



# 2+2 Degree Plan Checklist

## Associate of Science in Liberal Arts and Sciences

### BS in Health Education



## North Arkansas College<sup>1</sup>

### Associate of Science in Liberal Arts and Sciences<sup>2</sup>

Possible Prerequisites			Semester	Hours	Grade
CP	0816	Introduction to Language		N/C	
CP	0911	Fundamentals of Algebra		N/C	
CP	0912	College Reading		N/C	
CP	0913	Fundamentals of Language		N/C	
CP	0922	Fundamentals of Algebra II		N/C	
CP	0933	Fundamentals of Algebra III		N/C	

### General Education Requirements (35 credit hours)

English/Communication (9 credit hours)			UCA <sup>3</sup>	Semester	Hours	Grade
ENGL	1013	English Composition I	WRTG 1310		3	
ENGL	1023	English Composition II	WRTG 1320		3	
SPCH	2303	Public Speaking	COMM 1300		3	

Mathematics (3 credit hours)			UCA	Semester	Hours	Grade
MAT	1223	College Algebra	MATH 1390		3	

Lab Sciences (8 credit hours)			UCA	Semester	Hours	Grade
BIOL	2214	Anatomy and Physiology I	BIOL 1410		4	
CHEM	1214	Fundamentals of Chemistry	CHEM 1402		4	

Fine Arts (6 credit hours)			UCA	Semester	Hours	Grade
ART	1003	Art Appreciation or	ART 2300		3	
DRAM	1003	Theatre Appreciation or	THEA 2300			
MUS	1003	Music Appreciation	MUS 2300			
ENGL	2213	World Literature I or	ENGL 2305		3	
ENGL	2223	World Literature II	ENGL 2306			

Social Sciences (6 credit hours)			UCA	Semester	Hours	Grade
HIST	2003	United States History I or	HIST 2301		3	
HIST	2013	United States History II or	HIST 2302			
PLSC	2003	American National Government	PSCI 1330			
HIST	1113	World Civilization I or	HIST 1310		3	
HIST	1123	World Civilization II	HIST 1320			

Social or Behavioral Science Elective (3 credit hours)			UCA	Semester	Hours	Grade
PSYC	2003	General Psychology or	PSYC 1300		3	
SOC	2013	Introduction to Sociology	SOC 1300			

### Health Education Core (25 credit hours)

			UCA	Semester	Hours	Grade
HPER	1003	Personal Health and Safety	H ED 2200		3	
HPER	1013	First Aid	H ED 2201		3	
BIOL	2014	Microbiology	BIOL 2411		4	
BIOL	2224	Anatomy and Physiology II	BIOL 2410		4	
MAT	2133	Introduction to Statistics	MATH 2311		3	
		General Elective			3	
		General Elective			3	
		General Elective			2	

**Total Hours: 60<sup>4</sup>**



**2+2 Degree Plan Checklist**  
**Associate of Science in Liberal Arts and Sciences**  
**BS in Health Education**



**University of Central Arkansas**  
**Bachelor of Science in Health Education**

UCA Courses (60 credit hours)<sup>5</sup>

<b>Major Requirements (27 credit hours)</b>			<b>Semester</b>	<b>Hours</b>	<b>Grade</b>
H ED	3300	Health Education Methods and Materials (UD UCA Core: C)		3	
H ED	3301	Theoretical Bases of Health Education (UD UCA Core: R)		3	
H ED	3320	Epidemiological Research (UD UCA Core: I)		3	
H ED	4300	Community Health Programs		3	
H ED	4320	Health Promotion Interventions		3	
H ED	4331	Program Planning and Evaluation		3	
H ED	4370	Administration of Health Programs		3	
H ED	4600	Health Education Internship (UD UCA Core: Z)		6	

<b>Major Electives (9 credit hours)</b>			<b>Semester</b>	<b>Hours</b>	<b>Grade</b>
		<b>Choose three:</b>			
H ED	2320	Mental Health			
H ED	3305	Human Sexuality (UD UCA Core: D)			
H ED	3315	Theory and Practice of Prevention			
H ED	4301	Health Education in the Medical Care Setting		9	
H ED	4302	Health Education in the Worksite			
H ED	4303	Environmental Health Problems			
H ED	4312	Drug Education			
H ED	4343	Health Strategies for Multicultural Populations			

<b>Electives (24 credit hours)</b>			<b>Semester</b>	<b>Hours</b>	<b>Grade</b>
		Upper Division General Elective		3	
		Upper Division General Elective		3	
		Upper Division General Elective		3	
		Upper Division General Elective		3	
		General Elective		3	
		General Elective		3	
		General Elective		3	
		General Elective		3	

**Total Hours: 120<sup>6</sup>**

<sup>1</sup> See your NAC advisor for degree and graduation information.

<sup>2</sup> Agreement requirements are guaranteed in accordance with the academic year of initial enrollment at NAC, not to precede the academic year during which the agreement first took effect. A period of non-enrollment of 12 months or more requires that the student adhere to the agreement revision corresponding with the academic year of re-enrollment.

<sup>3</sup> UCA course is either guaranteed by ACTS (acts.adhe.edu) or by UCA Department Chair approval (if blank, elective credit will be awarded).

<sup>4</sup> Students completing the AS in Liberal Arts and Sciences degree, as shown above, with a minimum 2.0 cumulative GPA, will have satisfied the UCA Lower-Division Core and will be admitted to the BS in Health Education degree program as a junior.

<sup>5</sup> In order to receive important communications about transferring to UCA, students are encouraged to create a UCA student account at [gopurple.uca.edu](http://gopurple.uca.edu). For more information about the 2+2 program, students may also send email inquiries to [ucatransfer@uca.edu](mailto:ucatransfer@uca.edu).

<sup>6</sup> This agreement requires 120 credit hours as follows: maximum 60 at NAC and remaining 60 at UCA (40 of which must be upper-division).