



2+2 Degree Plan Checklist
Associate of Arts
Bachelor of Science in Health Education



Black River Technical College¹
Associate of Arts²

General Education Requirements (35 credit hours)

English/Communication (9 credit hours)			UCA³	Semester	Hours	Grade
ENG	1003	Freshman English I	WRTG 1310		3	
ENG	1013	Freshman English II	WRTG 1320		3	
SCOM	1203	Oral Communications	COMM 1300		3	

Mathematics (3 credit hours)			UCA	Semester	Hours	Grade
MATH	1023	College Algebra	MATH 1390		3	

Lab Sciences (8 credit hours)			UCA	Semester	Hours	Grade
BIOL	2004	Human Anatomy and Physiology I & Lab	BIOL 1410		4	
GSP	1004	Physical Science with Lab <i>(or other AA Physical Science with Lab)</i>	PHYS 1400		4	

Fine Arts/Humanities (6 credit hours)			UCA	Semester	Hours	Grade
FAV	2503	Choose one: Fine Arts Visual	ART 2300		3	
FAM	2503	Fine Arts Musical	MUS 2300			
FAT	2203	Fine Arts Theatre <i>(or other AA Fine Arts)</i>	THEA 2300			
ENG	2003	Choose one: Introduction to World Literature I	ENGL 2305		3	
ENG	2013	Introduction to World Literature II <i>(or other AA Humanities)</i>	ENGL 2306			

Social Sciences (6 credit hours)			UCA	Semester	Hours	Grade
HIST	2763	Choose one: The United States to 1876	HIST 2301		3	
HIST	2773	The United States since 1876	HIST 2302			
POSC	2103	United States Government	PSCI 1330			
HIST	1013	Choose one: World Civilization to 1660	HIST 1310		3	
HIST	1023	World Civilization since 1660 <i>(or other AA Social Science)</i>	HIST 1320			

Social or Behavioral Science Elective (3 credit hours)			UCA	Semester	Hours	Grade
PSY	2513	Choose one: Introduction to Psychology	PSYC 1300		3	
SOC	2213	Principles of Sociology	SOC 1300			

Health Education Core (25 credit hours)⁴

			UCA	Semester	Hours	Grade
BIOL	2104	Microbiology and Lab	BIOL 2411		4	
BIOL	2414	Human Anatomy and Physiology II & Lab	BIOL 2410		4	
QM	2113	Business Statistics	MATH 2311		3	
		<i>AA Approved Elective</i>			3	
		<i>AA Approved Elective</i>			3	
		<i>AA Approved Elective</i>			3	
		<i>AA Approved Elective</i>			3	
		<i>AA Approved Elective</i>			2	

Total Hours: 60⁵



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University of Central Arkansas
Bachelor of Science in Health Education
UCA Courses (60 credit hours)⁶

Required Core Courses (27 credit hours)			Semester	Hours	Grade
H ED	2201	First Aid		2	
H ED	3300	Methods & Materials (UD UCA Core: C)		3	
H ED	3301	The Health Education Profession (UD UCA Core: R)		3	
H ED	3320	Epidemiological Research (UD UCA Core: I)		3	
H ED	4300	Community Health		3	
H ED	4320	Health Communication & Advocacy		3	
H ED	4331	Program Planning & Evaluation		3	
H ED	4370	Administration of Health Programs (UD UCA Core: C)		3	
H ED	4600	Health Education Internship (UD UCA Core: Z)		6	
Required Content Courses (6 credit hours)			Semester	Hours	Grade
H ED	1320	Essentials of Health and Wellness		3	
H ED	3325	Disease Management for Health Promotion		3	
Upper Division Diversity Elective (3 credit hours)			Semester	Hours	Grade
H ED	3305	Choose one: Human Sexuality (UD UCA Core: D)		3	
H ED	4343	Health Strategies for Multicultural Populations			
H ED	4395	Contemporary Health Concerns: Women (UD UCA Core: D)			
H ED	4396	Contemporary Health Concerns: Men (UD UCA Core: D)			
Major Electives (6 credit hours)			Semester	Hours	Grade
H ED	2320	Choose at least 6 credit hours: Mental Health		6	
H SC	3123	Medical Terminology			
H ED	3315	Theory & Practice of Prevention			
H ED	4301	Health Education in the Medical Care Setting			
H ED	4302	Health Education in the Worksite			
H ED	4303	Environmental Health Problems			
H ED	4310	Health Concerns of the Aging			
H ED	4312	Drug Education			
H ED	4398	Health Coaching I			
H ED	4399	Health Coaching II			
Electives (18 credit hours)			Semester	Hours	Grade
		Upper Division General Electives		4	
		General Electives		12	

Total Hours: 120⁷

¹ See your BRTC advisor for degree and graduation information.

² Agreement requirements are guaranteed in accordance with the academic year of initial enrollment at BRTC, not to precede the academic year during which the agreement first took effect. A period of non-enrollment of 12 months or more requires that the student adhere to the agreement revision corresponding with the academic year of re-enrollment.

³ UCA course is either guaranteed by ACTS (acts.adhe.edu) or by UCA Department Chair approval (if blank, elective credit will be awarded).

⁴ The following four courses prepare students for ACE Health Coaching Certification: H ED 1320, H ED 3325, H ED 4398, H ED 4399.

⁵ Students completing the Associate of Arts degree requirements, as shown above, with a minimum 2.0 cumulative GPA, will have satisfied the UCA Lower-Division Core and will be admitted to the BS in Health Education degree program as a junior.

⁶ In order to receive important communications about transferring to UCA, students are encouraged to create a UCA student account at gopurple.uca.edu. For more information about the 2+2 program, students may also send email inquiries to ucatransfer@uca.edu.

⁷ This agreement requires 120 credit hours as follows: maximum 60 at BRTC and remaining 60 at UCA (40 of which must be upper-division).