

# HEATHER CHRISTIAN MARTENS, PH.D.

Licensed Psychologist 14-09P

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## Education

- 2012 M.Ed., Special Education Administration  
University of Alaska Anchorage; Anchorage, Alaska  
Degree conferred 2015
- 2007 Ph.D., School Psychology  
APA Accredited  
University of Florida; Gainesville, Florida  
Dissertation Title: Program Planning and Evaluation of a Violence Prevention Program
- 1995 M.A., Professional Psychology  
Marshall University; Huntington, West Virginia
- 1992 B.A., Psychology  
Marshall University; Huntington, West Virginia

## Pre-doctoral Internship

- 2005 Houston Independent School District; Psychological Services Department  
Houston, Texas  
APA Accredited Program

## Academic Appointments

**Associate Professor of Psychology:** Summer 2018-present, University of Central Arkansas  
**Assistant Professor of Psychology:** Fall 2012 to Spring 2018, University of Central Arkansas  
**Graduate Faculty:** Fall 2012 to Fall 2017: University of Central Arkansas  
**Psychology and Training Clinic Director:** Fall 2013 to 2015, University of Central Arkansas

## Peer-Reviewed Manuscripts

Martens, H., & Anderson, D. (2018). What can standardized assessments tell us about reading skills of underprepared students? *Journal for the Arkansas Association of Developmental Educators*.

Lairamore C., Morris D., Schichtl R., George-Paschal L., Martens H., Margakis A., Garnica M., Jones B., Grantham M., Bruenger A. (2018). Student perceptions of teamwork when the number of professions represented in a case-based interprofessional education forum is expanded: a six-year cohort study. *Journal of Interprofessional Care*.

Martens, H., Korrow, K., & Bramlett, R. K. (2017). Exploring incremental change in schools: A qualitative investigation. *Research in the Schools*.

Martens, H. & Lairamore, C. (2016). The role of student adaptability in interprofessional education. *Journal of Interprofessional Education & Practice*.

Bramlett, R. K., Scoles, M., Martens, H., & Gowin, K. (2014). A survey of the perceived preparation and training of psychology department chairs. *The Department Chair*.

### **Peer-Reviewed Book Chapters**

Martens, H., Gillaspay, A. J., Gillaspay, S. (2018). School refusal behavior. In A. Maragakis & W. T. O'Donohue (Eds). *Principle-based stepped care and brief psychotherapy for integrated care settings*. New York, NY: Springer.

### **Manuscripts Under Review**

Anderson, D., Martens, H., Bruick, T., Baldwin, A., & Simon, J. Additive predictive power of noncognitive factors on the academic performance of special admission students. *Journal of The First-Year College Experience & Students in Transition*.

### **Manuscripts in Preparation**

Martens, H., & Marshall, S. A., Bramlett, R. K., Finding solutions: Consultation towards systems-change.

Martens, H. & Anderson, D., Bruick, & Simon, J., The effectiveness of a note-taking intervention for students in developmental education.

Martens, H., Henley, D., Palmore, M. & McChristian, C., This is how we do it: Research dissemination in school psychology.

Anderson, D., Martens, H., Bruick, T., Baldwin, A., & Simon, J. Using interdepartmental partnerships to create systems-change in developmental education.

### **Invited Talks and Podcasts**

National Association of School Psychologists, Annual Conference, Spring 2017, Invited interview for NASP pod cast: Burn-out prevention.

The Arkansas School Psychology Association Summer Institute, Summer 2017, 3-hour workshop: Ethics, self-care, and professional effectiveness.

Psych Society Round Table, Fall 2016, 1-hour round table: Careers in psychology.

The Arkansas Mental Health and Counseling Association Round Table, Spring 2016, 1-hour discussion: Avoiding burn-out.

The Arkansas Psychology Consortium Continuing Education Workshop, Fall 2014, 1-hour address: LGBTQ youth in K-12 schools: Policy and harassment.

### **Presentations**

Martens, H., & Rutledge, C. (April, 2018). School psychology: Challenges and solutions. Symposium presented at the Southwestern Psychological Association, Houston, TX.

Martens, H., Lairamore, C., George-Paschal, L. A., Grantham, M., Morris, D. M. (October, 2017). Concept mapping: An example of effective instructional practice in an IPE case forum. Workshop presented at the Collaborating Across Borders, Banff, Alberta.

Anderson, D., & Martens, H. (2017). Using interdepartmental partnerships to create systems-change in developmental education. Workshop accepted at the National Association of Developmental Educators, Oklahoma City, OK.

Henley, D., Gentry, K. (2017). Predicting first-generation status among underprepared college students using GRIT and adaptability. Poster presented at the Southwest Psychological Association, San Antonio, TX.

Martens, H. & Korrow, K. (2016). School psychologist burn-out: Prevention and intervention. Mini-skills presentation presented at The National Association of School Psychologists, New Orleans, LA.

Hopps, G., & Martens, H. (April, 2015). The relationship of adaptability to interprofessional learning in a university setting. Poster presented at the Southwest Psychological Association, Wichita, KS.

Martens, H., & Hopps, G. (February, 2015). The relationship of adaptability to interprofessional learning in a university setting. Poster presented at the Trainers of School Psychologists Conference. Orlando, FL.

Anderson, D. L., Griffen, P., Kanu, J., & Martens, H. (January, 2015). Ethnic minority representation and multicultural training in departments of psychology and applied settings across the state of Arkansas. Symposium accepted at the American Psychological Association's National Multicultural Conference & Summit, Atlanta, GA.

Patterson, D. & Martens, H. (April, 2014). Explaining variation in oral reading fluency. Poster presented at the Southwestern Psychological Association, San Antonio, TX.

Martens, H., Simon, J. & Anderson, D. (February, 2014). Systems-change: Getting out of your way. Mini-skills session at the National Association of School Psychologists, Washington, DC.

Hicks, S., & Martens, H. (April, 2013). Predictive power of 3<sup>rd</sup> grade universal screeners. Poster session at the Southwest Psychological Association, Fort Worth, TX.

Humpage, T., Korrow, K., Glick, A., & Martens, H. (February, 2012). Universal screening pilot program: Strategies for school psychologists and administrators. Mini Skills session at the National Association of School Psychologists, Philadelphia, PA.

Humpage, T., Korrow, K., Glick, A., & Martens, H. (February, 2012). Universal Screening: Outcomes and Lessons from a Rural School District. Paper presentation at the National Association of School Psychologists, Philadelphia, PA

Christian, H., Liss, H., & Weins, B. (2004, November). Violence prevention in early elementary school. Paper presented at the annual National Association of School Psychologists, Atlanta, GA.

Christian, H., Liss, H., Weins, B., & Evans, G (October, 2004). Using video to enhance social skills building intervention. Paper presented at the annual Conference on the Advancement of School Mental Health, Dallas, TX.

Christian, H., Molitch-Hou, T., Graman, S., & Williams R. (November, 2003). Prevention programming for children at risk for obesity. Paper presented at the annual conference of the Florida Association of School Psychologists, Tampa, FL.

Davis, H., Molitch-Hou, T., & Christian, H. (June, 2002). Math motivation in middle school girls. Poster session presented at the annual conference of the American Psychological Association, Toronto, Canada.

### **External Grants**

Goodman, H., Gillaspay, J. A., Martens, H. (2014). UCA Psychology and Counseling Training Clinic-personnel and operation. Blue and You Foundation. Unfunded.

### **Internal Grants**

Martens, H. & Anderson, D. (2015). Psychoeducational groups for women in University College. UCA Foundation WCG grant (unfunded)

Martens, H. (2014) Does special education resource reading pull out instruction really work? Summer Research Stipend, University of Central Arkansas (1 year: \$3000).

Brinegar, J., Martens, H. (2014). Assessing awareness and promoting tolerance for the UCA transgendered community. UCA Foundation, University of Central Arkansas (\$500).

Ozimica, B., & Brinegar, J. (2014) Student Undergraduate Fellowships, Sponsored Programs, University of Central Arkansas. Consultant: Heather Martens (Awarded: \$2000).

### **Student Mentoring Experience**

Watson, M. D. (2016). An analysis and the roles and functioning of secondary special education teachers and licensed psychology professionals in the implementation of transition planning with

students with emotional disturbance in Arkansas. Dissertation Committee Member: Heather Martens

White, L. (2015). Developmental Education. Supervisor and Mentor: Heather Martens

Calloway Gentry, K. Hopps, G., Martens, H., Young, D., Henley, D., Palmore, M., University of Central Arkansas University College needs assessment.

Adkins, S. (2014). Can I have your attention, please?: Common myths and misperceptions about ADHD. 2<sup>nd</sup> reader: Heather Martens.

Mitchell, C. (2014). The effects of a concrete-representational-abstract intervention on the algebra performance of students. Dissertation Committee Member: Heather Martens.

Patterson, D. (2014). Exploring the relationship between phonological working memory and word reading. Dissertation Committee Co-Chair: Heather Martens.

Wood, M. (2014). The effect of graphic novel supplements on reading comprehension and motivation in secondary students. Dissertation Committee Member: Heather Martens.

Dodd, A. (2013). ACT 1220 reviewed: An examination of the effect of parent attitude toward the child health report. Dissertation Committee Member: Heather Martens.

### **Employment**

2018-present **University of Central Arkansas; Psychology and Counseling Department (Conway, Arkansas)**

Associate Professor. Currently teaching primarily in the School Psychology graduate programs.

2012-2018 **University of Central Arkansas; Psychology and Counseling Department (Conway, Arkansas)**

Assistant Professor. Currently teaching primarily in the School Psychology graduate programs.

2008-2012 **Kodiak Island Borough School District; Department of Special Services (Kodiak, Alaska)**

Special Services Director. Oversaw district special education and gifted/talented Programs. Oversaw 504 administration. Led RTI efforts as member of Instructional Services Department. Set policies and procedures to ensure appropriate service delivery throughout programs. Oversaw professional development plans for all staff. Directly supervised School Psychologists, Speech Language Pathologists, Occupational Therapists, and Physical Therapists. Department employed 30 certified staff and approximately 40 classified staff.

2007-2008 **Kodiak Island Borough School District; Special Services Department (Kodiak, Alaska)**

District Wide School Psychologist.

- 2006-2007     **Houston Independent School District; Office of Special Education  
(Houston, Texas)**  
Psychologist Trainee.
- 2002-2005     **University of Florida; National Rural Behavioral Health Center  
(Gainesville, Florida)**  
Risk Assessment Specialist and Therapist.
- 2001-2002     **Meridian Behavioral Healthcare; Emergency Services  
(Gainesville, Florida)**  
Counselor IV.
- 1997-2001     **Meridian Behavioral Healthcare; Children’s Outpatient  
(Gainesville, Florida)**  
Counselor IV.
- 1996-1997     **Northern Virginia Psychological Associates  
(Fairfax, Virginia)**  
Psychological Technician.
- 1995-1996     **Pretera Mental Health Center  
(Huntington, West Virginia)**  
AcuCare Therapist.
- 1995            **Pretera Mental Health Center  
(Huntington, West Virginia)**  
Clinical Psychology Intern.

### **Service**

#### **Department**

Member, School Psychology Graduate Program Committee (Appointed) Fall 2012-present  
 Chair, Psychology and Counseling Training Clinic (Appointed) Fall 2013-present  
 Admissions Chair, School Psychology Graduate Program Committee (Appointed) Fall 2013-present

#### **College**

Member, Interprofessional Education Committee (Appointed) Fall 2012-present

#### **University**

Member, Sponsored Programs Advisory Committee (Appointed) Fall 2013-present  
 Director, Psychology and Counseling Training Clinic (Appointed) Fall 2013-2015

#### **Community**

Suicide Prevention Talk, First Presbyterian Church (Invited) Spring 2018

### **Professional Affiliations**

2016-present National Association of Developmental Education  
2005-present National Association of School Psychologists  
2012-present Southwest Psychological Association  
2012-present Arkansas School Psychology Association  
2012-2014 American Psychological Association

### **Licenses**

Licensed by the Arkansas Psychology Board