
Presented By Bruce Mendelson, PhD, PT

Hosted by the Department of Physical Therapy
201 Donaghey Avenue, PTC 300
Conway, Arkansas 72035
Phone: (501) 450-3611
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Join us Prior to the Football Game at the PT Center

About the Speaker

Bruce Mendelson, PhD, PT

Dr. Mendelson is currently the Service Line Manager of Sports Medicine for Providence Health and Services in Southern Oregon. He also practices and manages an outpatient orthopedic PT clinic with 8 therapists. His training includes a Masters of Physical Therapy from the University of Central Arkansas, a Bachelors of Art in Biology from the University of Pennsylvania and a Ph.D. in Neuroscience from the University of Oregon. Dr. Mendelson currently comes back to Arkansas once per year to teach Advanced Anatomy to DPT students at UCA. Previously, he held assistant professor positions at the University of Arkansas for Medical Sciences and at UCA. The courses he taught included: Medical Gross Anatomy, Medical Neuroscience, Medical Embryology, Fundamentals of Neuroscience, Pathology I and II, Electrotherapy and Differential Diagnosis in Physical Therapy. Dr. Mendelson has published over 20 peer reviewed research papers, 30 abstracts and numerous magazine and newspaper articles. Dr. Mendelson and his wife, Jeri Mendelson, MD, also give CME-lectures about wilderness health care as part of the Wilderness Medicine Society. Over the past few years, they have given lectures in Peru, Bhutan, France, Switzerland, Italy, Tanzania, the Galapagos Islands and in Nepal.
A Cadaver Anatomy Based Approach to the Clinical Anatomy of Sports Injury Rehabilitation

Presented by Bruce Mendelson, PhD, PT

Course Description

This class will provide a cadaver-based review of the functional anatomy of the spine and extremities. It will provide an in-depth look at the anatomical basis for the evaluation and treatment of upper and lower quarter sports injuries. This course will enhance the ability of practitioners to develop successful rehabilitation strategies to treat common sports injuries. The participants will learn through lecture and cadaver-lab participation.

PROGRAM CONTENT:
8:30-9:15 Anatomical basis of common of upper extremity sports injuries.
9:15-10:15 Clinical anatomy important in the development of treatment strategies of upper extremity sports injuries.
10:15-10:30 Break
10:30-11:30 Cadaver anatomy analysis of the upper extremity and trunk with respect to evaluation and treatment of sports injuries.
11:30-12:30 Lunch
12:30-1:30 Anatomical basis of evaluation and treatment of lower extremity sports injuries
1:30-1:45 Break
1:45-3:00 Cadaver anatomy analysis of the lower quadrant with respect to the evaluation and treatment of sports injuries

Course Objectives

Upon completion of this course the participant will be able to:

1) Demonstrate an understanding of the anatomical structures involved in common sports injuries of the upper and lower extremities.
2) Recognize the anatomical basis of the mechanism of sports injuries of the upper and lower extremities.
3) Apply anatomical knowledge in order develop rehabilitation strategies to treat sports injuries of the upper and lower extremities.
4) Identify and palpate the anatomical structures involved in common sports injuries of the upper and lower extremities.

Course Schedule

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>8:00</td>
<td>Registration and Check-in</td>
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<tr>
<td>8:30-10:15</td>
<td>Course</td>
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<tr>
<td>10:15</td>
<td>Break</td>
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<tr>
<td>10:30-11:30</td>
<td>Course</td>
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<tr>
<td>11:30-12:30</td>
<td>Lunch (provided)</td>
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<tr>
<td>12:30-1:30</td>
<td>Course</td>
</tr>
<tr>
<td>1:30</td>
<td>Break</td>
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<tr>
<td>1:45-3:00</td>
<td>Course</td>
</tr>
<tr>
<td>3:00</td>
<td>PT Department Tailgate (light snacks)</td>
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This course has been approved by the Arkansas State Board of Physical Therapy for 5 contact hours of continuing education.
2016 UCA Physical Therapy Alumni Weekend Course

Please return this form to Stacey Stephens with Payment

Registration

☐ UCA PT Alumni  $75

☐ Non Alumni, PT  $100

This course is approved for 5.0 contact hours of CEU by the Arkansas State Board of Physical Therapy.

REGISTRATION DEADLINE: OCTOBER 14, 2016

Note: Course is limited to 30 participants.

Participant Information

Name ________________________________ ________________________________

Year Graduated __________________________ Degree __________________________

Street ________________________________ ________________________________

City ________________________________ ________________________________

State __________________ Zip __________________

Email Address ________________________________ ________________________________

Daytime Phone ________________________________ ________________________________

Please plan to join us for a PT Alumni Tailgate hosted by the Department of Physical Therapy following the course in the PT Center. Homecoming Game Kick-Off Is 7:00 PM. Tickets At: http://ucasports.com/

UCA PT Alumnus? __ Yes __No

Amount Enclosed $__________
Please make Checks Payable to: UCA Foundation- PT Fund

Send Registration & Payment to:

Attn: Stacey Stephens
UCA PT Department
PT Center, Suite 300
201 Donaghey Avenue
Conway, AR  72035

For More Information Contact:

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Please remit registration & payment by October 14, 2016