

2+2 Degree Plan Checklist Associate of Science in Liberal Arts and Sciences Bachelor of Science in Health Promotion



University of Arkansas-Pulaski Technical College¹ Associate of Science in Liberal Arts and Sciences²

General Education Requirements (35 credit hours)

English/	/Communicati	on (9 credit hours)	UCA ³	Semester	Hours	Grade
ENGL	1311	English Composition I	WRTG 1310		3	
ENGL	1312	English Composition II	WRTG 1320		3	
SPCH	1300	Speech Communications	COMM 1300		3	
Mathen	Mathematics (3 credit hours)		UCA	Semester	Hours	Grade
MATH	1302	College Algebra	MATH 1390		3	
Science	s (8 credit hou	irs)	UCA	Semester	Hours	Grade
BIOL	1102/1302	Biological Science and Lab	BIOL 1440		4	
PHYS	1100/1300	Physical Science and Lab	PHYS 1400		4	
		(or other ASLAS Physical Science with Lab)			4	
Arts and	Arts and Humanities (3 credit hours)		UCA	Semester	Hours	Grade
		Choose one:				
ARTS	2300	Introduction to Visual Art	ART 2300			
MUSC	2300	Introduction to Music	MUS 2300		3	
THEA	2300	Introduction to Theatre	THEA 2300			
		(or other ASLAS Arts and Humanities)				
Literatu	re (3 Credit H	ours)	UCA	Semester	Hours	Grade
		Choose one:				
ENGL	2337	World Literature from the Beginning to 1650	ENGL 2305		2	
ENGL	2338	World Literature from 1650 to the Present	ENGL 2306		3	
		(or other ASLAS Literature)				
History	/Government	(3 credit hours)	UCA	Semester	Hours	Grade
		Choose one:				
HIST	2311	US History to 1877	HIST 2301		3	
HIST	2312	US History since 1877	HIST 2302		3	
POLS	1310	American National Government	PSCI 1330			
Social S	ciences (6 cred	dit hours)	UCA	Semester	Hours	Grade
		Choose one:				
PSYC	2300	Psychology and the Human Experience	PSYC 1300		3	
SOCI	2300	Introduction to Sociology	SOC 1300			
		Choose one:				
GEOG	2310	Cultural Geography	GEOG 1320		3	
PSYC	2320	Developmental Psychology	PSYC 2370		3	
	1	(or other ASLAS Social Science)				

Health Education Core (25 credit hours)4

			UCA	Semester	Hours	Grade
BIOL	1104/1304	Lab and Lecture Human Anatomy and Physiology I	BIOL 1410		4	
BIOL	1105/1305	Lab and Lecture Human Anatomy and Physiology II	BIOL 2410		4	
BIOL	2101/2301	Microbiology Lab and Lecture	BIOL 2411		4	
HLSC	1300	Concepts of Lifetime Health and Wellness	HLTH 1320		3	
MATH	2320	Introduction to Statistics and Probability	MATH 2311		3	
		ASLAS Approved Elective			3	
		ASLAS Approved Elective			3	
		ASLAS Approved Elective			1	

Total Hours: 60⁵



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University of Central Arkansas Bachelor of Science in Health Promotion UCA Courses (60 credit hours)⁶

Require	Required Core Courses (27 credit hours)		Semester	Hours	Grade
HLTH	3300	Methods & Materials for Health Promotion (UD UCA Core: C)		3	
HLTH	3301	The Health Promotion Profession (UD UCA Core: R)		3	
HLTH	3320	Epidemiological Research (UD UCA Core: I)		3	
HLTH	4300	Community Health Problems		3	
HLTH	4320	Health Communication & Advocacy		3	
HLTH	4331	Program Planning & Evaluation		3	
HLTH	4370	Administration of Health Programs (UD UCA Core: C)		3	
HLTH	4600	Health Promotion Internship (UD UCA Core: Z)		6	

Required Content Course (3 credit hours)		Semester	Hours	Grade	
HLTH	3325	Disease Management for Health Promotion		3	

Upper D	Upper Division Diversity Elective (3 credit hours)		Semester	Hours	Grade
		Choose one:			
HLTH	3305	Human Sexuality (UD UCA Core: D)			
HLTH	4343	Health Strategies for Multicultural Populations (UD UCA Core: D)		3	
HLTH	4395	Contemporary Health Concerns: Women (UD UCA Core: D)			
HLTH	4396	Contemporary Health Concerns: Men (UD UCA Core: D)			

Major I	Major Electives (6 credit hours)		Semester	Hours	Grade
		Choose at least 6 credit hours:			
HLTH	2320	Mental Health			
HLTH	3123	Medical Terminology			
HLTH	4301	Health Promotion in the Medical Care Setting			
HLTH	4302	Health Promotion in the Worksite		6	
HLTH	4303	Environmental Health Problems			
HLTH	4310	Health Concerns of the Aging			
HLTH	4398	Health Coaching I			
HLTH	4399	Health Coaching II			
H SC	3315	Theory and Practice of Prevention			
H SC	4312	Drug Education			

Electives (21 credit hours)		Semester	Hours	Grade
	Upper Division General Electives		4	
	General Electives		17	

Total Hours: 120⁷

¹ See your UA-PTC advisor for degree and graduation information.

² Agreement requirements are guaranteed in accordance with the academic year of initial enrollment at UA-PTC, not to precede the academic year during which the agreement first took effect. A period of non-enrollment of 12 months or more requires that the student adhere to the agreement revision corresponding with the academic year of re-enrollment.

³ UCA course is either guaranteed by ACTS (acts.adhe.edu) or by UCA Department Chair approval (if blank, elective credit will be awarded).

⁴ The following four courses prepare students for ACE Health Coaching Certification: HLTH 1320, HLTH 3325, HLTH 4398, HLTH 4399.

⁵ Students completing the AS in Liberal Arts and Sciences degree requirements, as shown above, with a minimum 2.0 cumulative GPA, will have satisfied the UCA Lower-Division Core and will be admitted to the BS in Health Promotion degree program as a junior.

⁶ In order to receive important communications about transferring to UCA, students are encouraged to create a UCA student account at gopurple.uca.edu. For more information about the 2+2 program, students may also send email inquiries to ucatransfer@uca.edu.

⁷ This agreement requires 120 credit hours as follows: maximum 60 at UA-PTC and remaining 60 at UCA (40 of which must be upper-division).