



2+2 Degree Plan Checklist
Associate of Science in Liberal Arts and Sciences
Bachelor of Science in Health Promotion



Arkansas State University - Beebe¹
Associate of Science in Liberal Arts and Sciences²

Possible Prerequisites			Semester	Hours	Grade
UNIV	1003	Principles of Academic Success III (required if registering for a remedial course)		(3)	
ENG	0023	College Literacy (taken with ENG 1003 – Freshman English I)		N/C	
MATH	0042	Review for Quantitative Literacy (taken with MATH 1043 – Quantitative Literacy)		N/C	

General Education Requirements (35 credit hours)

English/Communication (9 credit hours)			UCA ³	Semester	Hours	Grade
ENG	1003	Freshman English I	WRTG 1310		3	
ENG	1013	Freshman English II	WRTG 1320		3	
SPCH	1203	Oral Communications	COMM 1300		3	

Mathematics (3 credit hours)			UCA	Semester	Hours	Grade
MATH	1043	Quantitative Literacy or higher	MATH 1360		3	

Lab Sciences (8 credit hours)			UCA	Semester	Hours	Grade
BIOL	1014	Principles of Biology	BIOL 1440		4	
PHSC	1204	Physical Science <i>(or other ASLAS Physical Science with Lab)</i>	PHYS 1400		4	

Fine Arts/Humanities (6 credit hours)			UCA	Semester	Hours	Grade
ART	2503	Choose one: Fine Arts - Visual	ART 2300		3	
MUS	2503	Fine Arts - Musical	MUS 2300			
THEA	2503	Fine Arts – Theatre <i>(or other ASLAS Fine Arts)</i>	THEA 2300			
ENG	2003	Choose one: World Literature to 1660	ENGL 2305		3	
ENG	2013	World Literature since 1660	ENGL 2306			
PHIL	1103	Introduction to Philosophy	PHIL 1301			

Social Sciences (9 credit hours)			UCA	Semester	Hours	Grade
HIST	2763	Choose one: The United States to 1876	HIST 2301		3	
HIST	2773	The United States since 1876	HIST 2302			
POSC	2103	Introduction to United States Government	PSCI 1330			
HIST	1013	Choose one: World Civilization to 1660	HIST 1310		3	
HIST	1023	World Civilization since 1660	HIST 1320			
PSY	2013	Choose one: Introduction to Psychology	PSYC 1300		3	
SOC	2213	Principles of Sociology	SOC 1300			

Health Promotion Core (25 credit hours)⁴

			UCA	Semester	Hours	Grade
BIOL	2104	Microbiology	BIOL 2411		4	
HLTH	2523	First Aid and Safety (Responding to Emergencies)	HLTH 2201		3	
MATH	2233	Applied Statistics	MATH 2311		3	
PE	1623	Concepts of Fitness	HLTH 1320		3	
ZOOL	2004	Human Anatomy and Physiology I	BIOL 1410		4	
ZOOL	2014	Human Anatomy and Physiology II	BIOL 2410		4	
		<i>ASLAS Approved Elective</i>			3	
		<i>ASLAS Approved Elective</i>			1	

Total Hours: 60⁵



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University of Central Arkansas
Bachelor of Science in Health Promotion
UCA Courses (60 credit hours)⁶

Required Core Courses (27 credit hours)			Semester	Hours	Grade
HLTH	3300	Methods & Materials for Health Promotion (UD UCA Core: C)		3	
HLTH	3301	The Health Promotion Profession (UD UCA Core: R)		3	
HLTH	3320	Epidemiological Research (UD UCA Core: I)		3	
HLTH	4300	Community Health Problems		3	
HLTH	4320	Health Communication & Advocacy		3	
HLTH	4331	Program Planning & Evaluation		3	
HLTH	4370	Administration of Health Programs (UD UCA Core: C)		3	
HLTH	4600	Health Promotion Internship (UD UCA Core: Z)		6	

Required Content Course (3 credit hours)			Semester	Hours	Grade
HLTH	3325	Disease Management for Health Promotion		3	

Upper Division Diversity Elective (3 credit hours)			Semester	Hours	Grade
Choose one:					
HLTH	3305	Human Sexuality (UD UCA Core: D)		3	
HLTH	4343	Health Strategies for Multicultural Populations (UD UCA Core: D)			
HLTH	4395	Contemporary Health Concerns: Women (UD UCA Core: D)			
HLTH	4396	Contemporary Health Concerns: Men (UD UCA Core: D)			

Major Electives (6 credit hours)			Semester	Hours	Grade
Choose at least 6 credit hours:					
HLTH	2320	Mental Health		6	
HLTH	3123	Medical Terminology			
HLTH	4301	Health Promotion in the Medical Care Setting			
HLTH	4302	Health Promotion in the Worksites			
HLTH	4303	Environmental Health Problems			
HLTH	4310	Health Concerns of the Aging			
HLTH	4398	Health Coaching I			
HLTH	4399	Health Coaching II			
HLTH	3315	Theory and Practice of Prevention			
HITH	4312	Drug Education			

Electives (21 credit hours)			Semester	Hours	Grade
		Upper Division General Electives		4	
		General Electives		17	

Total Hours: 120⁷

¹ See your ASUB advisor for degree and graduation information.

² Agreement requirements are guaranteed in accordance with the academic year of initial enrollment at ASUB, not to precede the academic year during which the agreement first took effect. A period of non-enrollment of 12 months or more requires that the student adhere to the agreement revision corresponding with the academic year of re-enrollment.

³ UCA course is either guaranteed by ACTS (acts.adhe.edu) or by UCA Department Chair approval (if blank, elective credit will be awarded).

⁴ The following four courses prepare students for ACE Health Coaching Certification: HLTH 1320, HLTH 3325, HLTH 4398, HLTH 4399.

⁵ Students completing the AS in Liberal Arts and Sciences degree requirements, as shown above, with a minimum 2.0 cumulative GPA, will have satisfied the UCA Lower-Division Core and will be admitted to the BS in Health Promotion degree program as a junior.

⁶ In order to receive important communications about transferring to UCA, students are encouraged to create a UCA student account at admissions.uca.edu/apply/. For more information about the 2+2 program, students may also send email inquiries to ucatransfer@uca.edu.

⁷ This agreement requires 120 credit hours as follows: maximum 60 at ASUB and remaining 60 at UCA (40 of which must be upper-division).