



2+2 Degree Plan Checklist
Associate of Science in Liberal Arts
Bachelor of Science in Health Promotion



University of Arkansas Community College at Morrilton¹
Associate of Science in Liberal Arts²

Possible Prerequisites				Semester	Hours	Grade
UNIV	2103	Reading			N/C	
ENGL	3001	Comp I Lab			N/C	
UNIV	3003	Basic Composition			N/C	
MATH	1141	Quantitative Literacy Lab			N/C	
BIOL	1101	Human Anatomy & Physiology 1 Extended Lab			N/C	

General Education Requirements (35 credit hours)

English/Communication (9 credit hours)			UCA ³	Semester	Hours	Grade
ENGL	10103	Composition I	WRTG 1310		3	
ENGL	10203	Composition II	WRTG 1320		3	
SPCH	10003	Introduction to Oral Communications	COMM 1300		3	

Mathematics (3 credit hours)			UCA	Semester	Hours	Grade
MATH	11103	Quantitative Literacy	MATH 1360		3	

Lab Sciences (8 credit hours)			UCA	Semester	Hours	Grade
BIOL	24004	Human Anatomy and Physiology I	BIOL 1410		4	
PHSC	10004	Physical Science (or other ASLA Physical Science with Lab)	PHYS 1400		4	

Fine Arts/Humanities (6 credit hours)			UCA	Semester	Hours	Grade
ARHS	10003	Choose one: Art Appreciation Music Appreciation Theatre Appreciation (or other ASLA Fine Arts)	ART 2300		3	
MUSC	10003		MUS 2300			
THTR	10003		THEA 2300			
ENGL	21103	Choose one: World Literature I World Literature II	ENGL 2305		3	
ENGL	21203		ENGL 2306			

History/Government (3 credit hours)			UCA	Semester	Hours	Grade
PLSC	20003	Choose one: American Government United States History I United States History II	PSCI 1330		3	
HIST	21103		HIST 2301			
HIST	21203		HIST 2302			

Social Science (6 credit hours)			UCA	Semester	Hours	Grade
HIST	11103	Choose one: World Civ I World Civ II	HIST 1310		3	
HIST	11203		HIST 1320			
PSYC	11003	Choose one: General Psychology Introduction to Sociology	PSYC 1300		3	
SOCI	10103		SOC 1300			

Health Promotion Core (25 credit hours)⁴

			UCA	Semester	Hours	Grade
BIOL	24104	Human Anatomy and Physiology II	BIOL 2410		4	
BIOL	20004	Microbiology	BIOL 2411		4	
MATH	21003	Introduction to Statistics	MATH 2311		3	
		ASLA Approved Electives			14	

Total Hours: 60⁵



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University of Central Arkansas
Bachelor of Science in Health Promotion
UCA Courses (60 credit hours)⁶

Required Core Courses (27 credit hours)

			Semester	Hours	Grade
HLTH	3300	Methods & Materials for Health Promotion (UD UCA Core: C)		3	
HLTH	3301	The Health Promotion Profession (UD UCA Core: R)		3	
HLTH	3320	Epidemiological Research (UD UCA Core: I)		3	
HLTH	4300	Community Health Problems		3	
HLTH	4320	Health Communication & Advocacy		3	
HLTH	4331	Program Planning & Evaluation		3	
HLTH	4370	Administration of Health Programs (UD UCA Core: C)		3	
HLTH	4600	Health Promotion Internship (UD UCA Core: Z)		6	

Required Content Courses (6 credit hours)

			Semester	Hours	Grade
HLTH	1320	Essentials of Health and Wellness		3	
HLTH	3325	Disease Management for Health Promotion		3	

Upper Division Diversity Elective (3 credit hours)

			Semester	Hours	Grade
HLTH	3305	Choose one: Human Sexuality (UD UCA Core: D)		3	
HLTH	4343	Health Strategies for Multicultural Populations (UD UCA Core: D)			
HLTH	4395	Contemporary Health Concerns: Women (UD UCA Core: D)			
HLTH	4396	Contemporary Health Concerns: Men (UD UCA Core: D)			

Major Electives (6 credit hours)

			Semester	Hours	Grade
HLTH	2320	Choose at least 6 credit hours: Mental Health		6	
HLTH	3123	Medical Terminology			
HLTH	4301	Health Promotion in the Medical Care Setting			
HLTH	4302	Health Promotion in the Worksite			
HLTH	4303	Environmental Health Problems			
HLTH	4310	Health Concerns of the Aging			
HLTH	4398	Health Coaching I			
HLTH	4399	Health Coaching II			
HLTH	3315	Theory and Practice of Prevention			
HLTH	4312	Drug Education			

Electives (18 credit hours)

			Semester	Hours	Grade
		Upper Division General Electives		4	
		General Electives		14	

Total Hours: 120⁷

¹ See your UACCM advisor for degree and graduation information.

² Agreement requirements are guaranteed in accordance with the academic year of initial enrollment at UACCM, not to precede the academic year during which the agreement first took effect. A period of non-enrollment of 12 months or more requires that the student adhere to the agreement revision corresponding with the academic year of re-enrollment.

³ UCA course is either guaranteed by ACTS (acts.adhe.edu) or by UCA Department Chair approval (if blank, elective credit will be awarded).

⁴ The following four courses prepare students for ACE Health Coaching Certification: HLTH 1320, HLTH 3325, HLTH 4398, HLTH 4399.

⁵ Students completing the AS in Liberal Arts degree requirements, as shown above, with a minimum 2.0 cumulative GPA, will have satisfied the UCA Lower-Division Core and will be admitted to the BS in Health Promotion degree program as a junior.

⁶ In order to receive important communications about transferring to UCA, students are encouraged to create a UCA student account at admissions.uca.edu/apply/. For more information about the 2+2 program, students may also send email inquiries to ucatransfer@uca.edu.

⁷ This agreement requires 120 credit hours as follows: maximum 60 at UACCM and remaining 60 at UCA (40 of which must be upper-division).