



**2+2 Degree Plan Checklist**  
**Associate of Science in Liberal Arts and Sciences**  
**Bachelor of Science in Nutrition**



**Arkansas State University - Beebe<sup>1</sup>**  
**Associate of Science in Liberal Arts and Sciences<sup>2</sup>**

Possible Prerequisites			Semester	Hours	Grade
UNIV	1003	Principles of Academic Success III (required if registering for a remedial course)		(3)	
ENG	0013	Precollege Literacy		N/C	
ENG	0023	College Literacy (taken with ENG 1003 – Freshman English I)		N/C	
MATH	0012	Review for College Algebra (taken with MATH 1023 – College Algebra)		N/C	
MATH	0013	Foundations of Algebra I		N/C	

**General Education Requirements (35 credit hours)**

English/Communication (12 credit hours)			UCA <sup>3</sup>	Semester	Hours	Grade
ENG	1003	Freshman English I	WRTG 1310		3	
ENG	1013	Freshman English II	WRTG 1320		3	
SPCH	1203	Oral Communications	COMM 1300		3	
<b>Choose one:</b>						
ENG	2003	World Literature I	ENGL 2305		3	
ENG	2013	World Literature II	ENGL 2306			

Mathematics (3 credit hours)			UCA	Semester	Hours	Grade
MATH	1023	College Algebra	MATH 1390		3	

Lab Sciences (8 credit hours)			UCA	Semester	Hours	Grade
BIOL	1014	Principles of Biology	BIOL 1440		4	
CHEM	1014	General Chemistry I	CHEM 1450		4	

Fine Arts (3 credit hours)			UCA	Semester	Hours	Grade
<b>Choose one:</b>						
ART	2503	Fine Arts - Visual	ART 2300		3	
MUS	2503	Fine Arts - Musical	MUS 2300			
THEA	2503	Fine Arts – Theatre (or other ASLAS Fine Arts)	THEA 2300			

Social Sciences (6 credit hours)			UCA	Semester	Hours	Grade
<b>Choose one:</b>						
HIST	2763	The United States to 1876	HIST 2301		3	
HIST	2773	The United States since 1876	HIST 2302			
POSC	2103	Introduction to United States Government	PSCI 1330			
<b>Choose one:</b>						
HIST	1013	World Civilization to 1660	HIST 1310		3	
HIST	1023	World Civilization since 1660	HIST 1320			

Social or Behavioral Science Elective (3 credit hours)			UCA	Semester	Hours	Grade
<b>Choose one:</b>						
PSY	2013	Introduction to Psychology	PSYC 1300		3	
SOC	2213	Principles of Sociology (or other ASLAS Social Science)	SOC 1300			

**Nutrition Core (25 credit hours)<sup>4</sup>**

			UCA	Semester	Hours	Grade
BIOL	2013	Nutrition	NUTR 1300		3	
BIOL	2104	Microbiology	BIOL 2411		4	
MATH	2233	Applied Statistics	MATH 2311		3	
PE	1623	Concepts of Fitness	H ED 1320		3	
PSY	2533	Human Growth and Development	PSYC 2370		3	
ZOOL	1014	Basic Human Anatomy and Physiology	BIOL 2405		4	
					3	
					2	

**Total Hours: 60<sup>5</sup>**



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**University of Central Arkansas**  
**Bachelor of Science in Nutrition**  
**UCA Courses (60 credit hours)<sup>6</sup>**

			Semester	Hours	Grade
CHEM	2450	Introduction to Organic and Biochemistry		4	
FACS	3311	Resource Management (UD UCA Core: C)		3	
FACS	3372	Personal & Family Finance (UD UCA Core: I, R)		3	
FACS	3456	Methods in Family & Consumer Sciences Education (UD UCA Core: Z)		4	
NUTR	2311	Meal Management		3	
NUTR	3310	Food Science		3	
NUTR	3350	Community Nutrition		3	
NUTR	3370	Lifecycle Nutrition		3	
NUTR	3380	Food Economics		3	
NUTR	3390	Nutrition & Metabolism		3	
NUTR	4301	Research in Family & Consumer Sciences/Nutrition		3	
NUTR	4315	Sports Nutrition		3	
NUTR	4321	Nutritional Services Administration		3	
NUTR	4325	Medical Nutrition Therapy I		3	
NUTR	4335	Nutrition Senior Seminar (UD UCA Core: Z)		3	
NUTR	4351	Experimental Food Science		3	
NUTR	4374	Medical Nutrition Therapy II		3	
NUTR	4395	Nutrition: Contemporary Issues (UD UCA Core: D)		3	
		General Elective		3	
		General Elective		1	

**Total Hours: 120<sup>7</sup>**

<sup>1</sup> See your ASUB advisor for degree and graduation information.

<sup>2</sup> Agreement requirements are guaranteed in accordance with the academic year of initial enrollment at ASUB, not to precede the academic year during which the agreement first took effect. A period of non-enrollment of 12 months or more requires that the student adhere to the agreement revision corresponding with the academic year of re-enrollment.

<sup>3</sup> UCA course is either guaranteed by ACTS (acts.adhe.edu) or by UCA Department Chair approval (if blank, elective credit will be awarded).

<sup>4</sup> As per the Arkansas Course Transfer System (ACTS), PSY 2533 will officially transfer to UCA as PSYC 2370. However, the UCA Family and Consumer Sciences Education department will allow PSY 2533 to serve as a substitute for the FACS 2341 course requirement.

<sup>5</sup> Students completing the AS in Liberal Arts and Sciences degree requirements, as shown above, with a minimum 2.0 cumulative GPA, will have satisfied the UCA Lower-Division Core and will be admitted to the BS in Nutrition degree program as a junior.

<sup>6</sup> In order to receive important communications about transferring to UCA, students are encouraged to create a UCA student account at [gopurple.uca.edu](http://gopurple.uca.edu). For more information about the 2+2 program, students may also send email inquiries to [ucatransfer@uca.edu](mailto:ucatransfer@uca.edu).

<sup>7</sup> This agreement requires 120 credit hours as follows: maximum 60 at ASUB and remaining 60 at UCA (40 of which must be upper-division).