



2+2 Degree Plan Checklist

Associate of Science in Liberal Arts Bachelor of Science in Health Education



University of Arkansas Community College at Morrilton¹ Associate of Science in Liberal Arts²

Possible Prerequisites			Semester	Hours	Grade
ACAD	0001	College Orientation		N/C	
ACAD	0123	Foundations of Mathematics		N/C	
ACAD	0213	Reading		N/C	
ACAD	0303	Basic Composition		N/C	
ACAD	0421L	College Success		N/C	
ACAD	0503	Fundamentals of Computers		N/C	
MATH	0501L	Beginning Keyboarding		N/C	
MATH	0803	Basic Algebra		N/C	
MATH	0903	Intermediate Algebra		N/C	

General Education Requirements (35 credit hours)

English/Communication (9 credit hours)			UCA ³	Semester	Hours	Grade
ENG	1013	Composition I	WRG 1310		3	
ENG	1023	Composition II	WRG 1320		3	
SPH	2303	Introduction to Oral Communications	COMM 1300		3	

Mathematics (3 credit hours)			UCA	Semester	Hours	Grade
MATH	1203	College Algebra	MATH 1390		3	

Lab Sciences (8 credit hours)			UCA	Semester	Hours	Grade
BIOL	2004	Human Anatomy and Physiology I	BIOL 1410		4	
PHY	2004	Physical Science <i>(or other ASLA Physical Science with Lab)</i>	PHYS 1400		4	

Fine Arts/Humanities (6 credit hours)			UCA	Semester	Hours	Grade
ART	2003	Choose one: Art Appreciation	ART 2300		3	
MUS	2003	Music Appreciation	MUS 2300			
THEA	2003	Theatre Appreciation <i>(or other ASLA Fine Arts)</i>	THEA 2300			
ENG	2213	Choose one: World Literature I	ENGL 2305		3	
ENG	2223	World Literature II	ENGL 2306			

History/Government (3 credit hours)			UCA	Semester	Hours	Grade
PSCI	2003	Choose one: American Government	PSCI 1330		3	
HIST	2003	U.S. History I	HIST 2301			
HIST	2013	U.S. History II	HIST 2302			

Social Science (6 credit hours)			UCA	Semester	Hours	Grade
HIST	1003	Choose one: Western Civilization I	HIST 1310		3	
HIST	1013	Western Civilization II	HIST 1320			
PSY	2003	Choose one: General Psychology	PSYC 1300		3	
SOC	2013	Introduction to Sociology	SOC 1300			

Health Education Core (25 credit hours)⁴

			UCA	Semester	Hours	Grade
BIOL	2014	Human Anatomy and Physiology II	BIOL 2410		4	
BIOL	2104	Microbiology	BIOL 2411		4	
MATH	2003	Introduction to Statistics	MATH 2311		3	
		<i>ASLA Approved Elective</i>			3	
		<i>ASLA Approved Elective</i>			3	
		<i>ASLA Approved Elective</i>			3	
		<i>ASLA Approved Elective</i>			3	
		<i>ASLA Approved Elective</i>			2	

Total Hours: 60⁵



2+2 Degree Plan Checklist
Associate of Science in Liberal Arts
Bachelor of Science in Health Education



University of Central Arkansas
Bachelor of Science in Health Education
UCA Courses (60 credit hours)⁶

Required Core Courses (27 credit hours)			Semester	Hours	Grade
H ED	3300	Methods & Materials (UD UCA Core: C)		3	
H ED	3301	The Health Education Profession (UD UCA Core: R)		3	
H ED	3320	Epidemiological Research (UD UCA Core: I)		3	
H ED	4300	Community Health		3	
H ED	4320	Health Communication & Advocacy		3	
H ED	4331	Program Planning & Evaluation		3	
H ED	4370	Administration of Health Programs		3	
H ED	4600	Health Education Internship (UD UCA Core: Z)		6	

Required Content Courses (6 credit hours)			Semester	Hours	Grade
H ED	1320	Essentials of Health and Wellness		3	
H ED	3325	Disease Management for Health Promotion		3	

Upper Division Diversity Elective (3 credit hours)			Semester	Hours	Grade
Choose one:					
H ED	3305	Human Sexuality (UD UCA Core: D)		3	
H ED	4343	Health Strategies for Multicultural Populations			
H ED	4395	Contemporary Health Concerns: Women (UD UCA Core: D)			
H ED	4396	Contemporary Health Concerns: Men (UD UCA Core: D)			

Major Electives (6 credit hours)			Semester	Hours	Grade
Choose at least 6 credit hours:					
H ED	2320	Mental Health		6	
H SC	3123	Medical Terminology			
H ED	3315	Theory & Practice of Prevention			
H ED	4301	Health Education in the Medical Care Setting			
H ED	4302	Health Education in the Worksite			
H ED	4303	Environmental Health Problems			
H ED	4310	Health Concerns of the Aging			
H ED	4312	Drug Education			
H ED	4398	Health Coaching I			
H ED	4399	Health Coaching II			

Electives (18 credit hours)			Semester	Hours	Grade
		Upper Division General Electives		4	
		General Electives		14	

Total Hours: 120⁷

¹ See your UACCM advisor for degree and graduation information.

² Agreement requirements are guaranteed in accordance with the academic year of initial enrollment at UACCM, not to precede the academic year during which the agreement first took effect. A period of non-enrollment of 12 months or more requires that the student adhere to the agreement revision corresponding with the academic year of re-enrollment.

³ UCA course is either guaranteed by ACTS (acts.adhe.edu) or by UCA Department Chair approval (if blank, elective credit will be awarded).

⁴ The following four courses prepare students for ACE Health Coaching Certification: H ED 1320, H ED 3325, H ED 4398, H ED 4399.

⁵ Students completing the AS in Liberal Arts degree requirements, as shown above, with a minimum 2.0 cumulative GPA, will have satisfied the UCA Lower-Division Core and will be admitted to the BS in Health Education degree program as a junior.

⁶ In order to receive important communications about transferring to UCA, students are encouraged to create a UCA student account at gopurple.uca.edu. For more information about the 2+2 program, students may also send email inquiries to ucatransfer@uca.edu.

⁷ This agreement requires 120 credit hours as follows: maximum 60 at UACCM and remaining 60 at UCA (40 of which must be upper-division).