



**2+2 Degree Plan  
Associate of Arts  
Bachelor of Science in Health Promotion**



**North Arkansas College<sup>1</sup>  
Associate of Arts<sup>2</sup>**

**General Education Requirements (35 credit hours)**

<b>English/Communication (9 credit hours)</b>			<b>UCA<sup>3</sup></b>	<b>Semester</b>	<b>Hours</b>	<b>Grade</b>
ENGL	1013	English Composition I	WRTG 1310		3	
ENGL	1023	English Composition II	WRTG 1320		3	
SPCH	2303	Public Speaking	COMM 1300		3	

<b>Mathematics (3 credit hours)</b>			<b>UCA</b>	<b>Semester</b>	<b>Hours</b>	<b>Grade</b>
MAT	1223	College Algebra	MATH 1390		3	

<b>Lab Sciences (8 credit hours)</b>			<b>UCA</b>	<b>Semester</b>	<b>Hours</b>	<b>Grade</b>
BIOL	2214	Anatomy and Physiology I and Lab	BIOL 1410		4	
CHEM	1214	Fundamentals of Chemistry	CHEM 1402		4	

<b>Fine Arts/Humanities (6 credit hours)</b>			<b>UCA</b>	<b>Semester</b>	<b>Hours</b>	<b>Grade</b>
ART	1003	<b>Choose one:</b> Art Appreciation	ART 2300		3	
DRAM	1003	Theatre Appreciation	MUS 2300			
MUS	1003	Music Appreciation (or other AA Fine Arts)	THEA 2300			
ENGL	2213	<b>Choose one:</b> World Literature I	ENGL 2305		3	
ENGL	2223	World Literature II (or other AA Humanities)	ENGL 2306			

<b>Social Sciences (9 credit hours)</b>			<b>UCA</b>	<b>Semester</b>	<b>Hours</b>	<b>Grade</b>
HIST	2003	<b>Choose one:</b> United States History I	HIST 2301		3	
HIST	2013	United States History II	HIST 2302			
PLSC	2003	American National Government	PSCI 1330			
HIST	1113	<b>Choose one:</b> World Civilizations I	HIST 1310		3	
HIST	1123	World Civilizations II (or other AA Social Science)	HIST 1320			
PSYC	2003	<b>Choose one:</b> General Psychology	PSYC 1300		3	
SOC	2013	Introduction to Sociology	SOC 1300			

**Health Education Core (25 credit hours)<sup>4</sup>**

			<b>UCA</b>	<b>Semester</b>	<b>Hours</b>	<b>Grade</b>
BIOL	2014	Microbiology	BIOL 2411		4	
BIOL	2224	Anatomy and Physiology II and Lab	BIOL 2410		4	
MAT	2133	Introduction to Statistics	MATH 2311		3	
HPER	1013	First Aid	HLTH 2201		3	
		AA Approved Elective			3	
		AA Approved Elective			3	
		AA Approved Elective			3	
		AA Approved Elective			2	

**Total Hours: 60<sup>5</sup>**

**2+2 Degree Plan**  
**Associate of Arts**  
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**University of Central Arkansas**  
**Bachelor of Science in Health Promotion**  
**UCA Courses (60 credit hours)<sup>6</sup>**

<b>Required Core Courses (27 credit hours)</b>			<b>Semester</b>	<b>Hours</b>	<b>Grade</b>
HLTH	3300	Methods & Materials for Health Promotion (UD UCA Core: C)		3	
HLTH	3301	The Health Promotion Profession (UD UCA Core: R)		3	
HLTH	3320	Epidemiological Research (UD UCA Core: I)		3	
HLTH	4300	Community Health Problems		3	
HLTH	4320	Health Communication & Advocacy		3	
HLTH	4331	Program Planning & Evaluation		3	
HLTH	4370	Administration of Health Programs (UD UCA Core: C)		3	
HLTH	4600	Health Promotion Internship (UD UCA Core: Z)		6	

<b>Required Content Courses (6 credit hours)</b>			<b>Semester</b>	<b>Hours</b>	<b>Grade</b>
HLTH	1320	Essentials of Health and Wellness		3	
HLTH	3325	Disease Management for Health Promotion		3	

<b>Upper Division Diversity Elective (3 credit hours)</b>			<b>Semester</b>	<b>Hours</b>	<b>Grade</b>
HLTH	3305	<b>Choose one:</b> Human Sexuality (UD UCA Core: D)		3	
HLTH	4343	Health Strategies for Multicultural Populations (UD UCA Core: D)			
HLTH	4395	Contemporary Health Concerns: Women (UD UCA Core: D)			
HLTH	4396	Contemporary Health Concerns: Men (UD UCA Core: D)			

<b>Major Electives (6 credit hours)</b>			<b>Semester</b>	<b>Hours</b>	<b>Grade</b>
HLTH	2320	<b>Choose at least 6 credit hours:</b> Mental Health		6	
HLTH	3123	Medical Terminology			
HLTH	4301	Health Promotion in the Medical Care Setting			
HLTH	4302	Health Promotion in the Worksite			
HLTH	4303	Environmental Health Problems			
HLTH	4310	Health Concerns of the Aging			
HLTH	4398	Health Coaching I			
HLTH	4399	Health Coaching II			
H SC	3315	Theory and Practice of Prevention			
H SC	4312	Drug Education			

<b>Electives (18 credit hours)</b>			<b>Semester</b>	<b>Hours</b>	<b>Grade</b>
		Upper Division General Electives		4	
		General Electives		14	

**Total Hours: 120<sup>7</sup>**

<sup>1</sup> See your NAC advisor for degree and graduation information.

<sup>2</sup> Agreement requirements are guaranteed in accordance with the academic year of initial enrollment at NAC, not to precede the academic year during which the agreement first took effect. A period of non-enrollment of 12 months or more requires that the student adhere to the agreement revision corresponding with the academic year of re-enrollment.

<sup>3</sup> UCA course is either guaranteed by ACTS (acts.adhe.edu) or by UCA Department Chair approval (if blank, elective credit will be awarded).

<sup>4</sup> The following four courses prepare students for ACE Health Coaching Certification: HLTH 1320, HLTH 3325, HLTH 4398, HLTH 4399.

<sup>5</sup> Students completing the AA degree requirements, as shown above, with a minimum 2.0 cumulative GPA, will have satisfied the UCA Lower-Division Core and will be admitted to the BS in Health Promotion degree program as a junior.

<sup>6</sup> In order to receive important communications about transferring to UCA, students are encouraged to create a UCA student account at [gopurple.uca.edu](http://gopurple.uca.edu). For more information about the 2+2 program, students may also send email inquiries to [ucatransfer@uca.edu](mailto:ucatransfer@uca.edu).

<sup>7</sup> This agreement requires 120 credit hours as follows: maximum 60 at NAC and remaining 60 at UCA (40 of which must be upper-division).