



# Helping You Succeed @ UCA

Programs and Services by  
**The Office of Student Success**

# College Student Challenges

Whether 18 or 50 years-old, college students face many demands

- **A sometimes new and strange academic environment**
- **A hectic schedule**
- **Challenging expectations from faculty**
- **Independent learning**
  - (80/20 vs 20/80)
- **“Adulthood” challenges**



# Six Areas of Adjustment and Challenges for College Students

## Academic



Students will take a more active role in their learning than they had to in high school and have the ability and know-how to meet the increasing demands of college.

## Cultural



Students will interact with others of various cultures, religious beliefs, sexual identities and orientations, ages, and abilities, in a variety of settings.

## Emotional



Students will need to be prepared for the stressors of college and develop habits and behaviors to cope with these changes.

## Financial



Students will need to demonstrate basic financial literacy, an understanding of the costs of colleges, and methods for paying for those costs.

## Intellectual



Students will have the opportunity to join an academic community that includes fellow classmates, faculty, and college administrators.

## Social



Students will be faced with shifts in their relationships, finding a new peer group and handling the pressure of fitting in.

What is it?

# Adopting a Growth Mindset

*No one is a perfect  
student*

*Everyone can learn  
to be a better  
student*

*Improving your  
academic skills will  
help you attain  
your goals*



# Becoming a Super Student

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College success requires you to

- **engage in your classes**
- **learn new study skills**
- **seek assistance early on**
- **be persistent**



# The UCA Office of Student Success

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The Office of Student Success strives to **ENRICH** student learning, **IMPACT** student success, and **EMPOWER** students to attain their academic goals through supportive, comprehensive, and timely programs and resources.

*... in partnership with YOU!*



# Student Success Programs

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## Tutoring Services

- Located in Torreyson Library 223
- Free peer tutoring 7 days/week
- Walk-ins or appointments
- All UCA Core subjects
- Upper-level math and science
- Computer lab & quiet study area

# Student Success Programs

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## Success Coaching

- Located in Old Main 106 and all First-Year Residence Halls
- Peer Coaches
- Walk-ins or appointments
- Help with time management, study skills, goal-setting, adjustment to college, academic recovery







# Student Success Programs

## Supplemental Instruction

- **SI Peer Leaders assist with course prep, content, and general study skills through small group facilitation**
- Principles of Accounting
- General Chemistry for Health Sciences
- General Psychology
- Principles of Biology I



# Student Success Programs

## Academic Success Workshops

- **Weekly on-campus workshops**
  - Doyne Auditorium, X-period
- **On-line workshops**
  - [uca.edu/studentsuccess](http://uca.edu/studentsuccess)
- **Study skills, reading strategies, motivational techniques, time management tips, financial literacy, test-taking skills, and more!**





# Student Success Programs

## Summer Start Bridge Programs

*Start early, start right!*

- **One-week programs**

- Math Academy
- Read/Write to Succeed
- Communicate Write
- Bear Leadership Experience
- CNSM Science Boot Camp

- **Three-week programs**

- Chem4Success (Chemistry prep; for credit)





# Student Success Programs

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## First Generation Students

- **Summer Peer Outreach Program**
  - Peer Coaches contact our First Gen admits to provide guidance and support
- **First Gen Awareness Week**
  - Faculty and students show their support for first gen students by sharing their own stories and wearing their First2Go button
  - An info table provides materials on UCA resources in the Student Center



# Student Success Programs

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## Transfer Students

- **Transfer/mation**
  - An orientation program for Transfer students co-sponsored by New Student Programs and Student Success
- **Success Coaching for Transfers**



# Student Success Programs

## Academic Recovery

- **Progress Report Alerts**
  - Students who receive a faculty-issued alert are contacted by the AAC and/or OSS to discuss options for improvement
- **Probation Process**
  - Students who are part of UCA's Academic Alert or Academic Probation Process are notified of their academic standing each semester by OSS
  - As part of the Probation Process, students are required to meet with a peer coach
- **UCAN** ("Unlocking College Academics Now")
  - Students on first suspension have the option to sit out the suspension period or enroll in the UCAN program
    - UCAN: weekly small groups, required study hours, required workshops
- **Academic Recovery for Returning Students**
  - Students returning from first suspension complete a re-orientation advising session, attend a review of resources session, and meet regularly with a peer coach



# Student Success Programs

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## Annual Programs

- **First Gen Awareness Week**
- **Day of Mindfulness**
- **Fail Forward Week**
- **Family Day**
- **Mapworks First-Year Survey**

