



2+2 Degree Plan
Associate of Science in Liberal Arts and Sciences
Bachelor of Science in Health Promotion



Arkansas State University - Newport¹
Associate of Science in Liberal Arts and Sciences²

Possible Prerequisites			Semester	Hours	Grade
ENG	0051	Writing Seminar		N/C	
ENG	0053	English Fundamentals		N/C	
MATH	0021	Foundations of Mathematical Reasoning		N/C	
MATH	0083	Mathematical Fundamentals		N/C	
UNIV	1001	College and Life Skills		N/C	

General Education Requirements (35 credit hours)

English/Communication (9 credit hours)			UCA ³	Semester	Hours	Grade
ENG	1003	Composition I	WRID 1310		3	
ENG	1013	Composition II	WRID 1320		3	
SPCH	1203	Oral Communications	COMM 1300		3	

Mathematics (3 credit hours)			UCA	Semester	Hours	Grade
MATH	1083	Quantitative Literacy	MATH 1360		3	

Lab Sciences (8 credit hours)			UCA	Semester	Hours	Grade
BIOL	2401/2403	Human Anatomy and Physiology I and Lab	BIOL 1400		4	
PHSC	1203/1201	Physical Science and Lab (or other ASLAS Physical Science with Lab)	PHYS 1400		4	

Fine Arts/Humanities (6 credit hours)			UCA	Semester	Hours	Grade	
ART	2503	Choose one: Fine Arts – Visual	ART 2300 MUS 2300 THEA 2300		3		
MUS	2503						Fine Arts – Musical
THEA	2503						Fine Arts – Theatre (or other ASLAS Fine Arts)
ENG	2003	Choose one: Introduction to Literature of the Western World I	ENGL 2305 ENGL 2306 PHIL 1301		3		
ENG	2013						Introduction to Literature of the Western World II
PHIL	1103						Introduction to Philosophy

Social Sciences (9 credit hours)			UCA	Semester	Hours	Grade	
HIST	2763	Choose one: The United States to 1876	HIST 2301 HIST 2302 PSCI 1330		3		
HIST	2773						The United States Since 1876
POSC	2103						Introduction to United States Government
HIST	1013	Choose one: World Civilization to 1660	HIST 1310 HIST 1320		3		
HIST	1023						World Civilization since 1660
PSY	2013	Choose one: Introduction to Psychology	PSYC 1300 SOC 1300		3		
SOC	2213						Principles of Sociology

Health Promotion Core (25 credit hours)

			Semester	Hours	Grade	
BIOL	2001/2003	Microbiology and Lab	BIOL 2411		4	
BIOL	2411/2413	Human Anatomy and Physiology II and Lab	BIOL 2410		4	
HLTH	2523	First Aid and Safety	HLTH 2201		3	
		ASLAS Approved Electives			14	

Total Hours: 60⁴



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University of Central Arkansas
Bachelor of Science in Health Promotion
UCA Courses (60 credit hours)⁶

Required Core Courses (30 credit hours)			Semester	Hours	Grade
		Choose one:			
CISA	2330	Business Statistics		3	
GEOG	2330	Quantitative Methods in Geography			
MATH	2311	Elementary Statistics			
PSCI	2312	Statistical Methods for Political Analysis			
PSYC	2330	Psychological Statistics			
SOC	2321	Social Statistics			
HLTH	3300	Methods & Materials for Health Promotion (UD UCA Core: C)		3	
HLTH	3301	The Health Promotion Profession (UD UCA Core: R)		3	
HLTH	3320	Epidemiological Research (UD UCA Core: I)		3	
HLTH	4300	Community Health Problems		3	
HLTH	4320	Health Communication & Advocacy		3	
HLTH	4331	Program Planning & Evaluation		3	
HLTH	4370	Administration of Health Programs (UD UCA Core: C)		3	
HLTH	4600	Health Promotion Internship (UD UCA Core: Z)		6	

Required Content Courses (6 credit hours)			Semester	Hours	Grade
HLTH	1320	Essentials of Health and Wellness		3	
HLTH	3325	Disease Management for Health Promotion		3	

Upper Division Diversity Elective (3 credit hours)			Semester	Hours	Grade
		Choose one:			
HLTH	3305	Human Sexuality (UD UCA Core: D)		3	
HLTH	4343	Health Strategies for Multicultural Populations (UD UCA Core: D)			
HLTH	4395	Contemporary Health Concerns: Women (UD UCA Core: D)			
HLTH	4396	Contemporary Health Concerns: Men (UD UCA Core: D)			

Major Electives (6 credit hours)			Semester	Hours	Grade
		Choose at least 6 credit hours:			
HLTH	2320	Mental Health		6	
HLTH	3123	Medical Terminology			
HLTH	4301	Health Promotion in the Medical Care Setting			
HLTH	4302	Health Promotion in the Worksite			
HLTH	4303	Environmental Health Problems			
HLTH	4310	Health Concerns of the Aging			
HLTH	4398	Health Coaching I			
HLTH	4399	Health Coaching II			
HLTH	3315	Theory and Practice of Prevention			
HLTH	4312	Drug Education			

Electives (15 credit hours)			Semester	Hours	Grade
		Upper Division General Electives		4	
		General Electives		11	

Total Hours: 120⁷

¹ Please see your ASUN advisor for degree and graduation information.

² Agreement requirements are guaranteed in accordance with the academic year of initial enrollment at ASUN, not to precede the academic year during which the agreement first took effect. A period of non-enrollment of 12 months or more requires that the student adhere to the agreement revision corresponding with the academic year of re-enrollment.

³ UCA course is either guaranteed by ACTS (acts.adhe.edu) or by UCA Department Chair approval (if blank, elective credit will be awarded).

⁴ The following four courses prepare students for ACE Health Coaching Certification: HLTH 1320, HLTH 3325, HLTH 4398, HLTH 4399.

⁵ Students completing the AS in Liberal Arts and Sciences degree requirements, as shown above, with a minimum 2.0 cumulative GPA, will have satisfied the UCA Lower-Division Core and will be admitted to the BS in Health Promotion degree program as a junior.

⁶ In order to receive important communications about transferring to UCA, students are encouraged to create a UCA student account at admissions.uca.edu/apply/. For more information about the 2+2 program, students may also send email inquiries to ucatransfer@uca.edu.

⁷ This agreement requires 120 credit hours as follows: maximum 60 at ASUN and remaining 60 at UCA (40 of which must be upper-division).