



**2+2 Degree Plan**  
**Associate of Science in Liberal Arts and Sciences**  
**Bachelor of Science in Health Education**



**North Arkansas College<sup>1</sup>**  
**Associate of Arts<sup>2</sup>**

**General Education Requirements (35 credit hours)**

<b>English/Communication (9 credit hours)</b>			<b>UCA<sup>3</sup></b>	<b>Semester</b>	<b>Hours</b>	<b>Grade</b>
ENGL	1013	English Composition I	WRTG 1310		3	
ENGL	1023	English Composition II	WRTG 1320		3	
SPCH	2303	Public Speaking	COMM 1300		3	

<b>Mathematics (3 credit hours)</b>			<b>UCA</b>	<b>Semester</b>	<b>Hours</b>	<b>Grade</b>
MAT	1223	College Algebra	MATH 1390		3	

<b>Lab Sciences (8 credit hours)</b>			<b>UCA</b>	<b>Semester</b>	<b>Hours</b>	<b>Grade</b>
BIOL	2214	Anatomy and Physiology I and Lab	BIOL 1410		4	
CHEM	1214	Fundamentals of Chemistry	CHEM 1402		4	

<b>Fine Arts/Humanities (6 credit hours)</b>			<b>UCA</b>	<b>Semester</b>	<b>Hours</b>	<b>Grade</b>
ART	1003	<b>Choose one:</b> Art Appreciation	ART 2300		3	
DRAM	1003	Theatre Appreciation	MUS 2300			
MUS	1003	Music Appreciation <i>(or other ASLAS Fine Arts)</i>	THEA 2300			
ENGL	2213	<b>Choose one:</b> World Literature I	ENGL 2305		3	
ENGL	2223	World Literature II <i>(or other ASLAS Humanities)</i>	ENGL 2306			

<b>Social Sciences (9 credit hours)</b>			<b>UCA</b>	<b>Semester</b>	<b>Hours</b>	<b>Grade</b>
HIST	2003	<b>Choose one:</b> United States History I	HIST 2301		3	
HIST	2013	United States History II	HIST 2302			
PLSC	2003	American National Government	PSCI 1330			
HIST	1113	<b>Choose one:</b> World Civilizations I	HIST 1310		3	
HIST	1123	World Civilizations II <i>(or other ASLAS Social Science)</i>	HIST 1320			
PSYC	2003	<b>Choose one:</b> General Psychology	PSYC 1300		3	
SOC	2013	Introduction to Sociology	SOC 1300			

**Health Education Core (25 credit hours)<sup>4</sup>**

			<b>UCA</b>	<b>Semester</b>	<b>Hours</b>	<b>Grade</b>
BIOL	2014	Microbiology	BIOL 2411		4	
BIOL	2224	Anatomy and Physiology II and Lab	BIOL 2410		4	
MAT	2133	Introduction to Statistics	MATH 2311		3	
HPER	1013	First Aid	H ED 2201		3	
		<i>ASLAS Approved Elective</i>			3	
		<i>ASLAS Approved Elective</i>			3	
		<i>ASLAS Approved Elective</i>			3	
		<i>ASLAS Approved Elective</i>			2	

**Total Hours: 60<sup>5</sup>**



**2+2 Degree Plan**  
**Associate of Science in Liberal Arts and Sciences**  
**Bachelor of Science in Health Education**



**University of Central Arkansas**  
**Bachelor of Science in Health Education**  
**UCA Courses (60 credit hours)<sup>6</sup>**

<b>Required Core Courses (27 credit hours)</b>			<b>Semester</b>	<b>Hours</b>	<b>Grade</b>
H ED	3300	Methods & Materials (UD UCA Core: C)		3	
H ED	3301	The Health Education Profession (UD UCA Core: R)		3	
H ED	3320	Epidemiological Research (UD UCA Core: I)		3	
H ED	4300	Community Health		3	
H ED	4320	Health Communication & Advocacy		3	
H ED	4331	Program Planning & Evaluation		3	
H ED	4370	Administration of Health Programs (UD UCA Core: C)		3	
H ED	4600	Health Education Internship (UD UCA Core: Z)		6	

<b>Required Content Courses (6 credit hours)</b>			<b>Semester</b>	<b>Hours</b>	<b>Grade</b>
H ED	1320	Essentials of Health and Wellness		3	
H ED	3325	Disease Management for Health Promotion		3	

<b>Upper Division Diversity Elective (3 credit hours)</b>			<b>Semester</b>	<b>Hours</b>	<b>Grade</b>
H ED	3305	<b>Choose one:</b> Human Sexuality (UD UCA Core: D)		3	
H ED	4343	Health Strategies for Multicultural Populations			
H ED	4395	Contemporary Health Concerns: Women (UD UCA Core: D)			
H ED	4396	Contemporary Health Concerns: Men (UD UCA Core: D)			

<b>Major Electives (6 credit hours)</b>			<b>Semester</b>	<b>Hours</b>	<b>Grade</b>
H ED	2320	<b>Choose at least 6 credit hours:</b> Mental Health		6	
H SC	3123	Medical Terminology			
H ED	3315	Theory & Practice of Prevention			
H ED	4301	Health Education in the Medical Care Setting			
H ED	4302	Health Education in the Worksite			
H ED	4303	Environmental Health Problems			
H ED	4310	Health Concerns of the Aging			
H ED	4312	Drug Education			
H ED	4398	Health Coaching I			
H ED	4399	Health Coaching II			

<b>Electives (18 credit hours)</b>			<b>Semester</b>	<b>Hours</b>	<b>Grade</b>
		Upper Division General Electives		4	
		General Electives		14	

**Total Hours: 120<sup>7</sup>**

<sup>1</sup> See your NAC advisor for degree and graduation information.

<sup>2</sup> Agreement requirements are guaranteed in accordance with the academic year of initial enrollment at NAC, not to precede the academic year during which the agreement first took effect. A period of non-enrollment of 12 months or more requires that the student adhere to the agreement revision corresponding with the academic year of re-enrollment.

<sup>3</sup> UCA course is either guaranteed by ACTS (acts.adhe.edu) or by UCA Department Chair approval (if blank, elective credit will be awarded).

<sup>4</sup> The following four courses prepare students for ACE Health Coaching Certification: H ED 1320, H ED 3325, H ED 4398, H ED 4399.

<sup>5</sup> Students completing the AA degree requirements, as shown above, with a minimum 2.0 cumulative GPA, will have satisfied the UCA Lower-Division Core and will be admitted to the BS in Health Education degree program as a junior.

<sup>6</sup> In order to receive important communications about transferring to UCA, students are encouraged to create a UCA student account at gopurple.uca.edu. For more information about the 2+2 program, students may also send email inquiries to ucatransfer@uca.edu.

<sup>7</sup> This agreement requires 120 credit hours as follows: maximum 60 at NAC and remaining 60 at UCA (40 of which must be upper-division).