



**2+2 Degree Plan Checklist**  
**Associate of Science in Liberal Arts and Sciences**  
**BSE in Physical Education Teacher Education**



**Arkansas State University - Beebe<sup>1</sup>**  
**Associate of Science in Liberal Arts and Sciences<sup>2</sup>**

Possible Prerequisites			Semester	Hours	Grade
ENG	0023	College Literacy (taken with ENG 1003 – Freshman English I)		N/C	
MATH	0042	Review for Quantitative Literacy (taken with MATH 1043 – Quantitative Literacy)		N/C	

**General Education Requirements (35 credit hours)<sup>3</sup>**

English/Communication (9 credit hours) <sup>3</sup>			UCA <sup>4</sup>	Semester	Hours	Grade
ENG	1003	Freshman English I	WRWG 1310		3	
ENG	1013	Freshman English II	WRWG 1320		3	
SPCH	1203	Oral Communications	COMM 1300		3	

Mathematics (3 credit hours) <sup>3</sup>			UCA	Semester	Hours	Grade
MATH	1043	Quantitative Literacy or higher	MATH 1360		3	

Lab Sciences (8 credit hours) <sup>3</sup>			UCA	Semester	Hours	Grade
BIOL	1004	Biology for General Education (or other ASB Life Science with Lab)	BIOL 1400		4	
PHSC	1204	Physical Science (or other ASLAS Physical Science with Lab)	PHYS 1400		4	

Fine Arts/Humanities (6 credit hours)			UCA	Semester	Hours	Grade
ART	2503	<b>Choose one:</b> Fine Arts - Visual	ART 2300		3	
MUS	2503	Fine Arts - Musical	MUS 2300			
THEA	2503	Fine Arts – Theatre (or other ASLAS Fine Arts)	THEA 2300			

ENG	2003	<b>Choose one:</b> World Literature to 1660	ENGL 2305		3	
ENG	2013	World Literature since 1660	ENGL 2306			
PHIL	1103	Introduction to Philosophy	PHIL 1301			

Social Sciences (6 credit hours)			UCA	Semester	Hours	Grade
HIST	2763	<b>Choose one:</b> The United States to 1876	HIST 2301		3	
HIST	2773	The United States since 1876	HIST 2302			
POSC	2103	Introduction to United States Government	PSCI 1330			

HIST	1013	<b>Choose one:</b> World Civilization to 1660	HIST 1310		3	
HIST	1023	World Civilization since 1660	HIST 1320			

Social or Behavioral Science Elective (3 credit hours) <sup>3</sup>			UCA	Semester	Hours	Grade
PSY	2013	Introduction to Psychology	PSYC 1300		3	

**Physical Education Core (25 credit hours)<sup>3,5</sup>**

			UCA	Semester	Hours	Grade
BIOL	2023	Anatomical Kinesiology	EXSS 2381		3	
EDU	2023	Introduction to Teaching	EDUC 1300		3	
HLTH	2523	First Aid and Safety (Responding to Emergencies)	HLTH 2201		3	
PE	1022	Physical Conditioning I	PETE 1230		2	
PE	2232	Recreational Games	PETE 2223		2	
PE	1722	Concepts of Fitness	EXSS 1320		2	
PE	1883	Foundations of Physical Education	PETE 2300		3	
PE	2022	Teaching Basketball	PETE 2230		2	
PE	2032	Teaching Tennis	PETE 2220		2	
PSY	2113	Psychology of Mental Health and Adjustment	HLTH 2320		3	

**Total Hours: 60<sup>6</sup>**

**Visit [uca.edu/ocs/2plus2-for-teachers](http://uca.edu/ocs/2plus2-for-teachers) for a concise list of Teacher Education Admission requirements**



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**University of Central Arkansas**  
**Bachelor of Science in Education in Physical Education Teacher Education**  
**UCA Courses (60 credit hours)<sup>7</sup>**

			Semester	Hours	Grade
EDUC	3322	Diverse Learners in Inclusive Settings		3	
EDUC	4210	Integration of Technology into Teaching & Learning		2	
EXSS	2340	Motor Development & Learning		3	
EXSS	3303	Exercise Physiology		3	
EXSS	3382	Biomechanics (UD UCA Core: I)		3	
EXSS	4230	Fitness Assessment & Exercise Prescription		2	
EXSS	4320	Measurement & Evaluation in Human Performance (UD UCA Core: Z)		3	
EXSS	4395	Sport in American Society (UD UCA Core: D)		3	
HLTH	3300	Methods & Materials for Health Promotion (UD UCA Core: C)		3	
HLTH	3325	Disease Management for Health Promotion		3	
MSIT	4325	Disciplinary Literacy (UD UCA Core: C)		3	
PETE	2250	Introduction to Dance & Rhythmical Activities		2	
PETE	3316	Curriculum (UD UCA Core: R)		3	
PETE	3330	Physical Education for Elementary Grades (UD UCA Core: R)		3	
PETE	3363	Adapted Physical Education		3	
PETE	4310	Methods & Materials of Secondary Physical Education		3	
PETE	4380	Internship I: Physical Education & Health		3	
PETE	4T90	Internship II: Physical Education and Health		12	

**Total Hours: 120<sup>8</sup>**

<sup>1</sup> Please see your ASUB advisor for degree and graduation information.

<sup>2</sup> Agreement requirements are guaranteed in accordance with the academic year of initial enrollment at ASUB, not to precede the academic year during which the agreement first took effect. A period of non-enrollment of 12 months or more requires that the student adhere to the agreement revision corresponding with the academic year of re-enrollment.

<sup>3</sup> For complete information regarding admission to the UCA Teacher Education program, please visit [uca.edu/ocs/2plus2-for-teachers](http://uca.edu/ocs/2plus2-for-teachers).

<sup>4</sup> UCA course is either guaranteed by ACTS ([acts.adhe.edu](http://acts.adhe.edu)) or by UCA Department Chair approval (if blank, elective credit will be awarded).

<sup>5</sup> PE 1022 includes the PETE Fitness Test, which students must pass in order to be eligible for admission to the UCA Physical Education Teacher Education (K-12) program. If you have questions about this requirement, please see your advisor and/or contact the UCA Department of Exercise and Sport Science.

<sup>6</sup> Students completing the AS in Liberal Arts and Sciences degree requirements, as shown above, will have satisfied the UCA Lower-Division Core. Upon successful completion of the admission process ([uca.edu/ocs/2plus2-for-teachers](http://uca.edu/ocs/2plus2-for-teachers)) students will be eligible for admission to the UCA College of Education.

<sup>7</sup> In order to receive important communications about transferring to UCA, students are encouraged to create a UCA student account at [admissions.uca.edu/apply/](http://admissions.uca.edu/apply/). For more information about the 2+2 program, students may also send email inquiries to [ucatransfer@uca.edu](mailto:ucatransfer@uca.edu).

<sup>8</sup> This agreement requires 120 credit hours as follows: maximum 60 at ASUB and remaining 60 at UCA (40 of which must be upper-division).