



2+2 Degree Plan Checklist
Associate of Science in Liberal Arts and Sciences
Bachelor of Science in Health Promotion



Northwest Arkansas Community College¹
Associate of Science in Liberal Arts and Sciences²

Possible Prerequisites			Semester	Hours	Grade
ENGA	0093	Reading Writing Studio		N/C	
MATH	0053	Beginning Algebra		N/C	
MATH	0103	Intermediate Algebra		N/C	

General Education Requirements (35 credit hours)

English Composition (6 credit hours)			UCA ³	Semester	Hours	Grade
ENGL	1013	Composition I	WRID 1310		3	
ENGL	1023	Composition II	WRID 1320		3	

Mathematics (3 credit hours)			UCA	Semester	Hours	Grade
MATH	1313	Quantitative Reasoning	MATH 1360		3	

Lab Sciences (8 credit hours)			UCA	Semester	Hours	Grade
BIOL	2214	Anatomy and Physiology I	BIOL 1410			
PHSC	2004	Introduction to Physical Science (or other ASLAS Physical Science with Lab)	PHYS 1400		4	

Fine Arts/Humanities (6 credit hours)			UCA	Semester	Hours	Grade
ARHS	1003	Choose one: Art Appreciation	ART 2300		3	
MUSI	1003	Music Appreciation	MUS 2300			
COMM	1303	Public Speaking (or other ASLAS Fine Arts)	COMM 1300			
ENGL	2213	Choose one: Survey of World Literature to 1650	ENGL 2305		3	
ENGL	2223	Survey of World Literature from 1650 (or other ASLAS Humanities)	ENGL 2306			

US History/Government (3 credit hours)			UCA	Semester	Hours	Grade
HIST	2003	Choose one: History of American People to 1877	HIST 2301		3	
HIST	2013	History of American People from 1877 to Present	HIST 2302			
PLSC	2003	American National Government	PSCI 1330			

Social Sciences (9 Credit Hours)			UCA	Semester	Hours	Grade
ANTH	1023	Choose three: Introduction to Cultural Anthropology	ANTH 2300		9	
HIST	1033	World Civilization to 1500	HIST 1310			
HIST	1043	World Civilization from 1500	HIST 1320			
PHIL	2003	Introduction to Philosophy	PHIL 1301			
PSYC	2003	General Psychology	PSYC 1300			
SOCI	2013	General Sociology (or other ASLAS Social Science)	SOC 1300			

Health Promotion Core (25 credit hours)⁴

STEM Directed Electives (8 credit hours)			UCA	Semester	Hours	Grade
BIOL	2224	Anatomy and Physiology II	BIOL 2410		4	
MBIO	2014	General Microbiology	BIOL 2411		4	

General Directed Electives (17 credit hours)			UCA	Semester	Hours	Grade
		ASLAS Approved Elective			3	
		ASLAS Approved Elective			3	
		ASLAS Approved Elective			3	
		ASLAS Approved Elective			3	
		ASLAS Approved Elective			3	
		ASLAS Approved Elective			1	

Total Hours: 60⁵



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University of Central Arkansas
Bachelor of Science in Health Promotion
UCA Courses (60 credit hours)⁶

Required Core Courses (30 credit hours)			Semester	Hours	Grade
HLTH	3300	Methods & Materials for Health Promotion (UD UCA Core: C)		3	
HLTH	3301	The Health Promotion Profession (UD UCA Core: R)		3	
HLTH	3320	Epidemiological Research (UD UCA Core: I)		3	
HLTH	4300	Community Health Problems		3	
HLTH	4320	Health Communication & Advocacy		3	
HLTH	4331	Program Planning & Evaluation		3	
HLTH	4370	Administration of Health Programs (UD UCA Core: C)		3	
HLTH	4600	Health Promotion Internship (UD UCA Core: Z)		6	
PSYC	2330	Psychological Statistics		3	

Required Content Courses (6 credit hours)			Semester	Hours	Grade
HLTH	1320	Essentials of Health and Wellness		3	
HLTH	3325	Disease Management for Health Promotion		3	

Upper Division Diversity Elective (3 credit hours)			Semester	Hours	Grade
		<u>Choose one:</u>			
HLTH	3305	Human Sexuality (UD UCA Core: D)		3	
HLTH	4343	Health Strategies for Multicultural Populations (UD UCA Core: D)			
HLTH	4395	Contemporary Health Concerns: Women (UD UCA Core: D)			
HLTH	4396	Contemporary Health Concerns: Men (UD UCA Core: D)			

Major Electives (6 credit hours)			Semester	Hours	Grade
		<u>Choose at least 6 credit hours:</u>			
HLTH	2320	Mental Health		6	
HLTH	3123	Medical Terminology			
HLTH	4301	Health Promotion in the Medical Care Setting			
HLTH	4302	Health Promotion in the Worksite			
HLTH	4303	Environmental Health Problems			
HLTH	4310	Health Concerns of the Aging			
HLTH	4398	Health Coaching I			
HLTH	4399	Health Coaching II			
HLTH	3315	Theory and Practice of Prevention			
HLTH	4312	Drug Education			

Electives (15 credit hours)			Semester	Hours	Grade
		Upper Division General Electives		4	
		General Electives		11	

Total Hours: 120⁷

¹ See your NWACC advisor for degree and graduation information.

² Agreement requirements are guaranteed in accordance with the academic year of initial enrollment at NWACC, not to precede the academic year during which the agreement first took effect. A period of non-enrollment of 12 months or more requires that the student adhere to the agreement revision corresponding with the academic year of re-enrollment.

³ UCA course is either guaranteed by ACTS (acts.adhe.edu) or by UCA Department Chair approval (if blank, elective credit will be awarded).

⁴ The following four courses prepare students for ACE Health Coaching Certification: HLTH 1320, HLTH 3325, HLTH 4398, HLTH 4399.

⁵ Students completing the AS in Liberal Arts and Sciences degree requirements, as shown above, with a minimum 2.0 cumulative GPA, will have satisfied the UCA Lower-Division Core and will be admitted to the BS in Health Promotion degree program as a junior.

⁶ In order to receive important communications about transferring to UCA, students are encouraged to create a UCA student account at admissions.uca.edu/apply/. For more information about the 2+2 program, students may also send email inquiries to ucatransfer@uca.edu.

⁷ This agreement requires 120 credit hours as follows: maximum 60 at NWACC and remaining 60 at UCA (40 of which must be upper-division).