



**2+2 Degree Plan Checklist**  
**Associate of Science in Liberal Arts**  
**Bachelor of Science in Health Promotion**



**University of Arkansas Community College at Morrilton<sup>1</sup>**  
**Associate of Science in Liberal Arts<sup>2</sup>**

| Possible Prerequisites |      |   | Semester | Hours | Grade |
|------------------------|------|---|----------|-------|-------|
| UNIV                   | 2103 | Reading                                   |          | N/C   |       |
| ENGL                   | 3001 | Comp I Lab                                |          | N/C   |       |
| UNIV                   | 3003 | Basic Composition                         |          | N/C   |       |
| MATH                   | 1141 | Quantitative Literacy Lab                 |          | N/C   |       |
| BIOL                   | 1101 | Human Anatomy & Physiology 1 Extended Lab |          | N/C   |       |

**General Education Requirements (35 credit hours)**

| English/Communication (9 credit hours) |       |                                     | UCA <sup>3</sup> | Semester | Hours | Grade |
|--|-------|-------------------------------------|------------------|----------|-------|-------|
| ENGL                                   | 10103 | Composition I                       | WRTG 1310        |          | 3     |       |
| ENGL                                   | 10203 | Composition II                      | WRTG 1320        |          | 3     |       |
| SPCH                                   | 10003 | Introduction to Oral Communications | COMM 1300        |          | 3     |       |

| Mathematics (3 credit hours) |       |                       | UCA       | Semester | Hours | Grade |
|------------------------------|-------|-----------------------|-----------|----------|-------|-------|
| MATH                         | 11103 | Quantitative Literacy | MATH 1360 |          | 3     |       |

| Lab Sciences (8 credit hours) |       |  | UCA       | Semester | Hours | Grade |
|-------------------------------|-------|--|-----------|----------|-------|-------|
| BIOL                          | 24004 | Human Anatomy and Physiology I                                       | BIOL 1410 |          | 4     |       |
| PHSC                          | 10004 | Physical Science<br><i>(or other ASLA Physical Science with Lab)</i> | PHYS 1400 |          | 4     |       |

| Fine Arts/Humanities (6 credit hours) |       |  | UCA                 | Semester | Hours | Grade |
|---------------------------------------|-------|--|---------------------|----------|-------|-------|
| ARHS                                  | 10003 | <b>Choose one:</b><br>Art Appreciation   | ART 2300            |          | 3     |       |
| MUSC                                  | 10003 |  | MUS 2300            |          |       |       |
| THTR                                  | 10003 |  | THEA 2300           |          |       |       |
|                                       |       | <b>Choose one:</b><br>World Literature I | ENGL 2305           |          | 3     |       |
| ENGL                                  | 21103 |  | ENGL 2306           |          |       |       |
| ENGL                                  | 21203 |  | World Literature II |          |       |       |

| History/Government (3 credit hours) |       |   | UCA       | Semester | Hours | Grade |
|-------------------------------------|-------|---|-----------|----------|-------|-------|
|                                     |       | <b>Choose one:</b><br>American Government | PSCI 1330 |          | 3     |       |
| PLSC                                | 20003 |   | HIST 2301 |          |       |       |
| HIST                                | 21103 |   | HIST 2302 |          |       |       |
| HIST                                | 21203 | United States History II                  |           |          |       |       |

| Social Science (6 credit hours) |       |  | UCA       | Semester | Hours | Grade |
|---------------------------------|-------|--|-----------|----------|-------|-------|
|                                 |       | <b>Choose one:</b><br>World Civ I        | HIST 1310 |          | 3     |       |
| HIST                            | 11103 |  | HIST 1320 |          |       |       |
| HIST                            | 11203 | World Civ II                             |           |          |       |       |
|                                 |       | <b>Choose one:</b><br>General Psychology | PSYC 1300 |          | 3     |       |
| PSYC                            | 11003 |  | SOC 1300  |          |       |       |
| SOCI                            | 10103 | Introduction to Sociology                |           |          |       |       |

**Health Promotion Core (25 credit hours)<sup>4</sup>**

|      |       |                                 | UCA       | Semester | Hours | Grade |
|------|-------|---------------------------------|-----------|----------|-------|-------|
| BIOL | 24104 | Human Anatomy and Physiology II | BIOL 2410 |          | 4     |       |
| BIOL | 20004 | Microbiology                    | BIOL 2411 |          | 4     |       |
| MATH | 21003 | Introduction to Statistics      | MATH 2311 |          | 3     |       |
|      |       | <i>ASLA Approved Elective</i>   |           |          | 3     |       |
|      |       | <i>ASLA Approved Elective</i>   |           |          | 3     |       |
|      |       | <i>ASLA Approved Elective</i>   |           |          | 3     |       |
|      |       | <i>ASLA Approved Elective</i>   |           |          | 3     |       |
|      |       | <i>ASLA Approved Elective</i>   |           |          | 2     |       |

**Total Hours: 60<sup>5</sup>**



**2+2 Degree Plan Checklist**  
**Associate of Science in Liberal Arts**  
**Bachelor of Science in Health Promotion**



**University of Central Arkansas**  
**Bachelor of Science in Health Promotion**  
**UCA Courses (60 credit hours)<sup>6</sup>**

| <b>Required Core Courses (27 credit hours)</b> |      |   | <b>Semester</b> | <b>Hours</b> | <b>Grade</b> |
|--|------|---|-----------------|--------------|--------------|
| HLTH   | 3300 | Methods & Materials for Health Promotion (UD UCA Core: C) |                 | 3            |              |
| HLTH   | 3301 | The Health Promotion Profession (UD UCA Core: R)          |                 | 3            |              |
| HLTH   | 3320 | Epidemiological Research (UD UCA Core: I)                 |                 | 3            |              |
| HLTH   | 4300 | Community Health Problems                                 |                 | 3            |              |
| HLTH   | 4320 | Health Communication & Advocacy                           |                 | 3            |              |
| HLTH   | 4331 | Program Planning & Evaluation                             |                 | 3            |              |
| HLTH   | 4370 | Administration of Health Programs (UD UCA Core: C)        |                 | 3            |              |
| HLTH   | 4600 | Health Promotion Internship (UD UCA Core: Z)              |                 | 6            |              |

| <b>Required Content Courses (6 credit hours)</b> |      |   | <b>Semester</b> | <b>Hours</b> | <b>Grade</b> |
|--|------|---|-----------------|--------------|--------------|
| HLTH   | 1320 | Essentials of Health and Wellness       |                 | 3            |              |
| HLTH   | 3325 | Disease Management for Health Promotion |                 | 3            |              |

| <b>Upper Division Diversity Elective (3 credit hours)</b> |      |  | <b>Semester</b> | <b>Hours</b> | <b>Grade</b> |
|---|------|--|-----------------|--------------|--------------|
| <b>Choose one:</b>  |      |  |                 |              |              |
| HLTH  | 3305 | Human Sexuality (UD UCA Core: D)                                 |                 | 3            |              |
| HLTH  | 4343 | Health Strategies for Multicultural Populations (UD UCA Core: D) |                 |              |              |
| HLTH  | 4395 | Contemporary Health Concerns: Women (UD UCA Core: D)             |                 |              |              |
| HLTH  | 4396 | Contemporary Health Concerns: Men (UD UCA Core: D)               |                 |              |              |

| <b>Major Electives (6 credit hours)</b> |      |  | <b>Semester</b> | <b>Hours</b> | <b>Grade</b> |
|---|------|--|-----------------|--------------|--------------|
| <b>Choose at least 6 credit hours:</b>  |      |  |                 |              |              |
| HLTH                                    | 2320 | Mental Health                                |                 | 6            |              |
| HLTH                                    | 3123 | Medical Terminology                          |                 |              |              |
| HLTH                                    | 4301 | Health Promotion in the Medical Care Setting |                 |              |              |
| HLTH                                    | 4302 | Health Promotion in the Worksite             |                 |              |              |
| HLTH                                    | 4303 | Environmental Health Problems                |                 |              |              |
| HLTH                                    | 4310 | Health Concerns of the Aging                 |                 |              |              |
| HLTH                                    | 4398 | Health Coaching I                            |                 |              |              |
| HLTH                                    | 4399 | Health Coaching II                           |                 |              |              |
| HLTH                                    | 3315 | Theory and Practice of Prevention            |                 |              |              |
| HLTH                                    | 4312 | Drug Education                               |                 |              |              |

| <b>Electives (18 credit hours)</b> |  |                                  | <b>Semester</b> | <b>Hours</b> | <b>Grade</b> |
|------------------------------------|--|----------------------------------|-----------------|--------------|--------------|
|                                    |  | Upper Division General Electives |                 | 4            |              |
|                                    |  | General Electives                |                 | 14           |              |

**Total Hours: 120<sup>7</sup>**

<sup>1</sup> See your UACCM advisor for degree and graduation information.

<sup>2</sup> Agreement requirements are guaranteed in accordance with the academic year of initial enrollment at UACCM, not to precede the academic year during which the agreement first took effect. A period of non-enrollment of 12 months or more requires that the student adhere to the agreement revision corresponding with the academic year of re-enrollment.

<sup>3</sup> UCA course is either guaranteed by ACTS (acts.adhe.edu) or by UCA Department Chair approval (if blank, elective credit will be awarded).

<sup>4</sup> The following four courses prepare students for ACE Health Coaching Certification: HLTH 1320, HLTH 3325, HLTH 4398, HLTH 4399.

<sup>5</sup> Students completing the AS in Liberal Arts degree requirements, as shown above, with a minimum 2.0 cumulative GPA, will have satisfied the UCA Lower-Division Core and will be admitted to the BS in Health Promotion degree program as a junior.

<sup>6</sup> In order to receive important communications about transferring to UCA, students are encouraged to create a UCA student account at [admissions.uca.edu/apply/](https://admissions.uca.edu/apply/). For more information about the 2+2 program, students may also send email inquiries to [ucatransfer@uca.edu](mailto:ucatransfer@uca.edu).

<sup>7</sup> This agreement requires 120 credit hours as follows: maximum 60 at UACCM and remaining 60 at UCA (40 of which must be upper-division).