Publications (since 2000)

Published Articles (peer-reviewed):

Taylor JD, Fletcher JP. Correlation between the 8-Repetition Maximum Test and Isokinetic Dynamometry. *Physiotherapy Theory & Practice.* (in press)


Published Chapters (peer-reviewed):


Published Abstracts (peer-reviewed):


Peer-Reviewed Presentations (peer-reviewed):

Juried Platform – “Comparison of the Cervical Range-of-Motion Device and 2 Goniometric Techniques in the Measurement of Cervical Lateral Flexion Active Range of Motion: Reliability of Measurements and Differences in Magnitude.” APTA Combined Sections Meeting, Chicago, IL; February 2012. (Fletcher JP, Campbell R, Fang J)

Juried Poster – “Comparison of Effects between Wii Bowling and Conventional Lunge on Knee Flexibility and Quadriceps Activity - A Pilot Study.” APTA Combined Sections Meeting, Chicago, IL; February 2012. (Wang W, Fletcher J, Slater J, Stambaugh K, Carson J)

Juried Platform – The impact of physical therapist-directed exercise counseling combined with fitness center-based exercise training on muscular strength and exercise capacity in people with type 2 diabetes: a randomized clinical trial. APTA Combined Sections Meeting, Las Vegas, NV; February 2009. (Taylor JD, Fletcher JP, Tiarks J).

Juried Platform – “Cervical Active Range of Motion Measurements Obtained by Handheld Double Inclinometry: Test-Retest Reliability and Minimal Detectable Change on Individuals With and Without Neck Pain.” ArPTA Spring Meeting, Little Rock, AR; April 2008. (Fletcher JP, Bandy WD)


Juried Poster - “The Relationship Between Posterior Reach and Its Component Movements at the Shoulder Joint During Active Range of Motion.” APTA Combined Sections Meeting, New Orleans, LA; February 2000. (Delcomyn S, Ha M, Fletcher J).

Honors / Awards
2005 Teaching Excellence Award Recipient, University of Central Arkansas; April 2005.
Top 5 Finalist for the 2004 University of Central Arkansas Teaching Excellence Award; April 2004.
Outstanding Instructor Award for the 1998 Fall Semester; presented by the ’98-’99 PTA Class; December 1998.
Outstanding Instructor Award for the 1997 Fall Semester; presented by the ’97-’98 PTA Class; December 1997.

Memberships
American Physical Therapy Association; January 1995 to present.
• Sports Physical Therapy Section; Fall 1996 to present.