



2+2 Degree Plan Checklist
Associate of Science in Liberal Arts and Sciences
BSE in Kinesiology and Physical Education



Arkansas State University - Beebe¹
Associate of Science in Liberal Arts and Sciences²

Possible Prerequisites			Semester	Hours	Grade
UNIV	1003	Principles of Academic Success III (required if registering for a remedial course)		(3)	
ENG	0013	Precollege Literacy		N/C	
ENG	0023	College Literacy (taken with ENG 1003 – Freshman English I)		N/C	
MATH	0123	Pre-College Algebra		N/C	
MATH	0112	Review for College Algebra (taken with MATH 1023 – College Algebra)		N/C	
MATH	0042	Review for Quantitative Literacy (taken with MATH 1043 – Quantitative Literacy)		N/C	

General Education Requirements (35 credit hours)³

English/Communication (9 credit hours) ³			UCA ⁴	Semester	Hours	Grade
ENG	1003	Freshman English I	WRTG 1310		3	
ENG	1013	Freshman English II	WRTG 1320		3	
SPCH	1203	Oral Communications	COMM 1300		3	

Mathematics (3 credit hours) ³			UCA	Semester	Hours	Grade
MATH	1023	College Algebra	MATH 1390		3	

Lab Sciences (8 credit hours) ³			UCA	Semester	Hours	Grade
BIOL	1004	Biology for General Education <i>(or other ASB Life Science with Lab)</i>	BIOL 1400		4	
PHSC	1204	Physical Science <i>(or other ASLAS Physical Science with Lab)</i>	PHYS 1400		4	

Fine Arts/Humanities (6 credit hours)			UCA	Semester	Hours	Grade
ART	2503	Choose one: Fine Arts - Visual	ART 2300		3	
MUS	2503	Fine Arts - Musical	MUS 2300			
THEA	2503	Fine Arts – Theatre <i>(or other ASLAS Fine Arts)</i>	THEA 2300			
ENG	2003	Choose one: World Literature I	ENGL 2305		3	
ENG	2013	World Literature II	ENGL 2306			
PHIL	1103	Introduction to Philosophy	PHIL 1301			

Social Sciences (6 credit hours)			UCA	Semester	Hours	Grade
HIST	2763	Choose one: The United States to 1876	HIST 2301		3	
HIST	2773	The United States since 1876	HIST 2302			
POSC	2103	Introduction to United States Government	PSCI 1330			
HIST	1013	Choose one: World Civilization to 1660	HIST 1310		3	
HIST	1023	World Civilization since 1660	HIST 1320			

Social or Behavioral Science Elective (3 credit hours) ³			UCA	Semester	Hours	Grade
PSY	2013	Introduction to Psychology	PSYC 1300		3	

Kinesiology & Physical Education Core (25 credit hours)^{3,5}

			UCA	Semester	Hours	Grade
BIOL	2023	Anatomical Kinesiology	EXSS 2381		3	
EDU	2023	Introduction to Teaching	EDUC 1300		3	
HLTH	2523	First Aid & Safety	H ED 2201		3	
PE	1022	Physical Conditioning I	PETE 1230		2	
PE	1722	Concepts of Fitness	EXSS 1320		2	
PE	1883	Foundations of Physical Education	EXSS 2300		3	
PE	2022	Teaching Basketball	PETE 2230		2	
PE	2032	Teaching Tennis	PETE 2220		2	
PE	2232	Recreational Games	PETE 2223		2	
PSY	2113	Psychology of Mental Health and Adjustment	H ED 2320		3	

Total Hours: 60⁶



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University of Central Arkansas
Bachelor of Science in Education in Kinesiology and Physical Education
UCA Courses (60 credit hours)⁷

			Semester	Hours	Grade
EDUC	3322	Diverse Learners in Inclusive Settings		3	
EDUC	4210	Integration of Technology into Teaching & Learning		2	
EXSS	2340	Motor Development & Learning		3	
EXSS	3303	Exercise Physiology		3	
EXSS	3316	Curriculum (UD UCA Core: R)		3	
EXSS	3382	Biomechanics (UD UCA Core: I)		3	
EXSS	4230	Fitness Assessment & Exercise Prescription		2	
EXSS	4320	Measurement & Evaluation in Human Performance (UD UCA Core: Z)		3	
EXSS	4395	Sport in American Society (UD UCA Core: D)		3	
H ED	3300	Methods & Materials (UD UCA Core: C)		3	
H ED	3325	Disease Management for Health Promotion		3	
MSIT	4325	Disciplinary Literacy (UD UCA Core: C)		3	
PETE	2250	Introduction to Dance & Rhythmical Activities		2	
PETE	3330	Physical Education for Elementary Grades (UD UCA Core: R)		3	
PETE	3363	Adapted Physical Education		3	
PETE	4310	Methods & Materials of Secondary Physical Education		3	
PETE	4380	Internship I: Physical Education & Health		3	
PETE	4690	Internship II: Physical Education & Health		6	
PETE	4691	Internship II: Physical Education & Health		6	

Total Hours: 120⁸

¹ Please see your ASUB advisor for degree and graduation information.

² Agreement requirements are guaranteed in accordance with the academic year of initial enrollment at ASUB, not to precede the academic year during which the agreement first took effect. A period of non-enrollment of 12 months or more requires that the student adhere to the agreement revision corresponding with the academic year of re-enrollment.

³ For complete information regarding admission to the UCA Teacher Education program, please visit uca.edu/ocs/2plus2-for-teachers.

⁴ UCA course is either guaranteed by ACTS (acts.adhe.edu) or by UCA Department Chair approval (if blank, elective credit will be awarded).

⁵ PE 1022 includes the PETE Fitness Test, which students must pass in order to be eligible for admission to the UCA Physical Education Teacher Education (K-12) program. If you have questions about this requirement, please see your advisor and/or contact the UCA Department of Exercise and Sport Science.

⁶ Students completing the AS in Liberal Arts and Sciences degree requirements, as shown above, will have satisfied the UCA Lower-Division Core. Upon successful completion of the admission process (uca.edu/ocs/2plus2-for-teachers) students will be eligible for admission to the UCA College of Education.

⁷ In order to receive important communications about transferring to UCA, students are encouraged to create a UCA student account at gopurple.uca.edu. For more information about the 2+2 program, students may also send email inquiries to ucatransfer@uca.edu.

⁸ This agreement requires 120 credit hours as follows: maximum 60 at ASUB and remaining 60 at UCA (40 of which must be upper-division).