



Counseling Psychology Research Newsletter

Department of Psychology and Counseling
University of Central Arkansas

This brief newsletter was taken directly for the UCA Department of Psychology and Counseling's **blog** for the past academic year (2017-2018).

Please follow the blog to keep up with our activities:

<http://uca.edu/psychology/blog/>

- Maragakis, A., **Lindeman, S., & Nolan, J.** (in press) Evidence based and intensity specific services in the integrated care setting: Ethical considerations for a developing field. *Behavior Analysis: Research and Practice*
- Varghese, F. P., **Bull, C.**, Whitmire, J. D., Stephenson, O., Flores, L. T., & Bihm, E. (2018, August 11). *Mentoring program for court-ordered juveniles: Perspectives of juveniles and mentors.* Poster presented at American Psychological Association Convention in California, San Francisco.
- Whitmire, J. D., B.S., Varghese, F. P., Ph.D., & **Nolan, J. N.**, M.S. (2018, August 11). *Seriously mentally ill populations and exercise mobile applications.* Poster presented at American Psychological Association Convention in California, San Francisco.
- Cobb, C. L.**, Meca, A., Branscombe, N., Schwartz, S. J., Xie, D., Zea, M., Fernandez, C., & Sanders, G. L., (in press). Perceived discrimination and well-being among undocumented hispanic immigrants: The Moderating Role of Ethnic/Racial Identity Centrality. *Cultural Diversity and Ethnic Minority Psychology.*
- Nolan, J., Lindeman, S. & Varghese, F.** Mobile app interventions for military and veteran families: Before, during, and after deployment. *Psychological Services.*
- Congratulations to **Sydney Skaggs**, Counseling Psychology doctoral student, for her election as Graduate Student Representative to the Executive Council of the Southwestern Psychological Association (SWPA). Ms. Skaggs replaces out-going Graduate Representative Kelli Wierzbicki, also a UCA graduate student.
- Lindeman, S., & Maragakis, A.** (2018). Obesity. In A. Maragakis & W. O'Donohue (Eds.), *Principle-Based Stepped Care and Brief Psychotherapy for Integrated Care Settings* (pp. 269-278). New York: Springer.
- Mikeal, C. & Gillaspay, J. A.** (2018). Depression. In A. Maragakis & W. O'Donohue (Eds.), *Principle-Based Stepped Care and Brief Psychotherapy for Integrated Care Settings* (pp. 155-168). New York: Springer.
- Sherman, A. C., **Hufstedler, A., & Simonton-Atchley, S.** (2018). Advanced cancer. In A. Maragakis & W. O'Donohue (Eds.), *Principle-based stepped care and brief psychotherapy for integrated care settings* (pp. 17-28). New Y
- Soto., A., Smith, T. B., & **Nolan, S.** (June, 2018). *Alliance, attachment style, empathy, and expectations: A meta-analysis of client outcomes.* Paper presented at the annual conference of the Society for Psychotherapy Research. Amsterdam, NL.
- Soto., A., Smith, T. B., & **Nolan, S.** (June, 2018). *Cultural adaptations and multicultural competencies.* Paper presented at the annual conference of the Society for Psychotherapy Research. Amsterdam, NL.
- Skaggs, S., Anderson, D., & Daulton, B.J.** (2018, April). *Predicting student persistence in career and technical education using an investment model.* Poster presented at the Southwestern Psychological Association Convention. Houston, TX
- Lindeman, S., Nolan, J., & Maragakis, A.** (In Press). The epidemiology of medical diseases and associated behavioral risk factors. Chapter in *Behavioral medicine and integrated care: Efficient delivery of the most effective treatment.* Switzerland: Springer International Publishing.

- Varghese, F., Root, J., & **Nolan, J.** (Accepted). *Division 18 presidential address: The future of public service psychology*. Psychological Services.
- Pyle, J.M.** & Soto, A. (2017). *A Meta-analysis of multicultural counseling competencies and client experiences in psychotherapy*. Paper presented at the fall convention of the Arkansas Psychological Association, Little Rock, AR.
- Fradley, M., **Pyle, J.M.**, Anderson, B., Green, M., Sutherland, E., Walker, A., Fason, M., Kim, J., Fults, B., & Soto, A. (2017). *Culturally adapted treatments: A systematic review of common factors*. Poster presented at the fall convention of the Arkansas Psychological Association, Little Rock, AR.
- Anderson, B., **Pyle, J.M.**, Fason, M., Fradley, M., Kim, J., Green, M., Fults, B., Walker, A., Sutherland, E., & Soto, A. (2017). *Common factors in psychotherapy: Alliance, empathy, and expectations with outcome*. Poster presented at the fall convention of the Arkansas Psychological Association, Little Rock, AR.
- Cobb, C.**, Zamboanga, B., Schwartz, S. J., Xie, D., Meca, A., & Sanders, G. L. (in press). From Advising to Mentoring: Toward proactive mentoring in Health Service Psychology Doctoral Training Programs. *Training and Education in Professional Psychology*.

KENDRA ANDERSON

Kendra defended her dissertation in the Fall of 2017, under the supervision of her chair, Dr. Femina Varghese. Her dissertation is notable for the time she spent locating and testing prisoners in the Arkansas prison system. It explores several topics related to multicultural psychology, with implications for intervention programs for African American men in terms of racial identity status and ethnic identity. Kendra also published an article with Dr. Femina Varghese on job-search self-efficacy with offenders in a state correctional facility that appeared in Psychological Services.

Anderson, Kendra M. (2017). *Racial and ethnic identity among African American male inmates: Risk and protective factors for criminal thinking and recidivism*. Dissertation Abstracts International: Section B: The Sciences and Engineering, Vol 79(7-B)(E) Publisher: ProQuest Information & Learning.

OTHER NOTABLE DISSERTATIONS

Other notable dissertations during this period were defended by Nicholas Mitrani, Danielle Umland, and Daniel Warwick. These dissertations are also downloadable from the Torreyson web site (see ProQuest dissertations). (Cory Cobb and Alexis Reddig also completed their dissertations recently, and they will be mentioned in the next newsletter after they have been punished in ProQuest.)

Mitrani, N. (2017). *Examining the relationship between victimization history, resiliency factors, and trauma-related symptoms using structural equation modeling*. Dissertation Abstracts International: Section B: The Sciences and Engineering, Vol 79(7-B)(E) Publisher: ProQuest Information & Learning.

Umland, D. (2017). *Influence of hormones on drinking behavior and risky-choice in college-age women*. Dissertation Abstracts International: Section B: The Sciences and Engineering, Vol 79(7-B)(E) Publisher: ProQuest Information & Learning.

Warwick, D. (2017). *An approach to assessment-guided intervention: the impact of daily value journaling on self-control*. Dissertation Abstracts International: Section B: The Sciences and Engineering, Vol 79(7-B)(E) Publisher: ProQuest Information & Learning.