



2+2 Degree Plan Checklist
Associate of Science in Liberal Arts
Bachelor of Science in Health Education



University of Arkansas Community College at Morrilton¹
Associate of Science in Liberal Arts²

| Possible Prerequisites | | | Semester | Hours | Grade |
|------------------------|-------|--------------------------|----------|-------|-------|
| ACAD | 0001 | College Orientation | | N/C | |
| ACAD | 0213 | Reading | | N/C | |
| ACAD | 0303 | Basic Composition | | N/C | |
| ACAD | 0421L | College Success | | N/C | |
| MATH | 0803 | Basic Algebra | | N/C | |
| MATH | 0901L | Intermediate Algebra Lab | | N/C | |
| MATH | 0903 | Intermediate Algebra | | N/C | |

General Education Requirements (35-36 credit hours)

| English/Communication (9 credit hours) | | | UCA ³ | Semester | Hours | Grade |
|--|------|-------------------------------------|------------------|----------|-------|-------|
| ENG | 1013 | Composition I | WRTG 1310 | | 3 | |
| ENG | 1023 | Composition II | WRTG 1320 | | 3 | |
| SPH | 2303 | Introduction to Oral Communications | COMM 1300 | | 3 | |

| Mathematics (3 credit hours) | | | UCA | Semester | Hours | Grade |
|------------------------------|------|-----------------|-----------|----------|-------|-------|
| MATH | 1203 | College Algebra | MATH 1390 | | 3 | |

| Lab Sciences (8 credit hours) | | | UCA | Semester | Hours | Grade |
|-------------------------------|------|---|-----------|----------|-------|-------|
| BIOL | 2004 | Human Anatomy and Physiology I | BIOL 1410 | | 4 | |
| PHY | 2004 | Physical Science (or other ASLA Physical Science with Lab) | PHYS 1400 | | 4 | |

| Fine Arts/Humanities (6 credit hours) | | | UCA | Semester | Hours | Grade |
|---------------------------------------|------|---|-----------------------------------|----------|-------|-------|
| ART | 2003 | Choose one: Art Appreciation | ART 2300 MUS 2300 THEA 2300 | | 3 | |
| MUS | 2003 | Music Appreciation | | | | |
| THEA | 2003 | Theatre Appreciation (or other ASLA Fine Arts) | | | | |
| ENG | 2213 | Choose one: World Literature I | ENGL 2305 ENGL 2306 | | 3 | |
| ENG | 2223 | World Literature II | | | | |

| History/Government (3 credit hours) | | | UCA | Semester | Hours | Grade |
|-------------------------------------|------|---|-------------------------------------|----------|-------|-------|
| PSCI | 2003 | Choose one: American Government | PSCI 1330 HIST 2301 HIST 2302 | | 3 | |
| HIST | 2003 | United States History I | | | | |
| HIST | 2013 | United States History II | | | | |

| Social Science (6 credit hours) | | | UCA | Semester | Hours | Grade |
|---------------------------------|------|--|------------------------|----------|-------|-------|
| HIST | 1003 | Choose one: Western Civilization I | HIST 1310 HIST 1320 | | 3 | |
| HIST | 1013 | Western Civilization II | | | | |
| PSY | 2003 | Choose one: General Psychology | PSYC 1300 SOC 1300 | | 3 | |
| SOC | 2013 | Introduction to Sociology | | | | |

Health Education Core (24-25 credit hours)⁴

| | | | UCA | Semester | Hours | Grade |
|------|------|---------------------------------|-----------|----------|-------|-------|
| BIOL | 2014 | Human Anatomy and Physiology II | BIOL 2410 | | 4 | |
| BIOL | 2104 | Microbiology | BIOL 2411 | | 4 | |
| MATH | 2003 | Introduction to Statistics | MATH 2311 | | 3 | |
| | | ASLA Approved Elective | | | 3 | |
| | | ASLA Approved Elective | | | 3 | |
| | | ASLA Approved Elective | | | 3 | |
| | | ASLA Approved Elective | | | 1-2 | |

Total Hours: 60⁵



2+2 Degree Plan Checklist
Associate of Science in Liberal Arts
Bachelor of Science in Health Education



University of Central Arkansas
Bachelor of Science in Health Education
UCA Courses (60 credit hours)⁶

| Required Core Courses (27 credit hours) | | | Semester | Hours | Grade |
|--|------|--|-----------------|--------------|--------------|
| H ED | 3300 | Methods & Materials (UD UCA Core: C) | | 3 | |
| H ED | 3301 | The Health Education Profession (UD UCA Core: R) | | 3 | |
| H ED | 3320 | Epidemiological Research (UD UCA Core: I) | | 3 | |
| H ED | 4300 | Community Health | | 3 | |
| H ED | 4320 | Health Communication & Advocacy | | 3 | |
| H ED | 4331 | Program Planning & Evaluation | | 3 | |
| H ED | 4370 | Administration of Health Programs (UD UCA Core: C) | | 3 | |
| H ED | 4600 | Health Education Internship (UD UCA Core: Z) | | 6 | |

| Required Content Courses (6 credit hours) | | | Semester | Hours | Grade |
|--|------|---|-----------------|--------------|--------------|
| H ED | 1320 | Essentials of Health and Wellness | | 3 | |
| H ED | 3325 | Disease Management for Health Promotion | | 3 | |

| Upper Division Diversity Elective (3 credit hours) | | | Semester | Hours | Grade |
|---|------|--|-----------------|--------------|--------------|
| | | Choose one: | | | |
| H ED | 3305 | Human Sexuality (UD UCA Core: D) | | 3 | |
| H ED | 4343 | Health Strategies for Multicultural Populations | | | |
| H ED | 4395 | Contemporary Health Concerns: Women (UD UCA Core: D) | | | |
| H ED | 4396 | Contemporary Health Concerns: Men (UD UCA Core: D) | | | |

| Major Electives (6 credit hours) | | | Semester | Hours | Grade |
|---|------|--|-----------------|--------------|--------------|
| | | Choose at least 6 credit hours: | | | |
| H ED | 2320 | Mental Health | | 6 | |
| H SC | 3123 | Medical Terminology | | | |
| H ED | 3315 | Theory & Practice of Prevention | | | |
| H ED | 4301 | Health Education in the Medical Care Setting | | | |
| H ED | 4302 | Health Education in the Worksite | | | |
| H ED | 4303 | Environmental Health Problems | | | |
| H ED | 4310 | Health Concerns of the Aging | | | |
| H ED | 4312 | Drug Education | | | |
| H ED | 4398 | Health Coaching I | | | |
| H ED | 4399 | Health Coaching II | | | |

| Electives (18 credit hours) | | | Semester | Hours | Grade |
|------------------------------------|--|---|-----------------|--------------|--------------|
| | | <u>Upper Division General Electives</u> | | 4 | |
| | | <u>General Electives</u> | | 14 | |

Total Hours: 120⁷

¹ See your UACCM advisor for degree and graduation information.

² Agreement requirements are guaranteed in accordance with the academic year of initial enrollment at UACCM, not to precede the academic year during which the agreement first took effect. A period of non-enrollment of 12 months or more requires that the student adhere to the agreement revision corresponding with the academic year of re-enrollment.

³ UCA course is either guaranteed by ACTS (acts.adhe.edu) or by UCA Department Chair approval (if blank, elective credit will be awarded).

⁴ The following four courses prepare students for ACE Health Coaching Certification: H ED 1320, H ED 3325, H ED 4398, H ED 4399.

⁵ Students completing the AS in Liberal Arts degree requirements, as shown above, with a minimum 2.0 cumulative GPA, will have satisfied the UCA Lower-Division Core and will be admitted to the BS in Health Education degree program as a junior.

⁶ In order to receive important communications about transferring to UCA, students are encouraged to create a UCA student account at gopurple.uca.edu. For more information about the 2+2 program, students may also send email inquiries to ucatransfer@uca.edu.

⁷ This agreement requires 120 credit hours as follows: maximum 60 at UACCM and remaining 60 at UCA (40 of which must be upper-division).