



**2+2 Degree Plan Checklist**  
**Associate of Science in Liberal Arts**  
**Bachelor of Science in Health Promotion**



**University of Arkansas Community College at Morrilton<sup>1</sup>**  
**Associate of Science in Liberal Arts<sup>2</sup>**

Possible Prerequisites			UCA	Semester	Hours	Grade
ACAD	0213	Reading			N/C	
ACAD	0301L	Comp I Lab			N/C	
ACAD	0303	Basic Composition			N/C	
MATH	0803	Basic Algebra			N/C	
MATH	0901L	Intermediate Algebra Lab			N/C	
MATH	0903	Intermediate Algebra			N/C	

**General Education Requirements (35-36 credit hours)**

English/Communication (9 credit hours)			UCA <sup>3</sup>	Semester	Hours	Grade
ENG	1013	Composition I	WRTG 1310		3	
ENG	1023	Composition II	WRTG 1320		3	
SPH	2303	Introduction to Oral Communications	COMM 1300		3	

Mathematics (3 credit hours)			UCA	Semester	Hours	Grade
MATH	1203	College Algebra	MATH 1390		3	

Lab Sciences (8 credit hours)			UCA	Semester	Hours	Grade
BIOL	2004	Human Anatomy and Physiology I	BIOL 1410		4	
PHY	2004	Physical Science (or other ASLA Physical Science with Lab)	PHYS 1400		4	

Fine Arts/Humanities (6 credit hours)			UCA	Semester	Hours	Grade
ART	2003	<b>Choose one:</b> Art Appreciation	ART 2300		3	
MUS	2003	Music Appreciation	MUS 2300			
THEA	2003	Theatre Appreciation (or other ASLA Fine Arts)	THEA 2300			
ENG	2213	<b>Choose one:</b> World Literature I	ENGL 2305		3	
ENG	2223	World Literature II	ENGL 2306			

History/Government (3 credit hours)			UCA	Semester	Hours	Grade
PSCI	2003	<b>Choose one:</b> American Government	PSCI 1330		3	
HIST	2003	United States History I	HIST 2301			
HIST	2013	United States History II	HIST 2302			

Social Science (6 credit hours)			UCA	Semester	Hours	Grade
HIST	1003	<b>Choose one:</b> Western Civilization I	HIST 1310		3	
HIST	1013	Western Civilization II	HIST 1320			
PSY	2003	<b>Choose one:</b> General Psychology	PSYC 1300		3	
SOC	2013	Introduction to Sociology	SOC 1300			

**Health Education Core (24-25 credit hours)<sup>4</sup>**

			UCA	Semester	Hours	Grade
BIOL	2014	Human Anatomy and Physiology II	BIOL 2410		4	
BIOL	2104	Microbiology	BIOL 2411		4	
MATH	2003	Introduction to Statistics	MATH 2311		3	
		ASLA Approved Elective			3	
		ASLA Approved Elective			3	
		ASLA Approved Elective			3	
		ASLA Approved Elective			3	
		ASLA Approved Elective			1-2	

**Total Hours: 60<sup>5</sup>**



**2+2 Degree Plan Checklist**  
**Associate of Science in Liberal Arts**  
**Bachelor of Science in Health Promotion**



**University of Central Arkansas**  
**Bachelor of Science in Health Promotion**  
**UCA Courses (60 credit hours)<sup>6</sup>**

<b>Required Core Courses (27 credit hours)</b>			<b>Semester</b>	<b>Hours</b>	<b>Grade</b>
HLTH	3300	Methods & Materials for Health Promotion (UD UCA Core: C)		3	
HLTH	3301	The Health Promotion Profession (UD UCA Core: R)		3	
HLTH	3320	Epidemiological Research (UD UCA Core: I)		3	
HLTH	4300	Community Health Problems		3	
HLTH	4320	Health Communication & Advocacy		3	
HLTH	4331	Program Planning & Evaluation		3	
HLTH	4370	Administration of Health Programs (UD UCA Core: C)		3	
HLTH	4600	Health Promotion Internship (UD UCA Core: Z)		6	

<b>Required Content Courses (6 credit hours)</b>			<b>Semester</b>	<b>Hours</b>	<b>Grade</b>
HLTH	1320	Essentials of Health and Wellness		3	
HLTH	3325	Disease Management for Health Promotion		3	

<b>Upper Division Diversity Elective (3 credit hours)</b>			<b>Semester</b>	<b>Hours</b>	<b>Grade</b>
		<b>Choose one:</b>			
HLTH	3305	Human Sexuality (UD UCA Core: D)		3	
HLTH	4343	Health Strategies for Multicultural Populations (UD UCA Core: D)			
HLTH	4395	Contemporary Health Concerns: Women (UD UCA Core: D)			
HLTH	4396	Contemporary Health Concerns: Men (UD UCA Core: D)			

<b>Major Electives (6 credit hours)</b>			<b>Semester</b>	<b>Hours</b>	<b>Grade</b>
		<b>Choose at least 6 credit hours:</b>			
HLTH	2320	Mental Health		6	
HLTH	3123	Medical Terminology			
HLTH	4301	Health Promotion in the Medical Care Setting			
HLTH	4302	Health Promotion in the Worksite			
HLTH	4303	Environmental Health Problems			
HLTH	4310	Health Concerns of the Aging			
HLTH	4398	Health Coaching I			
HLTH	4399	Health Coaching II			
H SC	3315	Theory and Practice of Prevention			
H SC	4312	Drug Education			

<b>Electives (18 credit hours)</b>			<b>Semester</b>	<b>Hours</b>	<b>Grade</b>
		Upper Division General Electives		4	
		General Electives		14	

**Total Hours: 120<sup>7</sup>**

<sup>1</sup> See your UACCM advisor for degree and graduation information.

<sup>2</sup> Agreement requirements are guaranteed in accordance with the academic year of initial enrollment at UACCM, not to precede the academic year during which the agreement first took effect. A period of non-enrollment of 12 months or more requires that the student adhere to the agreement revision corresponding with the academic year of re-enrollment.

<sup>3</sup> UCA course is either guaranteed by ACTS (acts.adhe.edu) or by UCA Department Chair approval (if blank, elective credit will be awarded).

<sup>4</sup> The following four courses prepare students for ACE Health Coaching Certification: HLTH 1320, HLTH 3325, HLTH 4398, HLTH 4399.

<sup>5</sup> Students completing the AS in Liberal Arts degree requirements, as shown above, with a minimum 2.0 cumulative GPA, will have satisfied the UCA Lower-Division Core and will be admitted to the BS in Health Promotion degree program as a junior.

<sup>6</sup> In order to receive important communications about transferring to UCA, students are encouraged to create a UCA student account at [gopurple.uca.edu](http://gopurple.uca.edu). For more information about the 2+2 program, students may also send email inquiries to [ucatransfer@uca.edu](mailto:ucatransfer@uca.edu).

<sup>7</sup> This agreement requires 120 credit hours as follows: maximum 60 at UACCM and remaining 60 at UCA (40 of which must be upper-division).