

Minor in Sports Psychology (21 hours) Checklist

The minor in Sports Psychology requires 21 hours (3 hours of pre requisites that may also count towards the lower-division core and 18 hours of course work from the PSYC, NUTR, BIOL, and KPED departments)

Required Prerequisite

_____ PSYC 1300 General Psychology

Note: This prerequisite may count as the social science course for the critical inquiry component of the UCA Core lower-division requirement in addition to a minor requirement.

Other Required Courses

_____ PSYC 3370 Sport Psychology

One of the following courses below. Courses must not be required for major field of study. The remaining class can be taken as an elective.

_____ KPED 4395 Sport in American Society

_____ SOC 3330 Sociology of Sports

Elective Courses

Choose 12 hours from the following electives. Courses must not be required for major field of study; Psychology majors cannot take more than two PSYC courses.

_____ BIOL 2405 Human Anatomy and Physiology

_____ KPED 2340 Motor Development and Learning

_____ KPED 3331 Care and Prevention of Athletic Injuries

_____ NUTR 4315 Sports Nutrition

_____ PSYC 2370 Developmental Psychology

_____ PSYC 3305 Health Psychology

_____ PSYC 3360 Social Psychology

_____ PSYC 3351 Psychology of Learning

_____ PSYC 4300 Personality Psychology

_____ PSYC 4351 Behavior Modification

Students who complete a BA/BS degree in Psychology can minor in Sports Psychology, but PSYC courses used for the major will not also count for the minor.