

Ellen M. Epping

Education:

M.A. Curriculum and Instruction New Mexico State University, May 1990
B.S. Physical Education University of Wisconsin - Madison, May 1988

Professional Experiences

Director, Athletic Training Education Program / Clinical Instructor II

University of Central Arkansas, August 2001 - present

Primary administrator for the accredited ATEP performing the following duties: Serve as the leader of the program, ensure that the program/curriculum meets accreditation standards and guidelines, oversee and collaborate on the development of courses including updating resources and evaluation instruments., communicate with faculty to ensure required courses align with accreditation standards, advise pre-athletic training and athletic training majors, teach program and departmental courses, and implement plan to evaluate program effectiveness.

Director, Athletic Training Program / Assistant Professor

Eastern Illinois University, August 1999 – July 2001

Administered the Accredited athletic training curriculum program with the duties of writing and compiling the CAAHEP self-study report and JRC-AT annual reports. Coordinated all on-campus and off-campus clinical assessment / evaluations, as well as the comprehensive oral practical exams for exiting athletic training students.

Instructor, Physical Education

Eastern Illinois University, August 1994 – July 1997

Served in dual-position, teaching courses in accredited athletic training program and supervising clinical athletic training students while providing medical coverage for intercollegiate athletics.

Clinical Instructor / Assistant Athletic Trainer

Eastern Illinois University, August 1992 – July 2001

Supervised 6 – 10 athletic training students in the McAfee (1992-1995) and Lantz (1996- present) athletic training rooms during their clinical assignment with intercollegiate athletic teams. Sport responsibilities include women's basketball, volleyball, men's & women's tennis and golf. Added on baseball, women's rugby and men's basketball for the fall 1999 semester until a new Head Athletic Trainer was hired. From 1992 – 2000, scheduled weekly orthopedic clinics with three area physicians for intercollegiate athletes.

Instructor, Health Studies / Assistant Athletic Trainer

Eastern Illinois University August 1992 - May 1997

Taught First Aid & CPR courses to general student population. Sport responsibilities included volleyball, men's & women's tennis and golf.

Assistant Director, Athletic Training Education Program

New Mexico State University, Athletic Training Education Program, August 1990 - June 1992

Primarily responsible for teaching beginning level athletic training students rehabilitation skills in an athletic training clinic setting. Assisted the Director with the administrative duties of operating an NATA approved program. The NMSU athletic training program serviced four high schools, one collegiate athletic department, and one athletic training clinic.

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Graduate Assistant Athletic Trainer

New Mexico State University, Intercollegiate Athletics, August 1988 - May 1990

Primarily responsible for the practice/game coverage of the women's basketball and volleyball teams, assisted in the practice/game coverage of fall and spring football along with supervision and administration of injury treatment and rehabilitation.

Courses Taught

Clinical Instructor I, University of Central Arkansas, August 2001 – present

ATTR 4315, Program Development, spring 2003, 2005 - 2017

ATTR 3345, Therapeutic Modalities, spring 2004 – 2017

ATTR 1350, Introduction to Athletic Training, fall 2002 – 2016, spring 2002

ATTR 3335, Therapeutic Exercise, fall 2002 – 2016

KPED 4327, Clinical Experience in Athletic Training IV, fall 2003, spring 2003, 2005, 2007, 2011, 2012

KPED 3331, Care and Prevention of Exercise and Sport Injuries, summer 2002 – 2008, 2011 – 2012

KPED 4371, Workshop, Professional Development, spring 2006, 2007

Assistant Professor, Eastern Illinois University, November 1997 – July 2001

PED 1130, Introduction to Athletic Training, fall 2000

PED 2130, Practical in Athletic Training, every semester starting fall 1997

PED 2132, Therapeutic Exercise, fall 1998, 2000

PED 2131, Therapeutic Modalities, fall 1997, 1999

PED 3131, Injury Recognition, spring 1998

PED 4742, Internship in Athletic Training, fall 1997 thru summer 2001

PED 4741, Independent Study in Athletic Training, fall 1997 thru summer 2001

Instructor, Physical Education, Eastern Illinois University, August 1994 - 1997

PED 2132, Therapeutic Exercise, fall 1994, 1996

PED 3131, Injury Recognition, spring 1996

PED 3132, Seminar in Sports Medicine, spring 1997

PED 4742, Internship in Athletic Training, spring 1997

PED 4741, Independent Study in Athletic Training, spring 1997

Instructor, Health Studies, Eastern Illinois University, August 1992 - May 1997

HST-2320, First Aid and Safety fall 1992 - spring 1997

Honors:

National Athletic Trainers' Association, Athletic Trainer Service Award, 2004

Madison Area Technical College, Athletics Hall of Fame, 1994

University of Wisconsin – Madison, Student Athletic Trainer of the Year, 1988

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Service Activity:

Professional:

Commission on Accreditation Athletic Training Education (CAATE) Site Visitor

- Selected as CAATE Substantive-Change Self-Study Reviewer and Site Visitor, 2017-2018
- Selected as Comprehensive Self-Study Review and CAATE Site Visitor, 2015-2016
- Selected as Comprehensive Self-Study Reviewer and Reader, 2014-2015
- Selected for CAATE Site Visitor training update in June 2014
- Selected as CAATE Comprehensive Self-Study Reviewer and Site Visitor, 2012
- Selected as Comprehensive Self-Study Reviewer and Reader, 2008-2009
- Selected as Comprehensive Self-Study Reviewer and Site Visitor, 2007-2008
- Assisted with site visits spring 2016, spring 2012, fall 2008, fall 2007

Southwest Athletic Trainers' Association, 2001 – present

- Life Balance Committee, 2009 - 2010
- College / University Athletic Trainers' Committee, September 2004 - 2009
- Women in Athletic Training Committee, July 2004 - 2009
- Student Poster Committee, July 2002 - July 2005

Arkansas Athletic Trainers' Association, 2001 - present

- Newsletter Editor, July 2004 - 2010
- Education Committee, August 2003 – 2010
- Diversity Committee, August 2001 – May 2006

University

Search Committee, Department Chair, Kinesiology and Physical Education, 2014-2015

Search Committee, Dean of College of Health and Behavioral Science, 2013-2014

University Admissions Committee, August 2001-July 2003

Department

EXSS Planning and Assessment Committee, 2011 - Present

EXSS Advancement Committee,

AT Program Admissions Committee, Chair, 2001 to present

Betty Swift Scholarship Committee, Chair fall 2009 – 2011, member 2009 - present

Chair, Search Committee, KPED (AT) Tenure-Track position, 2014-2015

Chair, Search Committee, KPED Clinical Instructor I position, 2014-2015

Chair, Search Committee, KPED Clinical Instructor I positions (2), spring 2012

Chair, KPED Curriculum Committee, fall 2009 - 2011

Chair, Search Committee, KPED Clinical Instructor I, spring 2009

Technology Faculty Associates Workshop, May 2006

KPED Webmaster, August 2001- December 2005

Chair, ATEP Faculty Search Committee, August 2001 to present

Chair, ATEP Admissions Committee, August 2001 to present

RSO Advisor for Central Arkansas Athletic Training Student Association, August 2001 to July 2006

Assist with CPR/AED certification of department faculty, May 2002 - present

Assist with CPR certification of Intercollegiate Athletics coaches, May 2002 – June 2005

UCA Instructional Development Center - Teaching Portfolio Workshops (3 meetings), spring 2003

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Community Service:

American Red Cross, Professional Rescuer Instructor, 2006 – present
American Red Cross, Health and Safety Instructor, 1992 – present
American Red Cross, Instructor Trainer, 1999 – 2010
American Red Cross, Prevention of Disease Transmission Instructor, 2001
American Red Cross, Sports Safety Training Instructor, 2001

Certifications and Licensure

Arkansas State License - Athletic Trainer, Licensure number, #261: Nov. 2001 - present
Board Certified Athletic Trainer, Certification number: 000042015, July 12, 1988
National Provider Identifier #: 1770546152
Illinois State License - Athletic Trainer, Licensure number: 096-557, May 1996 – May 2002
Wisconsin Teaching License - Physical Education K-12, May 1988 – June 2002

Scholarly Activity:

Articles

Course-links Website, Editor's Choice, August 24, 1999
National Athletic Trainers' Journal, Book Review (Vol. 32 No.4 Oct-Dec.1997)

Presentation

AATA Annual Meeting
- Panelist – “Athletic Training Education”, April 2012
- Panelist – “Evidence-Based Application of Therapeutic Modalities”, May 2006

Clinical Instructor Educators' Seminar, January 2005, July & August 2002

Illinois Association of Physical Education Health Recreation & Dance Convention, November 1998
- Presented - “Prevention of Athletic Injuries”

Additional Scholarly Activity:

Courses Completed after Master's Degree, Eastern Illinois University

PED 4760 – Sport Law – 3 credits, spring 2001
PED 5200 – Curriculum in Physical Education – 3 credits, spring 2000
PED 5134 – Upper Extremity & Injuries – 3 credits, spring 1999
HST 4800 – Drugs and Society – 3 credits, spring 1999
AIS 4987 – Internet for Productivity – 1 credit, summer 1998
AIS 4986 – Design and Create Web Pages – 1 credit, summer 1998
EDF 4985 – Technology in Teaching – 1 credit, summer 1998
ENG 4986 – Web Page Publishing – 1 credit, summer 1998
PED 4985 – Desk Top Publishing for PE and Athletics – 1 credit, summer 1998
PED 4988 – Nutrition and the Athlete – 1 credit, summer 1998
PED 5720 – Sport, Film and Culture – 3 credits, spring 1998
PED 5000 – Research Methods – 3 credits, summer 1997
PED 5800 – Analytical Reading – 3 credits, summer 1997

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Athletic Training Educators' Conferences/Workshops

Athletic Training Educators' Conference, Grapevine TX, February 17 – 19, 2017
CAATE Accreditation Conference, Tampa, FL, October 21 – 23, 2016
Athletic Training Educators' Conference, Dallas, TX, January 2013
Athletic Training Educators' Conference, Washington DC, February 2011
SEATA Athletic Training Educators' Conference, Atlanta, GA, February, 2010
Athletic Training Educators' Conference, Washington DC, February 2009
SEATA Athletic Training Educators' Conference, Atlanta, GA, February, 2008
Athletic Training Educators' Conference, Dallas TX, January, 2007
SEATA Athletic Training Educators' Conference, Atlanta, GA, February, 2006
Clinical Instructor Educators' Workshop, January 2005
Athletic Training Educators' Conference, Montgomery TX, January, 2003
1st Clinical Instructor Educators' Workshop, June 27, 2000
Athletic Training Educators' Conference January 29-31, 1999

Board of Certification (BOC) Exam

Exam Host, August & November exams, 2003 - 2005
Examiner Training, May 10, 2003
Exam Procter, November 2002

Attendance at Professional Meetings/Seminars

Arkansas Athletic Trainers' Association Annual Meeting, May 2002 – 2008, 2010 – 2017
Therapeutic Modalities: An Evidence-Based Practice Seminar, May 2006
National Athletic Trainers' Association Annual Meeting, June 1999, 2000, 2002, 2004, 2006, 2014-16
Southwest Athletic Trainers' Association Annual Meeting, July 2004, 2006, 2008
Great Lakes Athletic Trainers' Association Annual Meeting and Symposium, March 1998

- Workshop, Writing for Publication, March 14, 1998

Workshop – Microlight 830™ Laser approved to treat Carpal Tunnel Syndrome Seminar, January 2003

Home Study Courses

Home Study Course, “Evidence-Based Assessment and Prevention of ACL Injuries”, May 2016
Internet course “Current Trends in the use of Electrical Stimulation in Athletic Rehabilitation” March 2006
PASS Home Study Course, Myofascial Release in Sports Medicine, September 2004
PASS Home Study Course, Massage for Sports Health Care Professionals, March 2003
PASS Pharmacology for Athletic Trainers - Performance Enhancement and Social Drugs, August 1998
PASS Pharmacology for Athletic Trainers - Therapeutic Medications, August 1998
PASS Mild Brain Injury in Sports, June 1997
PASS Management of Blood borne Pathogens, June 1997
PASS Sudden Death in Sports, June 1997