



2+2 Degree Plan Checklist

Associate of Science in Liberal Arts and Sciences Bachelor of Science in Health Education



Northwest Arkansas Community College¹ Associate of Science in Liberal Arts and Sciences²

Possible Prerequisites			Semester	Hours	Grade
ENGL	0063	Intermediate Writing		N/C	
MATH	0053	Beginning Algebra		N/C	
MATH	0103	Intermediate Algebra		N/C	
READ	0033	College Reading		N/C	

General Education Requirements (36 credit hours)

English Composition (6 credit hours)			UCA ³	Semester	Hours	Grade
ENGL	1013	Composition I	WRTG 1310		3	
ENGL	1023	Composition II	WRTG 1320		3	

Mathematics (4 credit hours)			UCA	Semester	Hours	Grade
MATH	1204	College Algebra	MATH 1390		4	

Lab Sciences (8 credit hours)			UCA	Semester	Hours	Grade
BIOL	2214	Anatomy and Physiology I	BIOL 1410		4	
PHSC	2004	Introduction to Physical Science (or other ASLAS Physical Science with Lab)	PHYS 1400		4	

Fine Arts/Humanities (6 credit hours)			UCA	Semester	Hours	Grade
ARHS	1003	Art Appreciation or	ART 2300		3	
COMM	1303	Public Speaking or	COMM 1300			
MUSI	1003	Music Appreciation (or other ASLAS Fine Arts)	MUS 2300			
ENG	2213	Survey of World Literature to 1650 or	ENGL 2305		3	
ENG	2223	Survey of World Literature from 1650 (or other ASLAS Humanities)	ENGL 2306			

U.S. History/Government (3 credit hours)			UCA	Semester	Hours	Grade
HIST	2003	History of American People to 1877 or	HIST 2301		3	
HIST	2013	History of American People 1877 to Present or	HIST 2302			
PLSC	2003	American National Government	PSCI 1330			

Social Sciences (9 credit hours)			UCA	Semester	Hours	Grade
PSYC	2003	General Psychology or	PSYC 1300		3	
SOCI	2013	General Sociology	SOC 1300			
ANTH	1023	Introduction to Cultural Anthropology or	ANTH 1302		6	
HIST	1033	World Civilizations to 1500 or	HIST 1310			
HIST	1043	World Civilizations from 1500 or	HIST 1320			
PHIL	2003	Introduction to Philosophy or	PHIL 1301			
PHIL	2033	World Religions or	RELG 1320			
PSYC	2103	Human Growth and Development or	PSYC 2370			
SOCI	2033	Social Problems (or other ASLAS Social Science)	SOC 2325			

Health Education Core (24 credit hours)

			UCA	Semester	Hours	Grade
BIOL	2224	Anatomy and Physiology II	BIOL 2410		4	
CISQ	2013	Business Statistics	QMTH 2330		3	
HLSC	1103	Personal Health and Safety	H ED 2200		3	
MBIO	2014	General Microbiology	BIOL 2411		4	
		ASLAS Approved Elective			3	
		ASLAS Approved Elective			3	
		ASLAS Approved Elective			3	
		ASLAS Approved Elective			1	

Total Hours: 60⁴



2+2 Degree Plan Checklist

Associate of Science in Liberal Arts and Sciences

Bachelor of Science in Health Education



University of Central Arkansas

Bachelor of Science in Health Education

UCA Courses (60 credit hours)⁵

Major Requirements (29 credit hours)			Semester	Hours	Grade
H ED	2201	First Aid		2	
H ED	3300	Health Education Methods and Materials (UD UCA Core: C)		3	
H ED	3301	Theoretical Bases of Health Education (UD UCA Core: R)		3	
H ED	3320	Epidemiological Research (UD UCA Core: I)		3	
H ED	4300	Community Health Programs		3	
H ED	4320	Health Promotion Interventions		3	
H ED	4331	Program Planning and Evaluation		3	
H ED	4370	Administration of Health Programs		3	
H ED	4600	Health Education Internship (UD UCA Core: Z)		6	

Major Electives (9 credit hours)			Semester	Hours	Grade
H ED	2320	Choose three: Mental Health		9	
H ED	3305	Human Sexuality (UD UCA Core: D)			
H ED	3315	Theory and Practice of Prevention			
H ED	4301	Health Education in the Medical Care Setting			
H ED	4302	Health Education in the Worksite			
H ED	4303	Environmental Health Problems			
H ED	4312	Drug Education			
H ED	4343	Health Strategies for Multicultural Populations			

Electives (22 credit hours)			Semester	Hours	Grade
		Upper Division General Elective		3	
		Upper Division General Elective		3	
		Upper Division General Elective		3	
		Upper Division General Elective		3	
		General Elective		3	
		General Elective		3	
		General Elective		3	
		General Elective		1	

Total Hours: 120⁶

¹ Please see your NWACC advisor for degree and graduation information.

² Agreement requirements are guaranteed in accordance with the academic year of initial enrollment at NWACC, not to precede the academic year during which the agreement first took effect. A period of non-enrollment of 12 months or more requires that the student adhere to the agreement revision corresponding with the year of re-enrollment.

³ UCA course is either guaranteed by ACTS (acts.adhe.edu) or by UCA Department Chair approval (if blank, elective credit will be awarded).

⁴ Students completing the AS in Liberal Arts and Sciences degree, as shown above, with a minimum 2.0 cumulative GPA, will have satisfied the UCA Lower-Division Core and will be admitted to the BS in Health Education degree program as a junior.

⁵ In order to receive important communications about transferring to UCA, students are encouraged to create a UCA student account at gopurple.uca.edu. For more information about the 2+2 program, students may also send email inquiries to ucatransfer@uca.edu.

⁶ This agreement requires 120 credit hours: maximum 60 at NWACC and remaining 60 at UCA (40 of which must be upper-division).