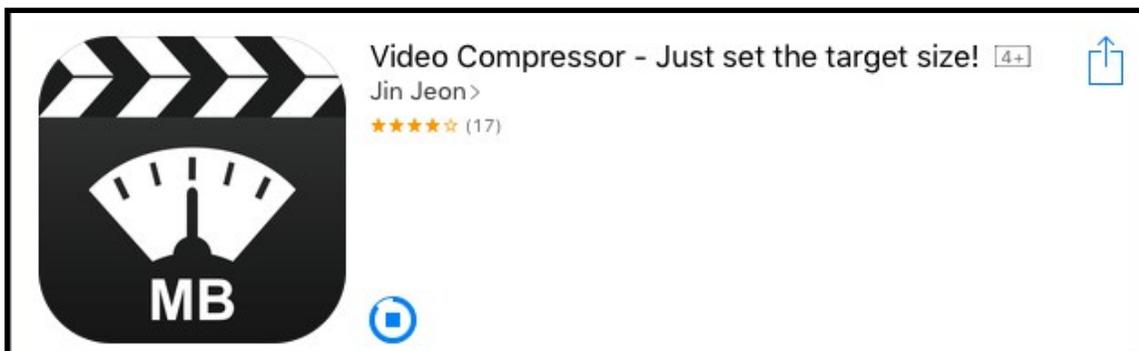# Compression Guide for Compressing Video on an iPhone or iPad
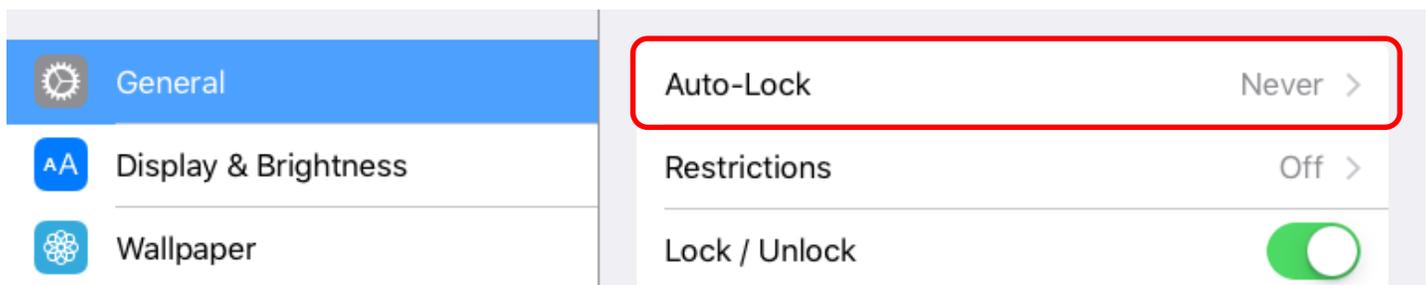
 Step 1) Open the App Store and search for "video compressor"

Step 2) Download the app seen below. Please note: As this is a free app, you may see ads inside the app.

Video Compressor - Just set the target size! 4+
Jin Jeon >
★★★★☆ (17)

 Step 3) While the app downloads, click the Home button. Find and open the Settings app.
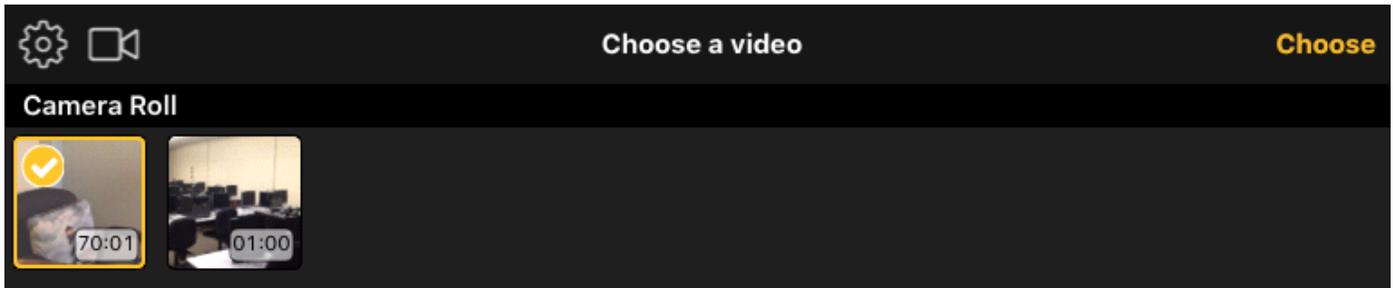
Step 4) In Settings, choose General, then set Auto-Lock to Never. (This is necessary so that your iPhone or iPad does not go to sleep while you are using the video compression app. You may return this setting to your preference at the end of this guide.)
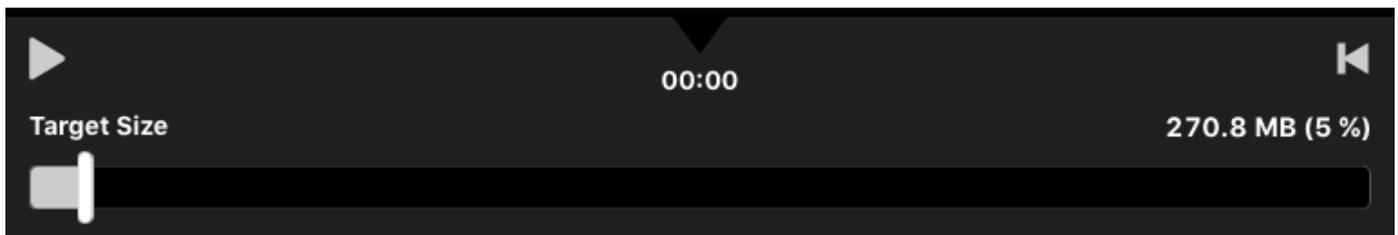

General	Auto-Lock	Never >
Display & Brightness	Restrictions	Off >
Wallpaper	Lock / Unlock	

Step 5) Click the Home button. Find and open the Compress app that you downloaded in step two. **Please note: You should only continue if you have a lot of battery life left.**
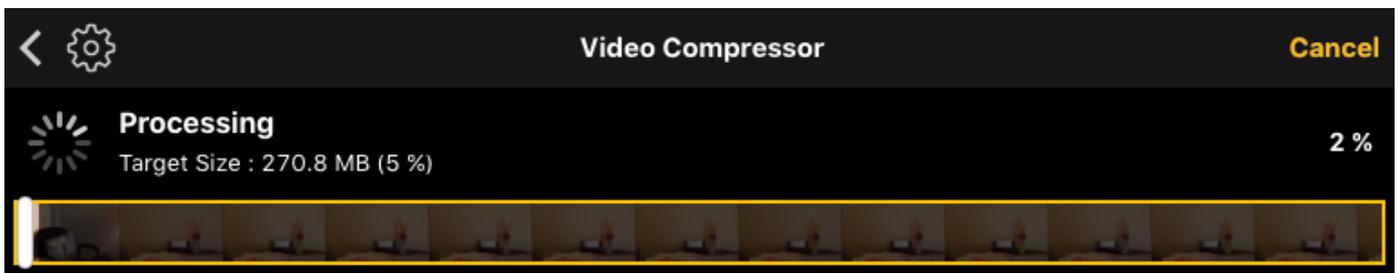
Step 6) Select your video. Then click Choose.

Step 7) Drag the slider bar across the bottom to the left until you reach a decent "Target Size." We recommend between 200 - 300 MB. Do not worry about the % size. Then click Save at the top right of the screen.

Step 8) Your video will begin compression and you'll see a progress completed percentage. **Please note: During this process, you must not put your iPhone or iPad to sleep or the app will likely crash.**

Step 9) Once finished, your video will be saved to the Camera Roll. **Please note: If you do not have enough storage space on your device, you will need to make room first, or transfer your video to your computer, then compress it.**