



2+2 Degree Plan Checklist
Associate of Science in Liberal Arts and Sciences
Bachelor of Science in Health Education



University of Arkansas-Pulaski Technical College¹
Associate of Science in Liberal Arts and Sciences²

General Education Requirements (35 credit hours)

English/Communication (9 credit hours)			UCA³	Semester	Hours	Grade
ENGL	1311	English Composition I	WRTG 1310		3	
ENGL	1312	English Composition II	WRTG 1320		3	
SPCH	1300	Speech Communications	COMM 1300		3	

Mathematics (3 credit hours)			UCA	Semester	Hours	Grade
MATH	1302	College Algebra	MATH 1390		3	

Sciences (8 credit hours)			UCA	Semester	Hours	Grade
BIOL	1102/1302	Biological Science and Lab	BIOL 1440		4	
PHYS	1100/1300	Physical Science and Lab <i>(or other ASLAS Physical Science with Lab)</i>	PHYS 1400		4	

Arts and Humanities (3 credit hours)			UCA	Semester	Hours	Grade
ARTS	2300	Choose one: Introduction to Visual Arts	ART 2300		3	
MUSC	2300	Introduction to Music	MUS 2300			
THEA	2300	Introduction to Theatre <i>(or other ASLAS Arts and Humanities)</i>	THEA 2300			

Literature (3 Credit Hours)			UCA	Semester	Hours	Grade
ENGL	2337	Choose one: World Literature from the Beginning to 1650	ENGL 2305		3	
ENGL	2338	World Literature from 1650 to the Present <i>(or other ASLAS Literature)</i>	ENGL 2306			

History/Government (3 credit hours)			UCA	Semester	Hours	Grade
HIST	2311	Choose one: US History to 1877	HIST 2301		3	
HIST	2312	US History since 1877	HIST 2302			
POLS	1310	American National Government	PSCI 1330			

Social Sciences (6 credit hours)			UCA	Semester	Hours	Grade
PSYC	2300	Choose one: Psychology and the Human Experience	PSYC 1300		3	
SOCI	2300	Introduction to Sociology	SOC 1300			
GEOG	2310	Choose one: Cultural Geography	GEOG 1320		3	
PSYC	2320	Developmental Psychology <i>(or other ASLAS Social Science)</i>	PSYC 2370			

Health Education Core (25 credit hours)⁴

			UCA	Semester	Hours	Grade
BIOL	1104/1304	Human Anatomy and Physiology 1 and Lab	BIOL 1410		4	
BIOL	1105/1305	Human Anatomy and Physiology 2 and Lab	BIOL 2410		4	
BIOL	2101/2301	Microbiology and Lab	BIOL 2411		4	
HLSC	1300	Concepts of Lifetime Health and Wellness	H ED 1320		3	
MATH	2320	Introduction to Statistics and Probability	MATH 2311		3	
		<i>ASLAS Approved Elective</i>			3	
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		<i>ASLAS Approved Elective</i>			1	

Total Hours: 60⁵



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University of Central Arkansas
Bachelor of Science in Health Education
UCA Courses (60 credit hours)⁶

Required Core Courses (27 credit hours)			Semester	Hours	Grade
H ED	3300	Methods & Materials (UD UCA Core: C)		3	
H ED	3301	The Health Education Profession (UD UCA Core: R)		3	
H ED	3320	Epidemiological Research (UD UCA Core: I)		3	
H ED	4300	Community Health		3	
H ED	4320	Health Communication & Advocacy		3	
H ED	4331	Program Planning & Evaluation		3	
H ED	4370	Administration of Health Programs (UD UCA Core: C)		3	
H ED	4600	Health Education Internship (UD UCA Core: Z)		6	

Required Content Course (3 credit hours)			Semester	Hours	Grade
H ED	3325	Disease Management for Health Promotion		3	

Upper Division Diversity Elective (3 credit hours)			Semester	Hours	Grade
Choose one:					
H ED	3305	Human Sexuality (UD UCA Core: D)		3	
H ED	4343	Health Strategies for Multicultural Populations			
H ED	4395	Contemporary Health Concerns: Women (UD UCA Core: D)			
H ED	4396	Contemporary Health Concerns: Men (UD UCA Core: D)			

Major Electives (6 credit hours)			Semester	Hours	Grade
Choose at least 6 credit hours:					
H ED	2320	Mental Health		6	
H SC	3123	Medical Terminology			
H ED	3315	Theory & Practice of Prevention			
H ED	4301	Health Education in the Medical Care Setting			
H ED	4302	Health Education in the Worksite			
H ED	4303	Environmental Health Problems			
H ED	4310	Health Concerns of the Aging			
H ED	4312	Drug Education			
H ED	4398	Health Coaching I			
H ED	4399	Health Coaching II			

Electives (21 credit hours)			Semester	Hours	Grade
		Upper Division General Electives		4	
		General Electives		17	

Total Hours: 120⁷

¹ See your UA-PTC advisor for degree and graduation information.

² Agreement requirements are guaranteed in accordance with the academic year of initial enrollment at UA-PTC, not to precede the academic year during which the agreement first took effect. A period of non-enrollment of 12 months or more requires that the student adhere to the agreement revision corresponding with the academic year of re-enrollment.

³ UCA course is either guaranteed by ACTS (acts.adhe.edu) or by UCA Department Chair approval (if blank, elective credit will be awarded).

⁴ The following four courses prepare students for ACE Health Coaching Certification: H ED 1320, H ED 3325, H ED 4398, H ED 4399.

⁵ Students completing the AS in Liberal Arts and Sciences degree requirements, as shown above, with a minimum 2.0 cumulative GPA, will have satisfied the UCA Lower-Division Core and will be admitted to the BS in Health Sciences (Health Services Administration) degree program as a junior.

⁶ In order to receive important communications about transferring to UCA, students are encouraged to create a UCA student account at gopurple.uca.edu. For more information about the 2+2 program, students may also send email inquiries to ucatransfer@uca.edu.

⁷ This agreement requires 120 credit hours as follows: maximum 60 at UA-PTC and remaining 60 at UCA (40 of which must be upper-division).