



**2+2 Degree Plan Checklist**  
**Associate of Science in Liberal Arts and Sciences**  
**Bachelor of Science in Health Education**



**Arkansas State University - Beebe<sup>1</sup>**  
**Associate of Science in Liberal Arts and Sciences<sup>2</sup>**

Possible Prerequisites			Semester	Hours	Grade
UNIV	1003	Principles of Academic Success III (required if registering for a remedial course)		(3)	
ENG	0013	Precollege Literacy		N/C	
ENG	0023	College Literacy (taken with ENG 1003 – Freshman English I)		N/C	
MATH	0112	Review for College Algebra (taken with MATH 1023 – College Algebra)		N/C	
MATH	0123	Pre-College Algebra		N/C	
MATH	0042	Review for Quantitative Literacy (taken with MATH 1043 – Quantitative Literacy)		N/C	

**General Education Requirements (35 credit hours)**

English/Communication (9 credit hours)			UCA <sup>3</sup>	Semester	Hours	Grade
ENG	1003	Freshman English I	WRWG 1310		3	
ENG	1013	Freshman English II	WRWG 1320		3	
SPCH	1203	Oral Communications	COMM 1300		3	

Mathematics (3 credit hours)			UCA	Semester	Hours	Grade
MATH	1023	College Algebra	MATH 1390		3	

Lab Sciences (8 credit hours)			UCA	Semester	Hours	Grade
BIOL	1014	Principles of Biology	BIOL 1440		4	
PHSC	1204	Physical Science (or other ASLAS Physical Science with Lab)	PHYS 1400		4	

Fine Arts/Humanities (6 credit hours)			UCA	Semester	Hours	Grade
ART	2503	<b>Choose one:</b> Fine Arts - Visual	ART 2300 MUS 2300 THEA 2300		3	
MUS	2503	Fine Arts - Musical				
THEA	2503	Fine Arts – Theatre (or other ASLAS Fine Arts)				
ENG	2003	<b>Choose one:</b> World Literature I	ENGL 2305 ENGL 2306 PHIL 1301		3	
ENG	2013	World Literature II				
PHIL	1103	Introduction to Philosophy				

Social Sciences (9 credit hours)			UCA	Semester	Hours	Grade
HIST	2763	<b>Choose one:</b> The United States to 1876	HIST 2301 HIST 2302 PSCI 1330		3	
HIST	2773	The United States since 1876				
POSC	2103	Introduction to United States Government				
HIST	1013	<b>Choose one:</b> World Civilization to 1660	HIST 1310 HIST 1320		3	
HIST	1023	World Civilization since 1660				
PSY	2013	<b>Choose one:</b> Introduction to Psychology	PSYC 1300 SOC 1300		3	
SOC	2213	Principles of Sociology				

**Health Education Core (25 credit hours)<sup>4</sup>**

			UCA	Semester	Hours	Grade
BIOL	2104	Microbiology	BIOL 2411		4	
HLTH	2523	First Aid and Safety (Responding to Emergencies)	H ED 2201		3	
MATH	2233	Applied Statistics	MATH 2311		3	
PE	1623	Concepts of Fitness	H ED 1320		3	
ZOOL	2004	Human Anatomy and Physiology I	BIOL 1410		4	
ZOOL	2014	Human Anatomy and Physiology II	BIOL 2410		4	
		ASLAS Approved Elective			3	
		ASLAS Approved Elective			1	



**2+2 Degree Plan Checklist**  
**Associate of Science in Liberal Arts and Sciences**  
**Bachelor of Science in Health Education**



**University of Central Arkansas**  
**Bachelor of Science in Health Education**  
**UCA Courses (60 credit hours)<sup>6</sup>**

<b>Required Core Courses (27 credit hours)</b>			<b>Semester</b>	<b>Hours</b>	<b>Grade</b>
H ED	3300	Methods & Materials (UD UCA Core: C)		3	
H ED	3301	The Health Education Profession (UD UCA Core: R)		3	
H ED	3320	Epidemiological Research (UD UCA Core: I)		3	
H ED	4300	Community Health		3	
H ED	4320	Health Communication & Advocacy		3	
H ED	4331	Program Planning & Evaluation		3	
H ED	4370	Administration of Health Programs (UD UCA Core: C)		3	
H ED	4600	Health Education Internship (UD UCA Core: Z)		6	

<b>Required Content Course (3 credit hours)</b>			<b>Semester</b>	<b>Hours</b>	<b>Grade</b>
H ED	3325	Disease Management for Health Promotion		3	

<b>Upper Division Diversity Elective (3 credit hours)</b>			<b>Semester</b>	<b>Hours</b>	<b>Grade</b>
<b>Choose one:</b>					
H ED	3305	Human Sexuality (UD UCA Core: D)		3	
H ED	4343	Health Strategies for Multicultural Populations			
H ED	4395	Contemporary Health Concerns: Women (UD UCA Core: D)			
H ED	4396	Contemporary Health Concerns: Men (UD UCA Core: D)			

<b>Major Electives (6 credit hours)</b>			<b>Semester</b>	<b>Hours</b>	<b>Grade</b>
<b>Choose at least 6 credit hours:</b>					
H ED	2320	Mental Health		6	
H SC	3123	Medical Terminology			
H ED	3315	Theory & Practice of Prevention			
H ED	4301	Health Education in the Medical Care Setting			
H ED	4302	Health Education in the Worksite			
H ED	4303	Environmental Health Problems			
H ED	4310	Health Concerns of the Aging			
H ED	4312	Drug Education			
H ED	4398	Health Coaching I			
H ED	4399	Health Coaching II			

<b>Electives (21 credit hours)</b>			<b>Semester</b>	<b>Hours</b>	<b>Grade</b>
		Upper Division General Electives		4	
		General Electives		17	

**Total Hours: 120<sup>7</sup>**

<sup>1</sup> See your ASUB advisor for degree and graduation information.

<sup>2</sup> Agreement requirements are guaranteed in accordance with the academic year of initial enrollment at ASUB, not to precede the academic year during which the agreement first took effect. A period of non-enrollment of 12 months or more requires that the student adhere to the agreement revision corresponding with the academic year of re-enrollment.

<sup>3</sup> UCA course is either guaranteed by ACTS (acts.adhe.edu) or by UCA Department Chair approval (if blank, elective credit will be awarded).

<sup>4</sup> The following four courses prepare students for ACE Health Coaching Certification: H ED 1320, H ED 3325, H ED 4398, H ED 4399.

<sup>5</sup> Students completing the AS in Liberal Arts and Sciences degree requirements, as shown above, with a minimum 2.0 cumulative GPA, will have satisfied the UCA Lower-Division Core and will be admitted to the BS in Health Education degree program as a junior.

<sup>6</sup> In order to receive important communications about transferring to UCA, students are encouraged to create a UCA student account at [gopurple.uca.edu](http://gopurple.uca.edu). For more information about the 2+2 program, students may also send email inquiries to [ucatransfer@uca.edu](mailto:ucatransfer@uca.edu).

<sup>7</sup> This agreement requires 120 credit hours as follows: maximum 60 at ASUB and remaining 60 at UCA (40 of which must be upper-division).