



2+2 Degree Plan
Associate of Science in Liberal Arts and Sciences
Bachelor of Science in Health Education



Arkansas State University - Newport¹
Associate of Science in Liberal Arts and Sciences²

Possible Prerequisites			Semester	Hours	Grade
ENG	0051	Writing Seminar		N/C	
ENG	0053	English Fundamentals		N/C	
MATH	0021	Foundations of Mathematical Reasoning		N/C	
MATH	0083	Mathematical Fundamentals		N/C	
UNIV	1001	College and Life Skills		N/C	

General Education Requirements (35 credit hours)

English/Communication (9 credit hours)			UCA ³	Semester	Hours	Grade
ENG	1003	Composition I	WRTG 1310		3	
ENG	1013	Composition II	WRTG 1320		3	
SPCH	1203	Oral Communications	COMM 1300		3	

Mathematics (3 credit hours)			UCA	Semester	Hours	Grade
MATH	1023	College Algebra	MATH 1390		3	

Lab Sciences (8 credit hours)			UCA	Semester	Hours	Grade
BIOL	2404	Human Anatomy and Physiology I and Lab	BIOL 1410		4	
PHSC	1204	Physical Science & Lab <i>(or other ASLAS Physical Science with Lab)</i>	PHYS 1400		4	

Fine Arts/Humanities (6 credit hours)			UCA	Semester	Hours	Grade
ART	2503	Choose one: Fine Arts – Visual	ART 2300		3	
MUS	2503	Fine Arts – Musical	MUS 2300			
THEA	2503	Fine Arts – Theatre <i>(or other ASLAS Fine Arts)</i>	THEA 2300			
ENG	2003	Choose one: Introduction to Literature of the Western World I	ENGL 2305		3	
ENG	2013	Introduction to Literature of the Western World II <i>(or other ASLAS Humanities)</i>	ENGL 2306			

Social Sciences (9 credit hours)			UCA	Semester	Hours	Grade
HIST	2763	Choose one: The United States to 1876	HIST 2301		3	
HIST	2773	The United States Since 1876	HIST 2302			
POSC	2103	Introduction to United States Government	PSCI 1330			
HIST	1013	Choose one: World Civilization to 1660	HIST 1310		3	
HIST	1023	World Civilization since 1660	HIST 1320			
PSY	2013	Choose one: Introduction to Psychology	PSYC 1300		3	
SOC	2213	Principles of Sociology	SOC 1300			

Health Education Core (25 credit hours)

			Semester	Hours	Grade	
BIOL	2004	Microbiology and Lab	BIOL 2411		4	
BIOL	2414	Human Anatomy and Physiology II and Lab	BIOL 2410		4	
HLTH	2523	First Aid and Safety	H ED 2201		3	
MATH	2233	Applied Statistics	MATH 2311		3	
		<i>ASLAS Approved Electives</i>			11	

Total Hours: 60⁴



2+2 Degree Plan
Associate of Science in Liberal Arts and Sciences
Bachelor of Science in Health Education



University of Central Arkansas
Bachelor of Science in Health Education
UCA Courses (60 credit hours)⁶

Required Core Courses (30 credit hours)			Semester	Hours	Grade
H ED	1320	Essentials of Health and Wellness		3	
H ED	3300	Methods & Materials (UD UCA Core: C)		3	
H ED	3301	The Health Education Profession (UD UCA Core: R)		3	
H ED	3320	Epidemiological Research (UD UCA Core: I)		3	
H ED	4300	Community Health		3	
H ED	4320	Health Communication & Advocacy		3	
H ED	4331	Program Planning & Evaluation		3	
H ED	4370	Administration of Health Programs (UD UCA Core: C)		3	
H ED	4600	Health Education Internship (UD UCA Core: Z)		6	

Required Content Course (3 credit hours)			Semester	Hours	Grade
H ED	3325	Disease Management for Health Promotion		3	

Upper Division Diversity Elective (3 credit hours)			Semester	Hours	Grade
Choose one:					
H ED	3305	Human Sexuality (UD UCA Core: D)		3	
H ED	4343	Health Strategies for Multicultural Populations			
H ED	4395	Contemporary Health Concerns: Women (UD UCA Core: D)			
H ED	4396	Contemporary Health Concerns: Men (UD UCA Core: D)			

Major Electives (6 credit hours)			Semester	Hours	Grade
Choose at least 6 credit hours:					
H ED	2320	Mental Health		6	
H SC	3123	Medical Terminology			
H ED	3315	Theory & Practice of Prevention			
H ED	4301	Health Education in the Medical Care Setting			
H ED	4302	Health Education in the Worksite			
H ED	4303	Environmental Health Problems			
H ED	4310	Health Concerns of the Aging			
H ED	4312	Drug Education			
H ED	4398	Health Coaching I			
H ED	4399	Health Coaching II			

Electives (18 credit hours)			Semester	Hours	Grade
		Upper Division General Electives		4	
		General Electives		14	

Total Hours: 120⁷

¹ Please see your ASUN advisor for degree and graduation information.

² Agreement requirements are guaranteed in accordance with the academic year of initial enrollment at ASUN, not to precede the academic year during which the agreement first took effect. A period of non-enrollment of 12 months or more requires that the student adhere to the agreement revision corresponding with the academic year of re-enrollment.

³ UCA course is either guaranteed by ACTS (acts.adhe.edu) or by UCA Department Chair approval (if blank, elective credit will be awarded).

⁴ The following four courses prepare students for ACE Health Coaching Certification: H ED 1320, H ED 3325, H ED 4398, H ED 4399.

⁵ Students completing the AS in Liberal Arts and Sciences degree requirements, as shown above, with a minimum 2.0 cumulative GPA, will have satisfied the UCA Lower-Division Core and will be admitted to the BS in Health Education degree program as a junior.

⁶ In order to receive important communications about transferring to UCA, students are encouraged to create a UCA student account at gopurple.uca.edu. For more information about the 2+2 program, students may also send email inquiries to ucatransfer@uca.edu.

⁷ This agreement requires 120 credit hours as follows: maximum 60 at ASUN and remaining 60 at UCA (40 of which must be upper-division).