LD UCA Core, Inquiry/Analysis: Fine Arts/Humanities (Fine Arts only) <sup>2</sup>	3	<a href="#">core link</a>
CHEM	1402	General Chemistry for Health Sciences	4	<a href="#">CHEM1214</a>
PSYC SOC MATH	2330 2321 2311	Psychological Statistics or Social Statistics or Statistical Methods I <sup>3</sup>	3	<a href="#">MATH2103</a>
		General Elective	3	

**Spring – Semester 4 (credit hours: 16)**

SUBJ	NUM	TITLE	SCH	ACTS
NUTR	2310	Food Science	3	
CHEM	2450	Introduction to Organic and Biochemistry	4	<a href="#">CHEM1224</a>
COMM MGMT	1300 2301	Principles of Communication [formerly SPCH 1300] <sup>4</sup> or Business Communication	3	<a href="#">SPCH1003 BUSI2013</a>
FACS	2341	Lifespan Development	3	
		General Elective	3	

**Year 3****Fall – Semester 5 (credit hours: 16)<sup>5</sup>**

SUBJ	NUM	TITLE	SCH	ACTS
NUTR	3350	Community Nutrition	3	
NUTR	3370	Advanced Nutrition	3	
NUTR	4395	Nutrition Contemporary Issues (UD UCA Core: D)	3	
BIOL	2411	Microbiology in Human Affairs	4	<a href="#">BIOL2004</a>
FACS	3311	Resource Management (UD UCA Core: C)	3	

**Spring – Semester 6 (credit hours: 16)<sup>5</sup>**

SUBJ	NUM	TITLE	SCH	ACTS
NUTR	3390	Nutrition and Metabolism	3	
FACS	3372	Personal and Family Finance (UD UCA Core: I, R)	3	
FACS	3456	Methods	4	
NUTR	4301	Research in FACS/Nutrition	3	
		General Elective	3	

**Year 4****Fall – Semester 7 (Credit hours: 12)<sup>5</sup>**

SUBJ	NUM	TITLE	SCH	ACTS
NUTR	4315	Sports Nutrition	3	
NUTR	4325	Medical Nutrition Therapy I	3	
NUTR	3380	Food Economics	3	

SUBJ	NUM	TITLE	SCH	ACTS
		General Elective	3	

**Spring – Semester 8 (Credit hours: 12)<sup>5</sup>**

SUBJ	NUM	TITLE	SCH	ACTS
NUTR	4374	Medical Nutrition Therapy II	3	
NUTR	4351	Experimental Food Science	3	
NUTR	4335	Nutrition Senior Seminar <sup>6</sup> (UD UCA Core: Z)	3	
NUTR	4321	Nutrition Services Administration	3	

\_\_\_\_\_  
SIGNED – DEPARTMENT CHAIR

\_\_\_\_\_  
DATE

\_\_\_\_\_  
SIGNED – COLLEGE DEAN

\_\_\_\_\_  
DATE

**To be completed by the advisor when an Eight-Semester plan is accepted by the student:**

If applicable, has student selected a minor? Type “x” as appropriate. \_\_\_\_ No \_\_\_\_ Yes

If “yes,” specify: \_\_\_\_\_

**Notes**

<sup>1</sup> During the first year, a student must complete a UCA Core course designated as a First-Year Seminar (FYS) in Critical Inquiry, Diversity, or Responsible Living.

<sup>2</sup> See appropriate choices, alternatives, or substitutions under “UCA Core” in the Undergraduate Bulletin. During the first year, a student must complete a UCA Core course designated as a First-Year Seminar (FYS) in Critical Inquiry, Diversity, or Responsible Living. An approved UCA Core lab science and an approved UCA Core math course should be taken in the first two years if possible.

<sup>3</sup> MATH 1390 is a pre-requisite for MATH 2311 and CHEM 1402.

<sup>4</sup> COMM 1300 and SPCH 1300 are the same course. Take only one of them.

<sup>5</sup> The student will need to complete major, minor, or general elective courses designated as fulfilling the upper-division and capstone requirements of the UCA Core. The student must complete upper-division UCA Core courses that address each of the four UCA Core areas: Diversity (D), Critical Inquiry (I), Communication (C), and Responsible Living (R). One course may address up to two areas. See entries in this Academic Map for courses within the major that fulfill the UD UCA Core requirements.

<sup>6</sup> Must be taken in last semester (fall for December graduation, spring for May or August graduation).