

<p>Alzheimer's Association</p> <p>Contact: Marisha DiCarlo 501-265-0027</p>	<p>-Office/clerical volunteer, events volunteer, programs volunteer, working on helpline (entails answering calls about Alzheimer's dealing with more basic questions like, "What is Alzheimer's?" or questions about whether the caller or a loved one might have the disease, or strategies to help cope with Alzheimer's; includes training, and there will be a staff member available to field more difficult questions)</p> <p>-Internships available upon request -Weekend volunteer hours available; call for more information</p>
<p>American Heart Association</p> <p>Contact: Stephanie Hicks 501-379-1175 Stephanie.hicks@heart.org</p>	<p>-Little Rock- Wine Festival, Go Red for Women, Golf Tournament, set up for Heart Ball</p>
<p>American Red Cross Blood Services (LR)</p> <p>Contact: Annette Arthur, Regional Volunteer Coordinator 501-614-4435 Fax 501-614-4508</p> <p>Alternate contact: Tanya Mcnair, Administrative Assistant 501-614-4478</p>	<p>-Canteen area, registration, assistant for blood mobile sites, clerical, volunteer drivers for hospital services</p> <p>-Working mobiles in Faulkner County area; blood drives; more opportunities in Center in Little Rock; can get in touch with rep that handles Faulkner County area or Conway chapter</p>
<p>Arkansas Autism Resource and Outreach Center (partner on some events with an organization in Conway, Community Connections)</p> <p>Contact: Dianna Varady aaoc@uams.edu</p>	<p>Events in spring; 5K in April; Zoo Day in October; Camp for autistic kids during the summer</p>

626-9048	
<p>Arkansas AIDS Foundation</p> <p>Contact: Yolanda West 501-376-6299 west@araidfoundation.org</p>	<p>-Receptionist work (must be willing to sign confidentiality form; assisting case managers (intakes, etc)</p> <p>-Internships available (shadowing case managers; can be trained in HIV testing)</p>
<p>Arkansas Cares</p> <p>Contact: Susan Marsh 501-661-7979</p>	<p>-Child care on evenings and weekends, volunteers to teach special interest classes. Part time paid work may be available for Nursing Assistants</p>
<p>Arkansas Children's Hospital Volunteer Services</p> <p>Contact: 501-364-1825; website has the most information.</p>	<p>-Visit www.archildrens.org, go to volunteer opportunities; you can apply online. Background check required, part time paid opportunities may be available and will be posted on the web under employment.</p>

<p>Arkansas Coalition Against Domestic Violence</p> <p>Contact: Maradyth McKenzie 501-907-5612</p>	<p>-Helping with awareness events, receptionist work, students can help with research.</p> <p>-Internships may be available.</p>
<p>Arkansas Community Foundation</p> <p>Contact: Diane Griffin 501-372-1116 http://www.arcf.org/</p>	<p>See website</p>
<p>Arkansas Department of Health</p> <p>Contact: Elese Brown 501-450-4941</p>	<p>Requirement: must be 18 or older, need volunteers for filing and creating packages</p>
<p>Arkansas Disability Coalition</p> <p>Contact: Wanda Stovall 501-614-7020</p>	<p>Services may include collecting donations and putting information packets together.</p>

<p>Arkansas Foodbank Network, Inc.</p> <p>Contact: Robin Henderson 1-866-382-7900</p>	<p>Sorting and stacking grocery products and other items. Mon-Fri from 8-4:30.</p>
<p>Arkansas for Drug Free Youth</p> <p>Contact: Genine L. Preze 1-888-313-0388</p>	<p>Help with events such as Red Ribbon Week in October and help with office work. They will often recruit those who have been volunteers for employment.</p>
<p>Arkansas Heart Hospital</p> <p>Contact: Vickie Wingfield 501-219-7000</p>	<p>Information desk, patient representative opportunities</p>
<p>Arkansas Hospice (The)</p> <p>Contact: Harriet Hawkins 501-748-3303</p>	<p>Clerical, direct patient care (18 hrs of training required), special events, resale shop</p>

<p>Arkansas Literacy Councils, Inc.</p> <p>Contact: Katie McManners, Development Director or Marie Bruno, Executive Director 501-663-4321</p>	<p>Literacy Festival, office, will make referrals to those interested in volunteering for a literacy council</p>
<p>Arkansas Special Olympics</p> <p>Conway- Kyle and Darla Jones kdjones@cswnet.com Little Rock- Carol Horton soarea5@aol.com 501-771-0222</p>	<p>Call for more information; opportunities are available more during spring and early summer months.</p>
<p>Arkansas State Library for the Blind and Physically Handicapped in Little Rock</p> <p>Contact: Margie Lentz, Volunteer Manager 501-682-1155</p>	<p>Help Mon-Fri from 8-4:30 with tape distribution and recovery (they distribute books on tape to individuals with disabilities; work would include mailing those out as well as</p>
<p>Arkansas Workforce Center</p> <p>Contact: Shawntel Brown Conway: 730-9865</p>	<p>Call for more information.</p>

<p>ARORA (Ark. Reg. Organ Recovery)</p> <p>Contact: Bobby Walker 1-866-660-5433</p>	<p>Speaking and staffing booths; training required (training is usually twice a year)</p>
<p>Arthritis Foundation</p> <p>Contact: Amber 1-800-482-8858</p>	<p>Helping with special events, specifically Jingle Bell Run (around early December)</p>
<p>Baptist Community Health Clinic</p> <p>Contact: Little Rock- Jim Gibbons 501-202-2192 (direct line) 501-202-2847 (office line)</p> <p>Jim.Gibbons@baptist-health.org (best way to reach Jim)</p>	<p>Nursing units, office work, patient and family services, guest relations, hospital greeters.</p>
<p>Baptist Hospice</p> <p>Contact: Amber Nobel 501-202-7474</p>	<p>Patient care, office, bereavement, taking food to the patient. Check www.baptist-health.org for more job and volunteer opportunities</p>

<p>Bethlehem House</p> <p>Contact: Gale Hester 501-329-4862 Volunteer4bethlehem@yahoo.com www.bethlehemhouse.net</p>	<p>Yard Sale (2 per year; spring and summer), and Soup Kitchen 5-7, where people can come in to eat, shower, or wash clothes- volunteers can help cook, serve or prepare food boxes for the Food Pantry during those hours). Office duties may also be available.</p>
<p>Big Brothers/Big Sisters of Little Rock</p> <p>Contact: Crystal 501-374-6661 mentor@bbbsca.org</p>	<p>School based program (16+), community based program (19+), and support group, sports buddy program and Big League (21+).</p>
<p>Big Brothers/Big Sisters of Conway</p> <p>Contact: Amy Stockton 501-336-9505 bbbs@conwaycorp.com</p>	<p>Mentoring, being a friend to a child, office. Part time internships, and group project work may also be available</p>
<p>Boys and Girls Club of Faulkner County</p> <p>Contact: Marie Abrams 501-329-8849</p>	<p>Tutoring, recreation activities, arts and crafts program, gym, field trips; \$11 application fee for background check; takes 3-5 business days to process, so plan ahead!</p>

<p>Camp Aldersgate</p> <p>Contact: Tess 501-225-1444, ext. 239</p>	<p>Camp counselors for children with serious illnesses, weekend and summer camps. Service projects, volunteer counselors to work with the kids, Saturday project volunteers.</p>
<p>CareLink</p> <p>Contact: Debbie Gillaspay 501-372-5300</p>	<p>Volunteering to help with Meals-On-Wheels for older adults; Ombudsman: go to nursing homes and advocate for residents; go through training and make visits to nursing homes and see if there are any cases of abuse going on, then report to CareLink.</p> <p>Internships as case managers available.</p>

<p>CARTI (Central Arkansas Radiation Therapy Institute)</p> <p>Contact: Jennifer McConser 501-660-7612</p>	<p>Office/clerical (doing mass mailings for example), Fundraising (Festival of Trees in November); volunteer in clinic.</p>
<p>Centers for Youth and Families</p> <p>Contact: Candice Weekly 501-666-9436</p>	<p>Mentoring youth, tutoring, application process and background check required. Helping with fundraising events.</p>

<p>Arkansas Autism Resource and Outreach Center (partner on some events with an organization in Conway, Community Connections)</p> <p>Contact:</p> <p>Dianna Varady aaroc@uams.edu</p> <p>626-9048</p>	<p>Events in spring; 5K in April; Zoo Day in October; Camp for autistic kids during the summer</p>
<p>Charles Busy Child Development Center</p> <p>Contact:</p> <p>Ralph Nelson 501-375-7811</p>	<p>Reading stories to children, playing games with children, helping with children's birthdays.</p>
<p>Chenille Rehabilitation and Healthcare</p> <p>Contact:</p> <p>Gwyn Kent 501-228-4848</p>	<p>Organizing games, music, and parties. Visit with residents, outdoor outing (like picnics).</p> <p>Internships available upon request.</p>
<p>Community Service, Inc.</p> <p>Contact:</p> <p>Joyce Watson 501-327-9788</p>	<p>Mentoring, tutoring, fundraising, internships available for areas such as Psychology, Education (day treatment, behavior modification program with academic component) (Monday-Friday, 8-4:30)</p> <p>**Hoping to develop weekly session for artwork. Painting projects that need to be done. Help with front desk.**</p> <p>Recreational and arts and crafts volunteers very welcome!</p>

	Internships/practicum positions available.**
<p>CHDC</p> <p>Contact: Sally 501-329-6851 ext. 319</p>	<p>Clothing rooms; assist individuals; Help with train (usually Tuesdays around 5:00); help with shredding; recycling and helping clients crush cans; read to and befriend clients. Walkathon in October. Always in need of volunteers; many various opportunities available.</p> <p>Internships/practicum positions available for graduate students; contact Dr. Buck Reddig, ext.397.</p>
<p>Conway Adult Education Center</p> <p>Contact: Ruth Ann Williams 501-450-4810</p>	<p>Math tutors, helping students whose second language is English, reading to children. Have onsite preschool to help with as well.</p>
<p>DHS- Division of Service for the Blind</p> <p>Contact: Charlie Cain 501-682-0198 700 Main, Little Rock</p>	<p>Needs people to record; read mail for the blind; giving rides, etc. Call for more information.</p>
<p>Families are Special</p> <p>Contact: Bill Barling 501-758-9184</p>	<p>Plan and conduct fundraising, serve as coach for kids and families learning computer skills, making public information presentations</p>

<p>Family Service Center</p> <p>Contact: Michelle 501-801-2700</p>	<p>Respond to hospitals after hours to sexual assault survivors, answer hotline for crisis calls after hours (training required 8-10 hours). Involved, long-term volunteering opportunity.</p>
<p>Faulkner County Senior Citizens Program</p> <p>Contact: Deborah Robinson 501-327-2895</p>	<p>Visiting homebound elderly people, helping them remain at home, meal delivery, help with dances and potlucks, monthly dinner bingo. Might help with fundraisers.</p>
<p>Faulkner County Literacy Council</p> <p>Contact: Emily Maggio 329-7323</p>	<p>Tutor adults with low reading levels to help improve their reading skills.</p>
<p>Florence Crittendon Family Ministries in Little Rock</p> <p>Contact: Debbie Stripling 501-663-3129</p>	<p>Inventory for donated items, landscaping, cleaning, office work. -Assist in direct care supervision; criminal background check necessary. -Food pantry collections/food drives. -Boys & girls 6-17.</p>
<p>Francis Allen School for the Exceptional in Little Rock</p> <p>Contact: Suzy Benham 501-664-2961</p>	<p>Assist classroom staff with children during outside time, circle time, etc.</p>

<p>Habitat for Humanity of Faulkner County Inc.</p> <p>Contact: Patricia 501-513-3244</p>	<p>All phases of construction, public relations, office, fundraising. Internships may be available.</p>
<p>Heifer Project International (World HQ)</p> <p>Contact: 501-376-6836</p>	<p>Visit website www.heifer.org/village/volunteers, or call and leave voicemail with your email address.</p>
<p>Help for Abuse Victims in Emergency Need (HAVEN)</p> <p>Contact: Jenny Morse 501-327-1701</p>	<p>Tutoring, part-time work sometimes available for females only (age 21 and older), application process, including background check required.</p>
<p>Helping Hands of Greater Little Rock</p> <p>Contact: Gayle or Sister Doris 501-372-4388</p>	<p>Greeter, filing, helping in the clothes room or helping the food room, Monday-Thurs 9-1.</p>

<p>HIRE, Inc. (Helping Individuals Receive)</p> <p>Contact: 501-450-2293</p>	<p>Call for more information</p> <p>Messages: Crystal at BBBS, office in Conway;</p>
<p>Methodist Counseling Center/ Kaleidoscope Kids</p> <p>Contact: Janet Breen 501-978-5437</p>	<p>Volunteers to help with quarterly kids' club activities, help with thrift shop (Kaleidoscope Grief Center Resale boutique 501-975-6666), help with peer support bereavement group for children and families, 2nd and 4th Tuesdays; training required.</p>
<p>Hospice Home Care in Conway</p> <p>Contact: Debbie Wheeler 501-336-9172</p>	<p>Visiting patients, provide breaks for caregivers, other special projects; training required.</p>
<p>Hospice Home Care in Little Rock</p> <p>Contact: Karen Ortega 501-296-9043</p>	<p>Visiting patients, provide breaks for caregivers, other special projects; training required. Office work available as well.</p>

<p>Jacksonville Boys and Girls Club</p> <p>Contact: Terry Brown 501-982-4316</p>	<p>Basketball coaches; tutoring program (general tutoring with kids' homework); mentoring program. Require background check and volunteer application available at the club.</p>
<p>Jacksonville Senior Center</p> <p>Contact: Barbara Seagle 501-982-7531</p>	<p>Meals on wheels, receptionist, decorating help with a dance that they have every Tuesday, teaching arts, crafts, etc.</p>
<p>Learning Disabilities Association of Little Rock</p> <p>Contact: Dana Jackson 501-666-8777</p>	<p>Mailing, update library materials, volunteers with good computer skills, part-time paid work may be available</p>
<p>Lions World Services for the Blind</p> <p>Contact: Nancy Jones 501-664-7100</p>	<p>Being a driver (taking an individual to do errands), recreational activities, read printed material to tapes, transferring printed reading material to brail, duplicating tapes.</p> <p>Training is required and you must be 18 years or older. Internships may be available. Contact Romona Sangalli, Chief Executive Office about internship opportunities.</p>

<p>Literacy Action of Central Arkansas</p> <p>Contact: Robert Boyce, Director 501-372-7323</p>	<p>Tutoring adults ages 18 and older, teaching English as a second language.</p>
<p>Little Rock Boy's Club- Billy Mitchell Unit</p> <p>Contact: Marilyn Scott 501-666-9486</p>	<p>Homework help, computer room, game room, gym activities. Part-time work and internships may also be available.</p>
<p>Little Rock Boys' and Girls' Club- James H. Penick</p> <p>Contact: Ann Leach 501-666-5494</p>	<p>Need coaches for girls and boys basketball teams (kids ages 6-18), tutors, teach computer skills, read to kids, art projects, play with kids in the game room. Part time may be needed during the holiday season and during the summers.</p>
<p>Little Rock Boy's Club- William E. Thrasher</p> <p>Contact: Luther Armstrong 501-376-2988</p>	<p>Call Luther for more information and opportunities; they'd love for anyone to come talk to the kids about college, etc.</p>

<p>Little Rock Healthcare and Rehab Center</p> <p>Contact: Emily Smith 501-664-6200 ext. 212</p>	<p>Volunteers to do activities with residents (music, games, arts, crafts)</p>
<p>LRAFB Youth Center</p> <p>Contact: Al Nelson 501-987-7718</p>	<p>Call for the many volunteer options available, working with teens.</p> <p>Homework help, arts & crafts, cooking classes, just hanging out</p>
<p>Make-A-Wish Foundation</p> <p>Contact: Emily 501-376-9474</p>	<p>Wish volunteer, events and fundraising</p> <p>Internships available</p> <p>Visit website: www.midsouth.wish.org</p>
<p>North Hills Service</p> <p>Contact: Lois 501-834-0217</p>	<p>Assisting therapists (OT, PT, ST) or assisting in the classrooms</p> <p>Mon-Fri 8:30-3:30</p> <p>Clients ages birth-5</p>

<p>North Little Rock Boys and Girls Club</p> <p>Contact: 501-374-0309</p>	<p>Sports and recreation, character and leadership, health and life skills, and art. Part-time work may be available (especially in the summers)</p>
<p>Our House</p> <p>Contact: John James 501-374-7383, ext. 218 john@ourhouseshelter.org 302 E Roosevelt in Little Rock</p>	<p>Tutoring adults in adult program Monday-Thursday 8-:30 4:30 (skills for GED preparation); lawn maintenance and landscaping; help in childcare area 8:00-5:00, assisting in computer lab, tutoring in basic math, language; tutoring with after school from 2:30-5:00; cleanup around shelter.</p> <p>Any unique projects are welcome (reading, crafts, talents, cultural or cooking classes)</p> <p>Can host a supply (household items, toiletries, etc) drive in your community, school, church, etc.</p> <p>Lunch service 11:30-12:30 (M, T, Th, F & Sat/Sun)</p>
<p>Outlook Point in Sherwood</p> <p>Contact: Barbara Wood, activities director 501-835-6000</p>	<p>Companionship for elderly residents (watching movies, reading, sitting and chatting, and bingo). Part-time work may be available.</p> <p>Particularly need volunteers to call bingo on Saturdays & Sundays around 2:00, or around 2 or 3 during the week. A few residents like playing Skip-Bo and would love to play.</p> <p>Having holiday parties.</p> <p>They love entertainment, so if you have any talents (playing piano, guitar, etc, singing...etc, etc) they would love to hear it.</p>
<p>Rape Crisis- a program of Family Service Agency</p> <p>Contact: Heidi McNammers 501-801-2700</p>	<p>Answer crisis hotline, do crisis intervention for sexual assault survivors in hospital emergency rooms</p>

<p>Riverbend Recovery Center</p> <p>Contact: Kyla Wright 501-372-4611</p>	<p>Answer phone, taking individuals to their meetings, giving discussions on your area of specialty</p>
<p>Ronald McDonald House</p> <p>Contact: Jan Tatem 501-374-2418</p>	<p>House cleaning, yard work, painting, reorganization. Professional resumes can be faxed to 501-374-2418</p>
<p>St. Francis House, Inc.</p> <p>Contact: www.stfrancisministries.com 501-664-5036</p>	<p>Call for more information.</p>
<p>Step-UP Support Center</p> <p>Contact: Annette 501-565-1333</p>	<p>Substance abuse program, youth development program, Our Club (ages 6-12), YIP male (age 13-18) and YIP Females.</p>

<p>St. Vincent Health Center – Volunteer office</p> <p>Contact: Juanita 501-552-3550</p>	<p>HR, waiting room, orthopedic area, information desk.</p>
<p>United Way</p> <p>Contact: 501-376-4567</p>	<p>Volunteer directory online. www.heataruw.org volunteer centers; volunteer handbook.</p>
<p>Watershed</p> <p>Contact: Ms. Snider 501-378-0176</p>	<p>Day care, office work, assist with fundraising, case management (assist with intake office), disaster relief, tutoring, help with Thanksgiving and Christmas project, light maintenance, fixing food boxes, receptionist work; please come with a background check if you can.</p>
<p>Women and Children First</p> <p>Contact: Toni 501-376-3219</p>	<p>Child care/teen activity, Crisis line volunteer, gift wrapper volunteer, holiday helper volunteer. As of now (10/13/09) they need donations intern (unpaid) for about 20 hours a week.</p>

<p>YMCA</p> <p>Contact: Ted 501-758-3170</p>	<p>Many opportunities- call for more information</p>
<p>Youth Home, Inc.</p> <p>Contact: Brenda Griffin 501-821-5500 www.youthhome.org</p>	<p>Only fundraising help needed; no direct contact with kids without licensure of some sort.</p>