



2+2 Degree Plan Checklist

Associate of Science in Liberal Arts and Sciences Bachelor of Science in Health Education



National Park College¹ Associate of Science in Liberal Arts and Sciences²

Possible Prerequisites			Semester	Hours	Grade
LAD	9014	Foundations of College Math 1		N/C	
LAD	9024	Foundations of College Math 2		N/C	
LAD	9033	Foundations of Writing		N/C	
LAD	9043	Foundations of Reading		N/C	
LAD	9053	Accelerated Learning Plan Writing		N/C	

General Education Requirements (35 credit hours)

English/Communication (9 credit hours)			UCA ³	Semester	Hours	Grade
ENG	1113	English Composition I	WRTG 1310		3	
ENG	1123	English Composition II	WRTG 1320		3	
SPCH	1103	Fundamentals of Public Speaking	COMM 1300		3	

Mathematics (3 credit hours)			UCA	Semester	Hours	Grade
MATH	1123	College Algebra	MATH 1390		3	

Lab Sciences (8 credit hours)			UCA	Semester	Hours	Grade
BIOL	2224	Anatomy and Physiology I	BIOL 1410		4	
CHEM	1104	Chemistry for Non-Majors I or	CHEM 1400		4	
CHEM	1204	General Chemistry I	CHEM 1450			

Fine Arts/Humanities (6 credit hours)			UCA	Semester	Hours	Grade
ART	1593	Art Appreciation for Non-Art Majors or	ART 2300		3	
MUS	1213	Music Appreciation or	MUS 2300			
TART	1153	Introduction to Theatre <i>(or other ASLAS approved Fine Arts)</i>	THEA 2300			
ENG	2273	World Literature I or	ENGL 2305		3	
ENG	2283	World Literature II <i>(or other ASLAS approved Humanities)</i>	ENGL 2306			

Social Sciences (9 credit hours)			UCA	Semester	Hours	Grade
HIST	2223	United States History to 1865 or	HIST 2301		3	
HIST	2233	United States History since 1865 or	HIST 2302			
POLS	1113	American National Government	PSCI 1330			
HIST	2253	World Civilization to 1500 or	HIST 1310		3	
HIST	2263	World Civilization since 1500	HIST 1320			
PSYC	1103	General Psychology or	PSYC 1300		3	
SOC	1103	Introduction to Sociology	SOC 1300			

Health Education Core (25 credit hours)

			UCA	Semester	Hours	Grade
BIOL	2234	Anatomy and Physiology II	BIOL 2410		4	
BIOL	2244	Microbiology	BIOL 2411		4	
HPR	1113	Personal Safety and First Aid	H ED 2200		3	
MATH	1293	Introduction to Statistics	MATH 2311		3	
PE	1102	Life Fitness Concepts	KPED 1291		2	
		<i>ASLAS Approved Elective</i>			3	
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Total Hours: 60⁴



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Bachelor of Science in Health Education



University of Central Arkansas
Bachelor of Science in Health Education

UCA Courses (60 credit hours)⁵

Major Requirements (29 credit hours)			Semester	Hours	Grade
H ED	2201	First Aid		2	
H ED	3300	Health Education Methods and Materials (UD UCA Core: C)		3	
H ED	3301	Theoretical Bases of Health Education (UD UCA Core: R)		3	
H ED	3320	Epidemiological Research (UD UCA Core: I)		3	
H ED	4300	Community Health Programs		3	
H ED	4320	Health Promotion Interventions		3	
H ED	4331	Program Planning and Evaluation		3	
H ED	4370	Administration of Health Programs		3	
H ED	4600	Health Education Internship (UD UCA Core: Z)		6	

Major Electives (9 credit hours)			Semester	Hours	Grade
H ED	2320	Choose three: Mental Health		9	
H ED	3305	Human Sexuality (UD UCA Core: D)			
H ED	3315	Theory and Practice of Prevention			
H ED	4301	Health Education in the Medical Care Setting			
H ED	4302	Health Education in the Worksite			
H ED	4303	Environmental Health Problems			
H ED	4312	Drug Education			
H ED	4343	Health Strategies for Multicultural Populations			

Electives (22 credit hours)			Semester	Hours	Grade
		Upper Division General Elective		3	
		Upper Division General Elective		3	
		Upper Division General Elective		3	
		Upper Division General Elective		3	
		General Elective		3	
		General Elective		3	
		General Elective		3	
		General Elective		1	

Total Hours: 120⁶

¹ Please see your NPC advisor for degree and graduation information.
² Agreement requirements are guaranteed in accordance with the academic year of initial enrollment at NPC, not to precede the academic year during which the agreement first took effect. A period of non-enrollment of 12 months or more requires that the student adhere to the agreement revision corresponding with the academic year of re-enrollment.
³ UCA course is either guaranteed by ACTS (acts.adhe.edu) or by UCA Department Chair approval (if blank, elective credit will be awarded).
⁴ Students completing the AS in Liberal Arts and Sciences degree, as shown above, with a minimum 2.0 cumulative GPA, will have satisfied the UCA Lower-Division Core and will be admitted to the BS in Health Education degree program as a junior.
⁵ In order to receive important communications about transferring to UCA, students are encouraged to create a UCA student account at gopurple.uca.edu. For more information about the 2+2 program, students may also send email inquiries to ucatransfer@uca.edu.
⁶ This agreement requires 120 credit hours as follows: maximum 60 at NPC and remaining 60 at UCA (40 of which must be upper-division).