



2+2 Degree Plan Checklist Associate of Arts Bachelor of Science in Health Promotion



Black River Technical College¹ Associate of Arts²

General Education Requirements (35 credit hours)

| English/Communication (9 credit hours) | | | UCA ³ | Semester | Hours | Grade |
|--------------------------------------------------------|------|-------------------------------------------------------------------|------------------|----------|-------|-------|
| ENG | 1003 | Freshman English I | WRTG 1310 | | 3 | |
| ENG | 1013 | Freshman English II | WRTG 1320 | | 3 | |
| SCOM | 1203 | Oral Communications | COMM 1300 | | 3 | |
| Mathematics (3 credit hours) | | | UCA | Semester | Hours | Grade |
| MATH | 1023 | College Algebra | MATH 1390 | | 3 | |
| Lab Sciences (8 credit hours) | | | UCA | Semester | Hours | Grade |
| BIOL | 2004 | Human Anatomy and Physiology I & Lab | BIOL 1410 | | 4 | |
| GSP | 1004 | Physical Science & Lab (or other AA Physical Science with Lab) | PHYS 1400 | | 4 | |
| Fine Arts/Humanities (6 credit hours) | | | UCA | Semester | Hours | Grade |
| FAV | 2503 | Choose one: Fine Arts Visual | ART 2300 | | 3 | |
| FAM | 2503 | Fine Arts Musical | MUS 2300 | | | |
| FAT | 2203 | Fine Arts Theatre (or other AA Fine Arts) | THEA 2300 | | | |
| ENG | 2003 | Choose one: Introduction to World Literature I | ENGL 2305 | | 3 | |
| ENG | 2013 | Introduction to World Literature II (or other AA Humanities) | ENGL 2306 | | | |
| Social Sciences (6 credit hours) | | | UCA | Semester | Hours | Grade |
| HIST | 2763 | Choose one: The United States to 1876 | HIST 2301 | | 3 | |
| HIST | 2773 | The United States since 1876 | HIST 2302 | | | |
| POSC | 2103 | United States Government | PSCI 1330 | | | |
| HIST | 1013 | Choose one: World Civilization to 1660 | HIST 1310 | | 3 | |
| HIST | 1023 | World Civilization since 1660 (or other AA Social Science) | HIST 1320 | | | |
| Social or Behavioral Science Elective (3 credit hours) | | | UCA | Semester | Hours | Grade |
| PSY | 2513 | Choose one: Introduction to Psychology | PSYC 1300 | | 3 | |
| SOC | 2213 | Principles of Sociology | SOC 1300 | | | |

Health Education Core (25 credit hours)⁴

| | | | UCA | Semester | Hours | Grade |
|------|------|---------------------------------------|-----------|----------|-------|-------|
| BIOL | 2104 | Microbiology and Lab | BIOL 2411 | | 4 | |
| BIOL | 2414 | Human Anatomy and Physiology II & Lab | BIOL 2410 | | 4 | |
| QM | 2113 | Business Statistics | MATH 2311 | | 3 | |
| | | AA Approved Elective | | | 3 | |
| | | AA Approved Elective | | | 3 | |
| | | AA Approved Elective | | | 3 | |
| | | AA Approved Elective | | | 3 | |
| | | AA Approved Elective | | | 2 | |

Total Hours: 60⁵

University of Central Arkansas
Bachelor of Science in Health Promotion
UCA Courses (60 credit hours)⁶

| Required Core Courses (27 credit hours) | | | Semester | Hours | Grade |
|-----------------------------------------------------------|------|------------------------------------------------------------------|-----------------|--------------|--------------|
| HLTH | 2201 | First Aid | | 2 | |
| HLTH | 3300 | Methods & Materials for Health Promotion (UD UCA Core: C) | | 3 | |
| HLTH | 3301 | The Health Promotion Profession (UD UCA Core: R) | | 3 | |
| HLTH | 3320 | Epidemiological Research (UD UCA Core: I) | | 3 | |
| HLTH | 4300 | Community Health Problems | | 3 | |
| HLTH | 4320 | Health Communication & Advocacy | | 3 | |
| HLTH | 4331 | Program Planning & Evaluation | | 3 | |
| HLTH | 4370 | Administration of Health Programs (UD UCA Core: C) | | 3 | |
| HLTH | 4600 | Health Promotion Internship (UD UCA Core: Z) | | 6 | |
| Required Content Courses (6 credit hours) | | | Semester | Hours | Grade |
| HLTH | 1320 | Essentials of Health and Wellness | | 3 | |
| HLTH | 3325 | Disease Management for Health Promotion | | 3 | |
| Upper Division Diversity Elective (3 credit hours) | | | Semester | Hours | Grade |
| HLTH | 3305 | Choose one: Human Sexuality (UD UCA Core: D) | | 3 | |
| HLTH | 4343 | Health Strategies for Multicultural Populations (UD UCA Core: D) | | | |
| HLTH | 4395 | Contemporary Health Concerns: Women (UD UCA Core: D) | | | |
| HLTH | 4396 | Contemporary Health Concerns: Men (UD UCA Core: D) | | | |
| Major Electives (6 credit hours) | | | Semester | Hours | Grade |
| HLTH | 2320 | Choose at least 6 credit hours: Mental Health | | 6 | |
| HLTH | 3123 | Medical Terminology | | | |
| HLTH | 4301 | Health Promotion in the Medical Care Setting | | | |
| HLTH | 4302 | Health Promotion in the Worksite | | | |
| HLTH | 4303 | Environmental Health Problems | | | |
| HLTH | 4310 | Health Concerns of the Aging | | | |
| HLTH | 4398 | Health Coaching I | | | |
| HLTH | 4399 | Health Coaching II | | | |
| H SC | 3315 | Theory and Practice of Prevention | | | |
| H SC | 4312 | Drug Education | | | |
| Electives (18 credit hours) | | | Semester | Hours | Grade |
| | | Upper Division General Electives | | 4 | |
| | | General Electives | | 12 | |

Total Hours: 120⁷

¹ See your BRTC advisor for degree and graduation information.

² Agreement requirements are guaranteed in accordance with the academic year of initial enrollment at BRTC, not to precede the academic year during which the agreement first took effect. A period of non-enrollment of 12 months or more requires that the student adhere to the agreement revision corresponding with the academic year of re-enrollment.

³ UCA course is either guaranteed by ACTS (acts.adhe.edu) or by UCA Department Chair approval (if blank, elective credit will be awarded).

⁴ The following four courses prepare students for ACE Health Coaching Certification: HLTH 1320, HLTH 3325, HLTH 4398, HLTH 4399.

⁵ Students completing the Associate of Arts degree requirements, as shown above, with a minimum 2.0 cumulative GPA, will have satisfied the UCA Lower-Division Core and will be admitted to the BS in Health Promotion degree program as a junior.

⁶ In order to receive important communications about transferring to UCA, students are encouraged to create a UCA student account at gopurple.uca.edu. For more information about the 2+2 program, students may also send email inquiries to ucatransfer@uca.edu.

⁷ This agreement requires 120 credit hours as follows: maximum 60 at BRTC and remaining 60 at UCA (40 of which must be upper-division).