Handbrake Video Compression Guide (Mac)

Step 1: Download Handbrake -

To download, go to <u>handbrake.fr/downloads.php</u> and select your Operating System. Once the application is downloaded to your computer, install it and then open it.



Step 2: Open Handbrake and Select your Video File -

1. The option to select a video file should automatically appear when you first open Handbrake. If this option does not appear, click the **Open Source** icon located at the top left corner of the Handbrake window. **2.** Select the video file from your computer and click **Open**.

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Step 3: Select the Output Type and Destination for Saving -

A. Select the **Presets** option at the top right corner of the window.



B. If not already selected, choose Fast 1080p30. You will then click off of the presets menu.



C. Click the **Browse** button at the bottom right corner of the window. A browsing window will open on your computer. Select the location on your computer where you would like to save the new, compressed file then click **Choose**.

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Step 4: Compress Video -

A. Click the Start button located at the top of the Handbrake window.

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B. Once the compression process has started, you will see its status at the bottom of the HandBrake window.

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Encoding Job: Autumn 2 Pass 1 of 1, 90.20 % (29.55 fps, avg 38.09 fps, ETA 00:00:02)			-

C. When the compression is finished you will see the "**Encode Finished**" message appear at the bottom of the window.

