We hope you are making plans now to attend the 28th Annual FACS Alumni Luncheon to be held on April 10, 2015 at the Brewer-Hegeman Conference Center on the UCA campus!

As you will see in this newsletter, we are committed to successful relationships with our students and faculty. Making connections as students, faculty, and alumni are vital to the continued success of our profession and our program.

2014 Keynote Speaker
Dr. Amy Beard

Make an Impact by Mentoring a UCA Student

"WHAT DO YOU WANT TO BE WHEN YOU GROW UP?"

No question strikes fear in the heart of some students (and professionals) quite like this one! For many students that come to UCA, that decision is made without the opportunity to explore the actual jobs associated with a given field of study. In 2013, the UCA Young Alumni Chapter established the Mentor Connection program.
What is the Mentor Connection?

Mentor Connection is a partnership between a UCA alumnus and a current student, enabling relationships that provide a learning experience for students and a leadership opportunity for the alumni. Mentor Connection provides a personal development relationship for everyone involved.

Mentor Connection benefits not only the mentor and mentee, but also provides a unique employee development and recruiting opportunity for organizations that employ the mentors.

Benefits for Mentor:

Mentors are selected on the basis that they possess the skills and knowledge to be mastered by a mentee. The Mentor exemplifies the ideal model expected of the mentee.

- The satisfaction of helping in the development of another person who may carry on his or her own work
- Ideas for feedback about his or her own projects from a junior person who is eager to learn and commit to the project’s success
- A network of former students who can collaborate on projects, increasing the mentor’s stature and visibility
- Becoming part of an expanded network of colleagues
- A letter of recognition sent to the Mentor’s employer highlighting his or her leadership and volunteerism

Benefits for Mentee:

Mentees have the opportunity of exposure to the workplace that can’t be received within the classroom. The mentee will be challenged and motivated by the model set by the Mentor.

- Individual recognition and encouragement
- Honest criticism and informal feedback
- Advice on how to balance education, career, and extracurricular activities
- Skills for showcasing one’s own work and setting professional priorities
- An understanding of how to build a circle of friends and contacts both within and outside one’s institution
- A perspective on long-term career planning

How do I sign up or get more information? Contact the Office of Alumni Services!
Student Organizations

American Association of Family & Consumer Sciences

2014-2015 Officers
President- Randi Jo Holloway
1st Vice President– April Worley
2nd Vice President– Susan Evans
Secretary– Whitney Treat
Historian– Ariel Thursby
Treasurer– Bianca Bingham
Refreshment Chair– Hannah Dresser

Phi Upsilon Omicron

On November 11, 2014, 33 students were initiated into the Gamma Beta Chapter of Phi Upsilon Omicron. The majors included 19 nutrition, 8 interior design, 4 general family and consumer sciences, 1 family and consumer sciences education, and 1 graduate student.

Founded in 1909, the honor society in family and consumer sciences promotes lifelong learning, leadership building, and ethical and scholastic excellence. The UCA chapter was chartered in 1983 and nurtures leaders to continue the legacy.

Student Dietetic Association

The Student Dietetic Association has participated in several community service projects this fall including EcoFest 2014, the Soaring Wings Half Marathon, and the Bear Essentials Food Drive. Additionally, SDA sponsored Sydney Sutterfield in the Miss UCA Pageant.

Facebook: UCA Student Dietetic Association Page

American Society of Interior Designers

2014-2015 Officers
Karissa George (President), Kate Donoven (President-Elect), Jill Smith (Secretary), Shelby Meyer (Treasurer), Treva Taylor (Media), Dani Hall and Micah Brasfield (Hospitality), Tim Brooks (Historian)

Facebook: UCA ASID Student Page
Dietetic Internship

The class of 2014 attended a reception in their honor on August 8, celebrating the completion of the dietetic internship.

Outstanding Preceptor and Intern Awards were presented. President Tom Courtway, Provost Steve Runge, Dean Jimmy Ishee, and Department Chair Mary Harlan all provided congratulatory remarks to this outstanding class.

Award Winners

Lyndsay Myers, 2014 Outstanding UCA Dietetic Intern winner.

Dr. Rosemary Rodibaugh, 2014 Outstanding Community Preceptor Award recipient.

Sara Long, 2014 Outstanding Foodservice Preceptor Award winner.

Lydia Sartain, 2014 Outstanding Clinical Preceptor award recipient.
We want to hear from YOU! As alumni of UCA and the FACS Department, we want to feature stories of your connections with students. Did you influence someone to come to UCA and/or to major in FACS? Do you currently serve as a preceptor or mentor? How did you connect? How do you benefit from this relationship? Tell us your story! We will feature these stories at the spring Alumni Luncheon. Contact Rebekah Lindsey @ rlindsey@uca.edu.
As our alumni, you are a very important part of the Department of Family and Consumer Sciences at the University of Central Arkansas. Thank you for your continued support and encouragement. Plans are under-way for the TWENTY-EIGHTH ANNUAL ALUMNI/STUDENT RECOGNITION RECEPTION/ LUNCHEON to honor our alumni and students.

Highlights include: Recognition of Alumni/Students  
Address by Special Guest Speaker  
Scholarship Announcements  
Re-acquaintance with Former Students

Please join us and make your reservation to attend this special occasion!

Please detach and return your registration form by March 1, 2015.
Check the appropriate box, detach and return to the address listed below.

___ Yes, I (alumnus) will be able to attend the luncheon. (Enclosed is my $20.00 luncheon reservation)
___ Yes, I (student) will be able to attend the luncheon (Enclosed is my $17.00 luncheon reservation)
___ Yes, I plan to bring a guest. ($20.00 enclosed for each additional person)
___ No, I will be unable to attend, however, please include my name on future mailings.

(Please make checks payable to Family & Consumer Sciences Alumni Association.)
Upon receipt of your reservation, additional information will be mailed:

Name:__________________________________________________________
Address:_______________________________________________________
Email:________________________________________________________
Year of Graduation:__________________________ Degree:_____________________

Please return to: 
Dr. Mary Harlan
Department of Family and Consumer Sciences
McAlister Hall 100
University of Central Arkansas
Conway, AR 72035

Telephone inquiries: 501-450-5950
The Alumni Committee requests your assistance in the nomination process for naming distinguished alumni in Family and Consumer Sciences (Home Economics) at the University of Central Arkansas. The committee has established criteria to recognize individuals that have made outstanding achievements representing the profession. The committee plans to recognize individuals in TWO categories: YOUNG ACHIEVER (less than 15 years in the profession) and DISTINGUISHED ALUMNI (more than 15 years in the profession). Please assist the committee by nominating one (or more) deserving alumni and returning your nomination form by March 1, 2015.

Please provide as much information concerning your nominee as possible.

Name of Nominee: __________________________________________

Category: (Check One)

Address: ________________________________________________

Young Achiever: ________

Distinguished Alumni: ________

Telephone: (Work) ________________________
(Home)________________________
E-mail ________________________

Please enclose a copy of the nominee's resume -OR- complete the following information -OR- PROVIDE US WITH A PHONE NUMBER TO CONTACT THE INDIVIDUAL TO OBTAIN ADDITIONAL INFORMATION.

I. Professional Work Experience:

II. Professional Memberships and Offices held:

III. Professional Activities: (presentations, publications, etc.)

IV. Community Service Activities:

V. Summarize a few key points why you feel this individual should be selected.

PLEASE RETURN BY MARCH 1, 2015 TO:

Dr. Mary Harlan
Dept. of Family and Consumer Sciences
Nominated by:_________________________________________
McAlister Hall Room 100 Telephone: (Work)________________________
University of Central Arkansas (Home):________________________
Conway, Arkansas 72035 E-mail:________________________
Telephone: 501-450-5950
Fax: 501-450-5958
E-mail: maryh@uca.edu
Family and Consumer Sciences Scholarship Contribution

Your name: __________________________________________
Address: ____________________________________________
Phone: ______________   Email: ________________________

Please apply my contribution to the following FACS Scholarship Fund (please check one):

___Adams-Lindsay-Webb Endowed Scholarship Fund
___Georg Andersen Interior Design Scholarship Fund
___Cecily Coffelt-Bullard Endowed Scholarship Fund
___Grace Dupree Endowed Scholarship Fund
___Martha Stone Harding Endowed Scholarship Fund
___Dr. Mary Harlan Scholarship Fund
___Mary Ann and Andrew Hiegel Endowed Scholarship Fund
___Dr. Roy C. and Dollie Randleman Holl Endowed Scholarship Fund
___National Wall-Covering Scholarship Fund
___Emily Oates Scholarship Fund
___Dr. Nina Roofe Nutrition Scholarship Fund
___Nina Russ Endowed Scholarship Fund
___Connie Westbrook Scholarship Fund
___Other (wherever the need is greatest)

My gift qualifies me for membership in (please check one):

___Coffee Club ($125-$249)
___Dean’s Club ($250-$499)
___University Club ($500-$999)
___President’s Club ($1000 or more)
___Other amount ($ ________)

Credit Card type: _____________________
Credit Card number:  __________________
Expiration Date: ____________
Amount: $_____________
Name on card: ________________________

Please complete and return this page with your credit card information or your check made payable to the UCA Foundation, Inc. Your tax deductible contributions will be greatly appreciated!

Have you changed jobs and have a new business card? We would love to share with our students what our alumni are doing! Please send one in with your registration or bring it to the luncheon!

Rebekah Lindsey
FACS Alumni Newsletter Editor
FACS Dept, MAC 100
201 North Donaghey Avenue
Conway, AR 72035

Phone: 501-450-5950
Fax: 501-450-5958
E-mail: rlindsey@uca.edu
Editor: Ms. Rebekah Lindsey
Assistant Editor: Dr. Nina Roofe