

<p>Alzheimer's Association</p> <p>Contact: Allison Hogue 501-265-0027</p>	<p>-Office/clerical volunteer, events volunteer, programs volunteer, working on helpline (entails answering calls about Alzheimer's dealing with more basic questions like, "What is Alzheimer's?" or questions about whether the caller or a loved one might have the disease, or strategies to help cope with Alzheimer's; includes training, and there will be a staff member available to field more difficult questions)</p> <p>-Internships available upon request -Weekend volunteer hours available; call for more information</p>
<p>American Heart Association</p> <p>Contact: Katy Sherry 501-707-6584</p>	<p>-Little Rock- Wine Festival, Go Red for Women, Golf Tournament, set up for Heart Ball</p>
<p>American Red Cross Blood Services (LR)</p> <p>Contact: Annette Arthur, Regional Volunteer Coordinator 501-614-4435 Fax 501-614-4508</p> <p>Alternate contact: Tanya Mcnair, Administrative Assistant 501-614-4478</p>	<p>-Canteen area, registration, assistant for blood mobile sites, clerical, volunteer drivers for hospital services</p> <p>-Working mobiles in Faulkner County area; blood drives; more opportunities in Center in Little Rock; can get in touch with rep that handles Faulkner County area or Conway chapter</p>
<p>Arkansas Autism Resource and Outreach Center (partner on some events with an organization in Conway, Community Connections)</p> <p>Contact:  <b>Dianna Varady</b> <a href="mailto:aaroc@uams.edu">aaroc@uams.edu</a> 626-9048</p>	<p>Events in spring; 5K in April; Zoo Day in October; Camp for autistic kids during the summer</p>

<p>Arkansas AIDS Foundation</p> <p>Contact:  Portia Cheatham  501-376-6299  west@araidsfoundation.org</p>	<p>-Receptionist work (must be willing to sign confidentiality form; assisting case managers (intakes, etc)</p> <p>-Internships available (shadowing case managers; can be trained in HIV testing)</p>
<p>Arkansas Cares</p> <p>Contact:  Jenny Griffithh  501-661-7979</p>	<p>-Child care on evenings and weekends, volunteers to teach special interest classes. Part time paid work may be available for Nursing Assistants</p>
<p>Arkansas Children's Hospital Volunteer Services</p> <p>Contact:  501-364-1825; website has the most information.</p>	<p>-Visit <a href="http://www.archildrens.org">www.archildrens.org</a>, go to volunteer opportunities; you can apply online. Background check required, part time paid opportunities may be available and will be posted on the web under employment.</p>
<p>Arkansas Coalition Against Domestic Violence</p> <p>Contact:  Terry Edense  501-907-5612</p>	<p>-Helping with awareness events, receptionist work, students can help with research.</p> <p>-Internships may be available.</p>

<p>Arkansas Community Foundation</p> <p>Contact: Diane Griffin 501-372-1116 <a href="http://www.arcf.org/">http://www.arcf.org/</a></p>	<p>See website</p>
<p>Arkansas Department of Health</p> <p>Contact: Monica Wilson 501-450-4941</p>	<p>Requirement: must be 18 or older, need volunteers for filing and creating packages</p>
<p>Arkansas Disability Coalition</p> <p>Contact: Wanda Stovall 501-614-7020</p>	<p>Making copies, helping with whatever they have going on, clerical duties.</p>
<p>Arkansas Foodbank Network, Inc.</p> <p>Contact: Pauly Deems (501) 565-8121</p>	<p>Sorting and stacking grocery products and other items. Mon-Fri from 8-4:30.</p>

<p>Arkansas for Drug Free Youth</p> <p>Contact: 1-888-313-0388</p>	<p>Call for more information</p>
<p>Arkansas Heart Hospital</p> <p>Contact: Cricket Hoit 501-219-7000</p>	<p>Information desk, patient representative opportunities</p>
<p>Arkansas Hospice (The)</p> <p>Contact: Harriet Hawkins 501-748-3392</p>	<p>Clerical, direct patient care (10 hrs of training required), special events</p>
<p>Literacy Action of Central Arkansas</p> <p>Contact: Kelly Bullington 501-329-7323</p>	<p>Tutor in Reading, Math, and English as a second language</p>

<p>Arkansas Special Olympics</p> <p>Conway- Kyle and Darla Jones  <a href="mailto:kdjones@cswnet.com">kdjones@cswnet.com</a>  North Little Rock- Kara Newman  <a href="mailto:soarea5@aol.com">soarea5@aol.com</a>  501-771-0222</p>	<p>Call for more information; opportunities are available more during spring and early summer months.</p>
<p>Arkansas State Library for the Blind and Physically Handicapped in Little Rock</p> <p>Contact:  <b>Jeff Kersey</b>, Volunteer Manager  501-682-1155</p> <p>900 West Capitol Ave  Suit 100  Little Rock, AR 72270-3108</p>	<p>Help Mon-Fri from 8-4:30 with tape distribution and recovery (they distribute books on tape to individuals with disabilities; work would include mailing those out as well as)</p>
<p>Arkansas Workforce Center</p> <p>Contact:  Shawntel Brown  Conway: 730-9865</p>	<p>Call for more information.</p>
<p>ARORA (Ark. Reg. Organ Recovery)</p> <p>Contact:  Bobby Walker  1-866-660-5433</p>	<p>Speaking and staffing booths; training required (training is usually twice a year)</p>

<p>Arthritis Foundation</p> <p>Contact:  <b>Lauren</b>  1-800-482-8858</p>	<p>Helping with special events, specifically Jingle Bell Run (around early December)</p>
<p>Baptist Community Health Clinic</p> <p>Contact:  Little Rock- Jim Gibbons  501-202-2192 (direct line)  501-202-2847 (office line)</p>	<p>Nursing units, office work, patient and family services, guest relations, hospital greeters.</p>
<p>Baptist Hospice</p> <p>Contact:  <b>Judy Hoelszeman</b>  501-202-7474</p>	<p>Patient care, office, bereavement, taking food to the patient. Check <a href="http://www.baptist-health.org">www.baptist-health.org</a> for more job and volunteer opportunities</p>
<p>Bethlehem House</p> <p>Contact:  <b>Haley Moran</b>  501-329-4862  <a href="mailto:Volunteer4bethlehem@yahoo.com">Volunteer4bethlehem@yahoo.com</a>  <a href="http://www.bethlehemhouse.net">www.bethlehemhouse.net</a></p>	<p>Yard Sale (2 per year; spring and summer), and Soup Kitchen 5-7, where people can come in to eat, shower, or wash clothes- volunteers can help cook, serve or prepare food boxes for the Food Pantry during those hours). Office duties may also be available.</p>

<p>Big Brothers/Big Sisters of Little Rock</p> <p>Contact: Michelle Jones 501-374-6661 mentor@bbbsca.org</p>	<p>School based program (16+), community based program (19+), and support group, sports buddy program and Big League (21+).</p>
<p>Big Brothers/Big Sisters of Conway</p> <p>Contact: Amy Stockton 501-336-9505 bbbs@conwaycorp.com</p>	<p>Mentoring, being a friend to a child, office. Part time internships, and group project work may also be available</p>
<p>Boys and Girls Club of Faulkner County</p> <p>Contact: Liberty Parks 501-329-8849</p>	<p>Tutoring, recreation activities, arts and crafts program, gym, field trips; \$11 application fee for background check; takes 3-5 business days to process, so plan ahead!</p>
<p>Camp Aldersgate</p> <p>Contact: Stacy Robinson 501-225-1444</p>	<p>Camp counselors for children with serious illnesses, weekend and summer camps. Service projects, volunteer counselors to work with the kids, Saturday project volunteers.</p>

<p>CareLink</p> <p>Contact: Debbie Gillaspy 501-372-5300</p>	<p>Ombudsman: go to nursing homes and advocate for residents; Internships as case managers available.</p>
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<p>CARTI (Central Arkansas Radiation Therapy Institute)</p> <p>Contact: Jennifer McConser 501-660-7612</p>	<p>Office/clerical (doing mass mailings for example), Fundraising (Festival of Trees in November); volunteer in clinic.</p>
<p>Centers for Youth and Families</p> <p>Contact: Jaqualane Scales 501-666-9436</p>	<p>Mentoring youth, tutoring, application process and background check required. Helping with fundraising events.</p>



<p>Charles Busy Child Development Center</p> <p>Contact: Robyn Wessels 501-375-7811</p>	<p>Reading stories to children, playing games with children, helping with children's birthdays.</p>
<p>Chenille Rehabilitation and Healthcare</p> <p>Contact: Joann Poe 501-228-4848</p>	<p>Organizing games, music, and parties. Visit with residents, outdoor outing (like picnics), Bingo, many different things</p>
<p>Community Service, Inc.</p> <p>Contact: Joyce Watson 501-327-9788</p>	<p>Mentoring, tutoring, fundraising, internships available for areas such as Psychology, Education (day treatment, behavior modification program with academic component) (Monday-Friday, 8-4:30)</p> <p>Internships/practicum positions available.**</p>
<p>Conway Human Development Center</p> <p>Contact: Lisa 501-329-6851 ext.</p>	<p>Two programs for volunteer:</p> <ul style="list-style-type: none"> <li>- recreation aid: spend time with individuals on their recreation hour</li> <li>-just friends: one on one with a client, visit every motn spending time with client</li> </ul> <p>Min 3 hours a month</p> <p>Internships available for Nursing or Psych/Socilology Students</p>

<p>Conway Adult Education Center</p> <p>Contact: Ruth Ann Williams 501-450-4810</p>	<p>Math tutors, helping students whose second language is English, reading to children. Have onsite preschool to help with as well.</p>
<p>DHS- Division of Service for the Blind</p> <p>Contact: Charlie Cain 501-682-0198 700 Main, Little Rock</p>	<p>Needs people to record; read mail for the blind; giving rides, etc. Call for more information.</p>
<p>Families are Special</p> <p>Contact: William Barling 501-758-9184</p>	<p>Plan and conduct fundraising, serve as coach for kids and families learning computer skills, making public information presentations</p>
<p>Faulkner County Senior Citizens Program</p> <p>Contact: Deborah Robinson 501-327-2895</p>	<p>Visiting homebound elderly people, helping them remain at home, meal delivery, help with dances and potlucks, monthly dinner bingo. Might help with fundraisers.</p>
<p>Faulkner County Literacy Council</p> <p>Contact: Emily Maggio 329-7323</p>	<p>Tutor adults with low reading levels to help improve their reading skills.</p>

<p>Florence Crittendon Family Ministries in Little Rock</p> <p>Contact: Debbie Stripling 501-663-3129</p>	<p>Inventory for donated items, landscaping, cleaning, office work. -Assist in direct care supervision; criminal background check necessary. -Food pantry collections/food drives. -Boys &amp; girls 6-17.</p>
<p>Francis Allen School for the Exceptional in Little Rock</p> <p>Contact: Suzy Benham 501-664-2961</p>	<p>Assist classroom staff with children during outside time, circle time, etc.</p>
<p>Habitat for Humanity of Faulkner County Inc.</p> <p>Contact: Shenel 501-513-3244</p>	<p>All phases of construction, public relations, office, fundraising. Internships may be available.</p>
<p>Heifer Project International (World HQ)</p> <p>Contact: 501-376-6836</p>	<p>Visit website <a href="http://www.heifer.org/village/volunteers">www.heifer.org/village/volunteers</a>, or call and leave voicemail with your email address.</p>

<p>Help for Abuse Victims in Emergency Need (HAVEN)</p> <p>Contact: Jenny Morse 501-327-1701</p>	<p>Tutoring, part-time work sometimes available for females only (age 21 and older), application process, including background check required.</p>
<p>Helping Hands of Greater Little Rock</p> <p>Contact: Gayle or Sister Doris 501-372-4388</p>	<p>Greeter, filing, helping in the clothes room or helping the food room, Monday-Thurs 9-1.</p>
<p>HIRE, Inc. (Helping Individuals Receive)</p> <p>Contact: 501-450-2293</p>	<p>Call for more information</p>
<p>Methodist Counseling Center/ Kaleidoscope Kids</p> <p>Contact: Janet Breen 501-906-4242</p>	<p>Volunteers to help with quarterly kids' club activities, help with camp healing hearts in May help with thrift shop help with peer support bereavement group for children and families, 2<sup>nd</sup> and 4<sup>th</sup> Tuesdays; training required.</p> <p>Help with Camp Healing Hearts in May; contact for application, training required.</p>

<p>Hospice Home Care in Conway</p> <p>Contact: Debbie Wheeler 501-336-9172</p>	<p>Visiting patients, provide breaks for caregivers, other special projects; training required.</p>
<p>Hospice Home Care in Little Rock</p> <p>Contact: Pamela 501-296-9043</p>	<p>Visiting patients, provide breaks for caregivers, other special projects; training required. Office work available as well.</p>
<p>Jacksonville Boys and Girls Club</p> <p>Contact: Laura Walker 501-982-4316</p>	<p>Basketball coaches; tutoring program (general tutoring with kids' homework); mentoring program. Require background check and volunteer application available at the club.</p>
<p>Jacksonville Senior Center</p> <p>Contact: Darly Gram 501-982-7531</p>	<p>Meals on wheels, receptionist, decorating help with a dance that they have every Tuesday, teaching arts, crafts, etc.</p>

<p>Learning Disabilities Association of Little Rock</p> <p>Contact: Dana Jackson 501-666-8777</p>	<p>Mailing, update library materials, volunteers with good computer skills, part-time paid work may be available</p>
<p>Lions World Services for the Blind</p> <p>Contact: Sussie Phillips 501-664-7100</p>	<p>Being a driver (taking an individual to do errands), recreational activities, read printed material to record. Human Guides. Receptionists duties, clerical duties, gardening and grounds duties/ cleaning. Fundraising. Tandem Bike Piolet, bowling, rock climbing, bingo, karioki.</p> <p>On the job training available be 16 years or older. Internships may be available.</p>
<p>Little Rock Boy's Club- Billy Mitchell Unit</p> <p>Contact: 501-666-9486</p>	<p>Homework help, computer room, game room, gym activities. Part-time work and internships may also be available.</p> <p>Go to directly and fill out an application.</p>

<p>Little Rock Boys' and Girls' Club- James H. Penick</p> <p>Contact: 501-666-5494</p>	<p>Need coaches for girls and boys basketball teams (kids ages 6-18), tutors, teach computer skills, read to kids, art projects, play with kids in the game room. Part time may be needed during the holiday season and during the summers.</p> <p>Come in and fill out an application and a background check.</p>
<p>Little Rock Boy's Club- William E. Thrasher</p> <p>Contact: 501-376-2988</p>	<p>Call Luther for more information and opportunities; they'd love for anyone to come talk to the kids about college, etc.</p>
<p>Little Rock Healthcare and Rehab Center</p> <p>Contact: Emily Smith 501-664-6200 ext. 212</p>	<p>Volunteers to do activities with residents (music, games, arts, crafts)</p>
<p>LRAFB Youth Center</p> <p>Contact: Charlotte White 501-987-7718</p>	<p>Call for the many volunteer options available, working with teens.</p> <p>Homework help, arts &amp; crafts, cooking classes, just hanging out</p>

<p>Make-A-Wish Foundation</p> <p>Contact: Malory Roulston 501-376-9474</p>	<p>Wish volunteer, events and fundraising</p> <p>Internships available</p> <p>Visit website: <a href="http://www.midsouth.wish.org">www.midsouth.wish.org</a></p>
<p>North Hills Service</p> <p>Contact: Lois 501-834-0217</p>	<p>Assisting therapists (OT, PT, ST) or assisting in the classrooms</p> <p>Mon-Fri 8:30-3:30</p> <p>Clients ages birth-5</p> <p>Call for more information</p>
<p>North Little Rock Boys and Girls Club</p> <p>Contact: 501-374-0309</p>	<p>Sports and recreation, character and leadership, health and life skills, and art. Part-time work may be available (especially in the summers).</p>
<p>Our House</p> <p>Contact: John James 501-374-7383, ext. 218 <a href="mailto:john@ourhouseshelter.org">john@ourhouseshelter.org</a> 302 E Roosevelt in Little Rock</p>	<p>Tutoring adults in adult program Monday-Thursday 8-:30 4:30 (skills for GED preparation); lawn maintenance and landscaping; help in childcare area 8:00-5:00, assisting in computer lab, tutoring in basic math, language; tutoring with after school from 2:30-5:00; cleanup around shelter.</p> <p>Any unique projects are welcome (reading, crafts, talents, cultural or cooking classes)</p> <p>Can host a supply (household items, toiletries, etc) drive in your community, school, church, etc.</p> <p>Lunch service 11:30-12:30 (M, T, Th, F &amp; Sat/Sun)</p>



<p>Outlook Point in Sherwood</p> <p>Contact:  <b>Conny Hanson</b>, activities director  501-835-6000</p>	<p>Companionship for elderly residents (watching movies, reading, sitting and chatting, walkting with residence, craft projects, and bingo).</p> <p>They love entertainment, so if you have any talents (playing piano, guitar, etc, singing...etc, etc) they would love to hear it.</p>
<p>Rape Crisis- a program of Family Service Agency</p> <p>Contact:  <b>Heidi McNammers</b>  501-801-2700</p>	<p>Answer crisis hotline, do crisis intervention for sexual assault survivors in hospital emergency rooms</p>
<p>Riverbend Recovery Center</p> <p>Contact:  501-372-4611 ex 2109</p>	<p>Answer phone, taking individuals to their meetings, giving discussions on your area of specialty</p>
<p>Ronald McDonald House</p> <p>Contact:  <b>Christy</b>  501-374-1956</p>	<p>Clean and organize playroom, organize library, vaccum hallways, other household duties, odds and ends chores. Group can come and lead a game night or family friendly movie. Yard work done in the summer. Voluneers for events may be needed. Regular volunteers can be trained to work the front desk.</p>
<p>St. Francis House, Inc.</p> <p>Contact:  www.stfrancisministries.com  501-664-5036</p>	<p>Call for more information.</p>

<p>Step-UP Support Center</p> <p>Contact: Annette 501-565-1333</p>	<p>Substance abuse program, youth development program, Our Club (ages 6-12), YIP male (age 13-18) and YIP Females.</p>
<p>St. Vincent Health Center – Volunteer office</p> <p>Contact: Juanita 501-552-3550</p>	<p>HR, waiting room, orthopedic area, information desk.</p>
<p>United Way</p> <p>Contact: 501-376-4567</p>	<p>Volunteer directory online. <a href="http://www.heartaruw.org">www.heartaruw.org</a> volunteer centers; volunteer handbook.</p>
<p>Watershed</p> <p>Contact: Carla 501-378-0176</p>	<p>Office work, assist with fundraising, case management (assist with intake office), disaster relief, tutoring, help with Thanksgiving and Christmas project, light maintenance, fixing food boxes, receptionist work;</p> <p>Christmas and Thanksgiving are their biggest times of need.</p>

<p>Women and Children First</p> <p>Contact: Brandi Wiseman bwiseman@wcfarkansas.org 501-376-3219</p>	<p>Child care/teen activity, Crisis line volunteer, gift wrapper volunteer, holiday helper volunteer.</p>
<p>YMCA</p> <p>Contact: Mary Gracin 501-529-9472</p>	<p>Many opportunities- call for more information</p>
<p>Youth Home, Inc.</p> <p>Contact: Brenda Griffin 501-821-5500 www.youthhome.org</p>	<p>Only fundraising help needed; no direct contact with kids without licensure of some sort.</p>