

## Academic Map: Health Education

**Department:** \_\_\_\_\_ Health Sciences \_\_\_\_\_ **Degree:** \_\_\_\_\_ BS \_\_\_\_\_  
**Program/Major:** \_\_\_\_\_ Health Education \_\_\_\_\_  
**Track/Emphasis:** \_\_\_\_\_  
**Does this program require a minor? (Yes/No)** \_\_\_\_\_ No \_\_\_\_\_

Important program information in the online *Undergraduate Bulletin*:

**UCA Core Requirements:** <http://uca.edu/ubulletin2015/general-policies-information/uca-core/>  
**LD Core Check Sheet:** <http://uca.edu/ubulletin/ldcore/>  
**Degree Requirements:** <http://uca.edu/ubulletin2015/general-policies-information/degree-requirements/>  
**Program Description:** <http://uca.edu/ubulletin2015/colleges-departments-programs/college-of-health-and-behavioral-sciences/departments-of-health-sciences/>  
**Course Descriptions:** <http://uca.edu/ubulletin2015/courses/>

This degree program requires a total of **120** semester credit hours, including at least **40** upper-division credit hours.

Comparable courses in the Arkansas Course Transfer System (ACTS) are cross-referenced in the ACTS column of each semester block below; a [core link](http://uca.edu/ubulletin/ldcore/) (http://uca.edu/ubulletin/ldcore/) takes the user to the *Undergraduate Bulletin's* UCA Lower-Division Core check sheet, where UCA Core options and ACTS course numbers are listed in full; an [acts link](http://uca.edu/ubulletin/arkansas-course-transfer-system/) takes the user to the *Undergraduate Bulletin's* ACTS page (http://uca.edu/ubulletin/arkansas-course-transfer-system/) for additional information and a UCA-ACTS crosswalk.

### Year 1

#### Fall – Semester 1 (credit hours: 15/16)

SUBJ	NUM	TITLE	SCH	ACTS
WR TG	1310	Introduction to College Writing	3	<a href="#">ENGL1013</a>
MATH BIOL	1390 1400	College Algebra or Exploring Concepts in Biology	3 4	<a href="#">MATH1103</a> <a href="#">BIOL1004</a>
H ED	1320	Concepts of Lifetime Health and Fitness	3	
PSYC SOC	1300 1300	General Psychology or Principles of Sociology	3	<a href="#">PSYC1103</a> <a href="#">SOC1013</a>
COMM	1300	Principles of Communication or Approved alternative (LD UCA Core: Oral Communication) <sup>1</sup>	3	<a href="#">SPCH1003</a> <a href="#">core link</a>

#### Spring – Semester 2 (credit hours: 15/16)

SUBJ	NUM	TITLE	SCH	ACTS
BIOL MATH	1400 1390	Exploring Concepts in Biology or College Algebra	4 3	<a href="#">BIOL1004</a> <a href="#">MATH1103</a>
WR TG ENGL	1320 1320	Academic Writing and Research or Interdisciplinary Writing and Research or Other approved alternative (LD UCA Core: Research/Writing) <sup>1</sup>	3	<a href="#">ENGL1023</a> <a href="#">ENGL1023</a> <a href="#">core link</a>
H ED		Major Elective (H ED 2320: Mental Health suggested)	3	
		LD UCA Core: Diversity/World Cultures (SS only) <sup>1</sup>	3	<a href="#">core link</a>
H ED	2201	First Aid	2	

**Year 2****Fall – Semester 3 (credit hours: 16)**

SUBJ	NUM	TITLE	SCH	ACTS
		LD UCA Core: Inquiry/Analysis (FA only) <sup>1</sup>	3	<a href="#">core link</a>
BIOL	2405	Anatomy and Physiology	4	
H ED		Major Elective, upper-division	3	
		LD UCA Core: Inquiry/Analysis: American History/Government <sup>1</sup>	3	<a href="#">core link</a>
		General Elective	3	

**Spring – Semester 4 (credit hours: 14)**

SUBJ	NUM	TITLE	SCH	ACTS
BIOL	2411	Microbiology in Human Affairs	4	<a href="#">BIOL2004</a>
H ED	3301	Theoretical Bases of Health Education (UD UCA Core: R)	3	
		LD UCA Core: Diversity/Creative Works (HUM only) <sup>1</sup>	3	<a href="#">core link</a>
		LD UCA Core: Physical Science <sup>1</sup>	4	<a href="#">core link</a>

**Year 3****Fall – Semester 5 (credit hours: 15)**

SUBJ	NUM	TITLE	SCH	ACTS
H ED	3320	Epidemiological Research (UD UCA Core: I)	3	
		Elective, upper-division	3	
		Elective, upper-division	3	
		Elective, upper-division	3	
PSYC	2330	Psychological Statistics or Approved alternative (MATH 2311, SOC 2321)	3	

**Spring – Semester 6 (credit hours: 15)**

SUBJ	NUM	TITLE	SCH	ACTS
H ED	4331	Program Planning and Evaluation	3	
		Elective, upper-division	3	
H ED	3300	Health Education Methods and Materials (UD UCA Core: C)	3	
		General Elective	3	
		General Elective	3	

**Year 4****Fall – Semester 7 (Credit hours: 15)**

SUBJ	NUM	TITLE	SCH	ACTS
H ED	4370	Administration of Health Programs	3	
H ED	4320	Health Promotion Interventions	3	
		General Elective	3	
		General Elective	3	
H ED	4300	Community Health Programs	3	

**Spring – Semester 8 (Credit hours: 14)**

SUBJ	NUM	TITLE	SCH	ACTS
H ED	4600	Health Education Internship (UD UCA Core: Z)	6	
		General Elective	3	
		General Elective	3	
		General Elective	2	

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 SIGNED – DEPARTMENT CHAIR

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 DATE

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 SIGNED – COLLEGE DEAN

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 DATE

**To be completed by the advisor when an Eight-Semester plan is accepted by the student:**

**If applicable, has student selected a minor? Type “x” as appropriate.   X   No        Yes**

**If “yes,” specify: \_\_\_\_\_**

### Notes

<sup>1</sup> See appropriate choices, alternatives, or substitutions under “UCA Core” in the *Undergraduate Bulletin*. During the first year, a student must complete a UCA Core course designated as a First-Year Seminar (FYS) in Critical Inquiry, Diversity, or Responsible Living. A lab science (BIOL 1400 or a Physical Science) and MATH 1360/MATH 1390 should be taken in the first year if possible. The student will also need to complete major, minor, or general elective courses designated as fulfilling the upper-division and capstone requirements of the UCA Core. See annotations in this Academic Map for courses within the major that fulfill these requirements. The UD UCA Core diversity requirement may be fulfilled using a major elective (H ED 3305 or H ED 4395).