

## Academic Map: Athletic Training

**Department:** Exercise and Sport Science      **Degree:** BS<sup>1</sup>  
**Program/Major:** Athletic Training  
**Track/Emphasis:** \_\_\_\_\_  
**Does this program require a minor? (Yes/No)** No

### Important program information in the online *Undergraduate Bulletin*:

**UCA Core Requirements:** <http://uca.edu/ubulletin/general-policies-information/uca-core/>  
**LD Core Check Sheet:** <http://uca.edu/academicbulletins/ld-uca-core/>  
**Degree Requirements:** <http://uca.edu/ubulletin/general-policies-information/degree-requirements/>  
**Program Description:** <http://uca.edu/ubulletin/colleges-departments-programs/college-of-health-and-behavioral-sciences/department-of-exercise-and-sport-science/#sec0204>  
**Course Descriptions:** <http://uca.edu/ubulletin/courses/>

This degree program requires a total of **120** semester credit hours, including at least **40** upper-division credit hours.

Comparable courses in the Arkansas Course Transfer System (ACTS) are cross-referenced in the ACTS column of each semester block below; a [core link](http://uca.edu/academicbulletins/ld-uca-core/) (http://uca.edu/academicbulletins/ld-uca-core/) takes the user to the *Undergraduate Bulletin*'s UCA Lower-Division Core check sheet, where UCA Core options and ACTS course numbers are listed in full; an [acts link](http://uca.edu/academicbulletins/acts/) takes the user to the *Undergraduate Bulletin*'s ACTS page (http://uca.edu/academicbulletins/acts/) for additional information and a UCA-ACTS crosswalk.

### Year 1

#### Fall (Credit hours: 16)

SUBJ	NUM	TITLE	SCH	ACTS
WRTG	1310	Introduction to College Writing <sup>2, 3</sup>	3	ENGL1013
EXSS <sup>4</sup>	1320	Foundations of Wellness <sup>5</sup>	3	
BIOL	1400 1440	Biology for General Education or Principles of Biology I <sup>6</sup>	4	BIOL1004 BIOL1014
PSYC	1300	General Psychology	3	PSYC1103
MATH	1390	College Algebra or Approved higher mathematics course <sup>2</sup>	3	MATH1103 <a href="#">core link</a>

#### Spring (Credit hours: 17)

SUBJ	NUM	TITLE	SCH	ACTS
WRTG ENGL	1320 1320	Academic Writing and Research or Interdisciplinary Writing and Research or Other approved alternative <sup>2</sup>	3	ENGL1023 ENGL1023 <a href="#">core link</a>
COMM	1300	Principles of Communication [formerly SPCH 1300] <sup>7</sup>	3	SPCH1003
CHEM	1402 1450	General Chemistry for the Health Sciences or College Chemistry I <sup>8</sup>	4	CHEM1214 CHEM1414
ATTR	1235	Principles of Strength Training and Conditioning	2	
EXSS	2381	Anatomical Kinesiology (prerequisite: BIOL 1400/1440)	3	
H ED	2201	First Aid	2	

**Year 2****Fall (Credit hours: 16)**

SUBJ	NUM	TITLE	SCH	ACTS
		LD UCA Core (Inquiry and Analysis: Fine Arts/Humanities) <sup>2, 9</sup>	3	<a href="#">core link</a>
		LD UCA Core (Diversity in World Cultures - Social Science only) <sup>2, 10</sup>	3	<a href="#">core link</a>
NUTR	1300	Nutrition in the Life Cycle	3	
BIOL	2406	Structure and Function of Human Body I <sup>11</sup>	4	<a href="#">BIOL2404</a>
ATTR	1350	Introduction to Athletic Training <sup>12</sup>	3	

**Spring (Credit hours: 15)**

SUBJ	NUM	TITLE	SCH	ACTS
BIOL	2407	Structure and Function of Human Body II	4	<a href="#">BIOL2414</a>
ATTR	2255	Emergency Care in Athletic Training	2	
ATTR	2353	Prevention, Recognition and Care of General Medical Pathology	3	
ATTR	2356	Athletic Training Practicum	3	
ATTR	3351	Evaluation Techniques for Lower Extremity	3	

**Year 3****Fall (Credit hours: 15)**

SUBJ	NUM	TITLE	SCH	ACTS
		LD UCA Core (Diversity in Creative Works) <sup>2, 9</sup>	3	<a href="#">core link</a>
ATTR	3301	Athletic Training Clinical Experiences I	3	
ATTR	3335	Therapeutic Exercise	3	
ATTR	3354	Evaluation Techniques for Upper Extremity	3	
EXSS	3382	Biomechanics (prerequisite: BIOL 1400/1440) (UD UCA Core: I)	3	

**Spring (Credit hours: 15)**

SUBJ	NUM	TITLE	SCH	ACTS
ATTR	3327	Athletic Training Clinical Experiences II (UD UCA Core: C)	3	
ATTR	3345	Therapeutic Modalities	3	
ATTR	4325	Head, Neck, and Spine Injury Management	3	
EXSS	4300	Exercise Physiology	3	
NUTR	4315	Sports Nutrition	3	

**Year 4****Fall (Credit hours: 14)**

SUBJ	NUM	TITLE	SCH	ACTS
BIOL	4351	General Pharmacology	3	
ATTR	4301	Athletic Training Clinical Experiences III	3	
ATTR	4330	Administration and Management in Athletic Training	3	
EXSS	4230	Fitness Assessment and Exercise Prescription	2	
EXSS	4395	Sport In American Society (UD UCA Core: D)	3	

**Spring (Credit hours: 12)**

SUBJ	NUM	TITLE	SCH	ACTS
		LD UCA Core (Inquiry/Analysis: American History/Government) <sup>2</sup>	3	<a href="#">core link</a>
EXSS	4320	Measurement and Evaluation in Human Performance (UD UCA Core: Z)	3	
ATTR	4315	Program Development in Athletic Training (UD UCA Core: R)	3	
ATTR	4327	Athletic Training Clinical Experiences IV	3	

**Notes**

<sup>1</sup> A cumulative grade point average of 2.5 or higher on a 4.0 scale is required for admission, retention, and completion of the BS degree in Athletic Training. A professional GPA of 3.0 on a 4.0 scale on designated courses for admission, retention, and graduation is required. See the current *Undergraduate Bulletin* for detailed information.

<sup>2</sup> See appropriate choices, alternatives, or substitutions under “UCA Core” in the *Undergraduate Bulletin*. During the first year, a student must complete a UCA Core course designated as a First-Year Seminar (FYS) in Critical Inquiry, Diversity, or Responsible Living. An approved UCA Core lab science and an approved UCA Core math course should be taken in the first two years if possible.

Courses may be used only once to satisfy the UCA Core. If the ACT sub-score in Reading, English, or Mathematics is below 19, remediation is required before enrolling in certain UCA Core courses. Students needing remediation in reading or writing may not enroll in a FYS until they have completed their remediation. Students must take at least one course in the Fine Arts (designated FA) and one course in Humanities (designated HUM) as part of the lower division core requirements.

The student will also need to complete major, minor, or general elective courses designated as fulfilling the upper-division and capstone requirements of the UCA Core. See entries in this Academic Map for courses within the major that fulfill the UD UCA Core requirements.

<sup>3</sup> WRTG 1310 must be taken on initial enrollment unless the requirement was already met or remediation is required.

<sup>4</sup> EXSS courses were formerly designated with the prefix KPED.

<sup>5</sup> Students are recommended to complete an FYS section of EXSS 1320. If an FYS section of the course is not available, students may complete a traditional section of EXSS 1320. Students should consult their advisor to ensure they complete an FYS section of a course from either Critical Inquiry or a Social Science course (designated SS) within Diversity/World Cultures prior to the completion of 30 hours in order to meet UCA Core Requirements.

<sup>6</sup> BIOL 1440 requires the following prerequisites: High school chemistry or CHEM 1301 (or above) and a composite ACT score of 21 or higher or BIOL 1400 and CHEM 1301 (or above) both with a grade of C or higher. Students not meeting the prerequisite requirements must have permission of the Biology Department Chair prior to enrollment.

<sup>7</sup> COMM 1300 and SPCH 1300 are the same course. Take only one of them.

<sup>8</sup> Students should refer to the current *Undergraduate Bulletin* regarding course prerequisites. For students who receive transfer credit for BIOL 2406 with a grade of C or better, PHYS 1400 or PHYS 1405 or PHYS 1410 or PHYS 1441 may be completed in lieu of CHEM 1402 or CHEM 1450. A grade of C or better is required in the approved PHYS course.

<sup>9</sup> Students must complete at least one (1) Humanities (HUM) and one (1) Fine Arts (FA) course as part of the lower division UCA Core requirements. These courses must be completed from the UCA Core Diversity in Creative Works category and the other from the UCA Core Critical Inquiry section - Fine Art / Humanities category. Students should note that the following humanities courses have prerequisites: CHIN 2320 Intermediate Chinese II, FREN 2320 Intermediate French II, GERM 2320 Intermediate German II, SPAN 2320 Intermediate Spanish III.

<sup>10</sup> In addition to PSYC 1300 General Psychology, students must complete an additional Social Science course (designated SS) in either the Diversity in World Cultures or the Responsible Living category. Students in consultation with their advisor should refer to the current *Undergraduate Bulletin* and the LD UCA Core Check Sheet in selecting an appropriate SS course.

<sup>11</sup> Refer to the current *Undergraduate Bulletin* regarding BIOL 2406 for prerequisites and minimum grade requirements.

Notes – *continued*

<sup>12</sup> ATTR 1350 should be taken during the semester in which the student applies for admission to the program.