Creating SMART Goals

SMART goals help you to identify the most important aspects of your service-learning project, as well as to develop a progress monitoring plan for achieving success (O'Neill, Conzemius, Commodore, & Pulfus, 2005). Keep in mind the description of SMART goals outlined below as you identify your long- and short-term goals.

SMART Goals

Specific

- Include details about what you will do, who will help you, and how you will do it.
- What you will do should be clear to anyone reading the statement.

Measurable

- What measures will let you know you've accomplished your goal?
- What is your timeline for accomplishing the goal?

Appropriate

- Is this something that you can actually achieve?
- Does everyone involved agree the goal is appropriate?

Relevant

- Does your proposed action fit your overall goal?
- Do you have the need resources, knowledge, and time?

Tangible

- Will the results be readily seen by stakeholders?

Short-Term Goals

1. What would you like to accomplish in the next three months?

2. What would you like to accomplish in the next six months?

Long-Term Goals

1. What would you like to accomplish in the next year?

2. What would you like to accomplish in the next three years?

O'Neill J., & Anne C. (with Commodore, C. & Pulfus C.). 2005. *The Power of SMART Goals.* Bloomington, IN: Solution Tree.