



2+2 Degree Plan Checklist
Associate of Science in Liberal Arts and Sciences
Bachelor of Science in Health Education



Black River Technical College¹
Associate of Science in Liberal Arts and Sciences²

Possible Prerequisites			Semester	Hours	Grade
COLL	1001	College Success Strategies		N/C	
ENG	0023	Writing Fundamentals		N/C	
MATH	0023	Introductory Algebra		N/C	
MATH	0033	Intermediate Algebra		N/C	
READ	0033	Reading		N/C	

General Education Requirements (35 credit hours)

English/Communication (9 credit hours)			UCA ³	Semester	Hours	Grade
ENG	1003	Freshman English I	WRTG 1310		3	
ENG	1013	Freshman English II	WRTG 1320		3	
SCOM	1203	Oral Communications	COMM 1300		3	

Mathematics (3 credit hours)			UCA	Semester	Hours	Grade
MATH	1023	College Algebra	MATH 1390		3	

Lab Sciences (8 credit hours)			UCA	Semester	Hours	Grade
BIOL	2004	Human Anatomy and Physiology I & Lab	BIOL 2406		4	
GSP	1004	Physical Science with Lab <i>(or other ASLAS Physical Science with Lab)</i>	PHYS 1400		4	

Fine Arts/Humanities (6 credit hours)			UCA	Semester	Hours	Grade
FAV	2503	Choose one: Fine Arts Visual	ART 2300		3	
FAM	2503	Fine Arts Musical	MUS 2300			
FAT	2203	Fine Arts Theatre <i>(or other ASLAS Fine Arts)</i>	THEA 2300			
ENG	2003	Choose one: Introduction to World Literature I	ENGL 2305		3	
ENG	2013	Introduction to World Literature II <i>(or other ASLAS Humanities)</i>	ENGL 2306			

Social Sciences (6 credit hours)			UCA	Semester	Hours	Grade
HIST	2763	Choose one: The United States to 1876	HIST 2301		3	
HIST	2773	The United States since 1876	HIST 2302			
POSC	2103	United States Government	PSCI 1330			
HIST	1013	Choose one: World Civilization to 1660	HIST 1310		3	
HIST	1023	World Civilization since 1660 <i>(or other ASLAS Social Science)</i>	HIST 1320			

Social or Behavioral Science Elective (3 credit hours)			UCA	Semester	Hours	Grade
PSY	2513	Choose one: Introduction to Psychology	PSYC 1300		3	
SOC	2213	Principles of Sociology	SOC 1300			

Health Education Core (25 credit hours)⁴

			UCA	Semester	Hours	Grade
BIOL	2104	Microbiology and Lab	BIOL 2411		4	
BIOL	2414	Human Anatomy and Physiology II & Lab	BIOL 2407		4	
HLTH	2523	First Aid and Safety	H ED 2201		3	
QM	2113	Business Statistics	MATH 2311		3	
		<i>ASLAS Approved Elective</i>			3	
		<i>ASLAS Approved Elective</i>			3	
		<i>ASLAS Approved Elective</i>			3	
		<i>ASLAS Approved Elective</i>			2	

Total Hours: 60⁵



2+2 Degree Plan Checklist
Associate of Science in Liberal Arts and Sciences
Bachelor of Science in Health Education



University of Central Arkansas
Bachelor of Science in Health Education
UCA Courses (60 credit hours)⁶

Required Core Courses (27 credit hours)			Semester	Hours	Grade
H ED	3300	Methods & Materials (UD UCA Core: C)		3	
H ED	3301	The Health Education Profession (UD UCA Core: R)		3	
H ED	3320	Epidemiological Research (UD UCA Core: I)		3	
H ED	4300	Community Health		3	
H ED	4320	Health Communication & Advocacy		3	
H ED	4331	Program Planning & Evaluation		3	
H ED	4370	Administration of Health Programs		3	
H ED	4600	Health Education Internship (UD UCA Core: Z)		6	
Required Content Courses (6 credit hours)			Semester	Hours	Grade
H ED	1320	Essentials of Health and Wellness		3	
H ED	3325	Disease Management for Health Promotion		3	
Upper Division Diversity Elective (3 credit hours)			Semester	Hours	Grade
H ED	3305	Choose one: Human Sexuality (UD UCA Core: D)		3	
H ED	4343	Health Strategies for Multicultural Populations			
H ED	4395	Contemporary Health Concerns: Women (UD UCA Core: D)			
H ED	4396	Contemporary Health Concerns: Men (UD UCA Core: D)			
Major Electives (6 credit hours)			Semester	Hours	Grade
H ED	2320	Choose at least 6 credit hours: Mental Health		6	
H SC	3123	Medical Terminology			
H ED	3315	Theory & Practice of Prevention			
H ED	4301	Health Education in the Medical Care Setting			
H ED	4302	Health Education in the Worksite			
H ED	4303	Environmental Health Problems			
H ED	4310	Health Concerns of the Aging			
H ED	4312	Drug Education			
H ED	4398	Health Coaching I			
H ED	4399	Health Coaching II			
Electives (18 credit hours)			Semester	Hours	Grade
		Upper Division General Electives		4	
		General Electives		14	

Total Hours: 120⁷

¹ See your BRTC advisor for degree and graduation information.

² Agreement requirements are guaranteed in accordance with the academic year of initial enrollment at BRTC, not to precede the academic year during which the agreement first took effect. A period of non-enrollment of 12 months or more requires that the student adhere to the agreement revision corresponding with the academic year of re-enrollment.

³ UCA course is either guaranteed by ACTS (acts.adhe.edu) or by UCA Department Chair approval (if blank, elective credit will be awarded).

⁴ The following four courses prepare students for ACE Health Coaching Certification: H ED 1320, H ED 3325, H ED 4398, H ED 4399.

⁵ Students completing the AS in Liberal Arts and Sciences degree requirements, as shown above, with a minimum 2.0 cumulative GPA, will have satisfied the UCA Lower-Division Core and will be admitted to the BS in Health Education degree program as a junior.

⁶ In order to receive important communications about transferring to UCA, students are encouraged to create a UCA student account at gopurple.uca.edu. For more information about the 2+2 program, students may also send email inquiries to ucatransfer@uca.edu.

⁷ This agreement requires 120 credit hours as follows: maximum 60 at BRTC and remaining 60 at UCA (40 of which must be upper-division).