



2+2 Degree Plan Checklist

Associate of Science in Liberal Arts and Sciences Bachelor of Science in Health Education



Northwest Arkansas Community College¹ Associate of Science in Liberal Arts and Sciences²

Possible Prerequisites			Semester	Hours	Grade
ENGL	0063	Intermediate Writing		N/C	
READ	0033	College Reading		N/C	
MATH	0053	Beginning Algebra		N/C	
MATH	0103	Intermediate Algebra		N/C	

General Education Requirements (36 credit hours)

English Composition (6 credit hours)			UCA ³	Semester	Hours	Grade	
ENGL	1013	Composition I	WRTG 1310		3		
ENGL	1023	Composition II	WRTG 1320		3		
Mathematics (4 credit hours)			UCA	Semester	Hours	Grade	
MATH	1204	College Algebra	MATH 1390		4		
Lab Sciences (8 credit hours)			UCA	Semester	Hours	Grade	
BIOL	2214	Anatomy and Physiology I	BIOL 2406				
PHSC	2004	Introduction to Physical Science (or other ASLAS Physical Science with Lab)	PHYS 1400		4		
Fine Arts/Humanities (6 credit hours)			UCA	Semester	Hours	Grade	
ARHS	1003	Choose one: Art Appreciation	ART 2300		3		
MUSI	1003						MUS 2300
COMM	1303						COMM 1300
ENGL	2213	Choose one: Survey of World Literature to 1650	ENGL 2305		3		
ENGL	2223						ENGL 2306
US History/Government (3 credit hours)			UCA	Semester	Hours	Grade	
HIST	2003	Choose one: History of American People to 1877	HIST 2301		3		
HIST	2013						HIST 2302
PLSC	2003						PSCI 1330
Social Sciences (9 Credit Hours)			UCA	Semester	Hours	Grade	
ANTH	1023	Choose three: Introduction to Cultural Anthropology	ANTH 2300		9		
HIST	1033						HIST 1310
HIST	1043						HIST 1320
PHIL	2003						PHIL 1301
PSYC	2003						PSYC 1300
SOCI	2013						SOC 1300

Health Education Core (24 credit hours)⁴

STEM Directed Electives (8 credit hours)			UCA	Semester	Hours	Grade
BIOL	2224	Anatomy and Physiology II	BIOL 2407		4	
MBIO	2014	General Microbiology	BIOL 2411		4	

General Directed Electives (16 credit hours)			UCA	Semester	Hours	Grade
CISQ	2013	Business Statistics	QMTH 2330		3	
		ASLAS Approved Elective			3	
		ASLAS Approved Elective			3	
		ASLAS Approved Elective			3	
		ASLAS Approved Elective			3	
		ASLAS Approved Elective			1	

Total Hours: 60⁵



2+2 Degree Plan Checklist
Associate of Science in Liberal Arts and Sciences
Bachelor of Science in Health Education



University of Central Arkansas
Bachelor of Science in Health Education
UCA Courses (60 credit hours)⁶

Required Core Courses (27 credit hours)			Semester	Hours	Grade
H ED	3300	Methods & Materials (UD UCA Core: C)		3	
H ED	3301	The Health Education Profession (UD UCA Core: R)		3	
H ED	3320	Epidemiological Research (UD UCA Core: I)		3	
H ED	4300	Community Health		3	
H ED	4320	Health Communication & Advocacy		3	
H ED	4331	Program Planning & Evaluation		3	
H ED	4370	Administration of Health Programs		3	
H ED	4600	Health Education Internship (UD UCA Core: Z)		6	

Required Content Courses (6 credit hours)			Semester	Hours	Grade
H ED	1320	Essentials of Health and Wellness		3	
H ED	3325	Disease Management for Health Promotion		3	

Upper Division Diversity Elective (3 credit hours)			Semester	Hours	Grade
Choose one:					
H ED	3305	Human Sexuality (UD UCA Core: D)		3	
H ED	4343	Health Strategies for Multicultural Populations			
H ED	4395	Contemporary Health Concerns: Women (UD UCA Core: D)			
H ED	4396	Contemporary Health Concerns: Men (UD UCA Core: D)			

Major Electives (6 credit hours)			Semester	Hours	Grade
Choose at least 6 credit hours:					
H ED	2320	Mental Health		6	
H SC	3123	Medical Terminology			
H ED	3315	Theory & Practice of Prevention			
H ED	4301	Health Education in the Medical Care Setting			
H ED	4302	Health Education in the Worksite			
H ED	4303	Environmental Health Problems			
H ED	4310	Health Concerns of the Aging			
H ED	4312	Drug Education			
H ED	4398	Health Coaching I			
H ED	4399	Health Coaching II			

Electives (18 credit hours)			Semester	Hours	Grade
		Upper Division General Electives		4	
		General Electives		14	

Total Hours: 120⁷

¹ See your NWACC advisor for degree and graduation information.

² Agreement requirements are guaranteed in accordance with the academic year of initial enrollment at NWACC, not to precede the academic year during which the agreement first took effect. A period of non-enrollment of 12 months or more requires that the student adhere to the agreement revision corresponding with the academic year of re-enrollment.

³ UCA course is either guaranteed by ACTS (acts.adhe.edu) or by UCA Department Chair approval (if blank, elective credit will be awarded).

⁴ The following four courses prepare students for ACE Health Coaching Certification: H ED 1320, H ED 3325, H ED 4398, H ED 4399.

⁵ Students completing the AS in Liberal Arts and Sciences degree requirements, as shown above, with a minimum 2.0 cumulative GPA, will have satisfied the UCA Lower-Division Core and will be admitted to the BS in Health Education degree program as a junior.

⁶ In order to receive important communications about transferring to UCA, students are encouraged to create a UCA student account at gopurple.uca.edu. For more information about the 2+2 program, students may also send email inquiries to ucatransfer@uca.edu.

⁷ This agreement requires 120 credit hours as follows: maximum 60 at NWACC and remaining 60 at UCA (40 of which must be upper-division).