

**BETTY SESSUM**  
**essesum@uca.edu**  
**(501) 450-5704 w**

### **EDUCATION**

National Board for Professional Teaching Standards <b>Certification - November 2003</b>	
Mississippi University for Women Teacher Training For Evaluating Student Teachers	Columbus, Mississippi
Louisiana Tech University School Renewal -	Ruston, Louisiana
Henderson State University <b>M.S.E. 1978</b>	Arkadelphia, Arkansas
Henderson State University <b>B.S.E. 1977</b>	Arkadelphia, Arkansas

### **Community Service and Membership**

AAHPERD – Member  
NASPE – Member  
NDA – Member  
ArkAHPERD – Member  
UCA KPEM Club - Member  
University Women – Member  
Betty Swift Scholarship Committee – Chairman  
Fletcher B Lowry - Outstanding Student for College of Health & Behavioral Sciences–  
Chairman KPED  
PETE faculty Search Committee – Chairman  
Member Diversity Committee –UCA - COE  
Member Professional Educator Unit – UCA - COE  
Member Sabbatical Leave Committee – UCA  
Run For Cure – Supporter  
Conway Physical Education Teachers Workshop – Volunteer Presenter 2012, 2013  
National Board Certification – Volunteer Reader/Mentor for Local Physical Education Teachers  
Pep Grant – Dance Instructor Volunteer  
KPEM Green Mile- Volunteer  
PETE Fitness Testing-Volunteer  
KPED 1320 Lab Assessment - Volunteer  
American Heart Association – Co-host for Conway Area Schools

### **TRAINING and CONFERENCES**

- TESS training 2013
- Shape Up UCA – 2008, 2009, 2010, 2011, 2012, 2013, 2014, 2015
- Chalk And Wire –2007, 2008, 2009, 2010, 2011
- WebCT & Blackboard – Fall 2007,2008, 2009, 2010
- Diversity And Sexual Harassment –2007, 2008, 2009, 2010, 2011, 2012, 2013, 2014
- Pathwise – Fall 2007, 2008, 2009, 2011
- Arkahperd Conference – 2007, 2009, 2010, 2013
- Developing & Assessing Professional Behaviors – 2008

- AAHPERD Conference - 2008
- Banner Self-Service – Fall 2007

**Betty Sessum**  
**Employment**

**University Of Central Arkansas**  
**Clinical Instructor –**

**Conway, Arkansas**  
**August 2007 – present**

- Advisor for Pre/PETE and PETE students
- Teach Introduction to Dance and Rhythmic Activities
- Teach Motor Skills and Fitness for the P-4 Learners
- Teach Motor Skills and Fitness for the P-4 Learners at UACCM campus Fall 2013
- Teach Motor Development Fall 2014
- Teach Concepts of Lifetime Fitness
- Teach Principles of Kinesiology and Physical Education
- Supervise Intern I students in the PETE Program
- Supervise Intern II students in the PETE Program

**Columbus Municipal Schools**

**Columbus, Mississippi**  
**December 1994- July 2007**

**Franklin Academy, Mitchell Memorial Elementary,  
and Union Academy Elementary**

**Physical Education Instructor – K-4 Travel to 3 schools throughout the week**

- Sports' Day Event Coordinator
- Cooperate and Evaluate Mississippi University for Women Student Teachers
- Cooperate and Evaluate Mississippi State University Student Teachers
- Observed by Elem. P.E. students from MUW
- President's Council on Physical Fitness Testing and - 10 years
- School Wellness Committee and Hospitality Committee
- **Coordinator NFL-Punt, Pass, And Kick**
- Operated concession stand for City-Wide NFL-PPK
- **Coordinator Major League Baseball – Pitch, Hit and Run**
- **Coordinator American Heart Association's –Jump Rope For Heart - 10 years**
- Member Mississippi Professional Educators
- Member MAHPERD
- Attended Jean Blaydes workshop
- **Presented "highlights" of Jean Blaydes Workshop to fellow teachers**
- **Directed and Choreographed Franklin's Annual Nutcracker (using PE Equipment)**
- Collector of Pop Tabs for Ronald McDonald Charities
- Attended Nat. Tennis Assoc.' Workshop and obtained tennis racquets for my classroom
- Attended Madeline Hunter Workshop for Reading and Lesson Plans
- Served on Science Equipment Committee (Franklin)
- Served on Computer Committee (Franklin)
- Served on SACS Committee – graphed stats for presentation package
- **Wrote and Received Grant of \$490 from South Central Bell for P.E. program**
- Presented Elem. games to fellow P.E. Instructors
- Volunteered to teach basics to fellow teachers - EXCEL computer program
- Volunteered to teach fellow teachers how to play existing educational computer games
- Volunteered to teach Maypole Dance for May Day celebration

- Coordinated with Music Teacher – Special PTA Programs
- Liaison for Partners in Progress with Columbus Air Force Base

**Louisiana Tech University  
A.E. Phillips Lab School**

**Ruston, Louisiana  
January 1993 - December 1994**

**Physical Education Instructor**

- K-8<sup>th</sup> grade Physical Education Instructor
- Observed and Evaluated Tech and Grambling Elementary Physical Education Students
- Coordinated Intramural Day
- Louisiana Tech University Physical Education Curriculum Committee
- Southern Association of College Schools Communication Committee
- School Building Level Committee

**Ouachita Parish School Board  
Ouachita High School**

**Monroe, Louisiana  
August 1992- January 1993**

**Physical Science and Life Science Instructor**

- Taught 9<sup>th</sup> grade Physical Science and 7<sup>th</sup> grade Life Science

**Orange County Public Schools  
Lakeview Middle School**

**Orlando, Florida  
Winter Garden, Florida  
December 1987 - August 1992**

**PHYSICAL EDUCATION INSTRUCTOR**

- 6<sup>th</sup> – 8<sup>th</sup> grade Physical Education Instructor
- 6<sup>th</sup> – 8<sup>th</sup> grade Human Sexuality Instructor
- Organized and coordinated Intramurals for 1100 students

**Diocese of Fort Worth  
THIRD GRADE INSTRUCTOR  
St. Andrews Catholic School**

**Fort Worth, Texas  
August 1986 - December 1987**

**Physical Education Instructor**

**August 1983 - December 1985**

- K – 8<sup>th</sup> grade Physical Education Instructor

**JONESBORO FAMILY YMCA  
AQUATICS DIRECTOR**

**JONESBORO, ARKANSAS  
May 1981 – August 1983**

- Swim Lessons and Water Aerobics Instructor
- Coordinated and Supervised Swim Instructors
- Coached Swim Team
- Brought YMCA Swim Team back under YMCA umbrella
- Certified Swim Meet Manager

**S.E. ARK. HUMAN DEVELOPMENT CENTER  
RECREATION SUPERVISOR**

**WARREN, ARKANSAS  
August 1978 – May 1981**

- Taught Recreation to clients ages 6 - 21
- Wrote I.E.P Recreation Objectives
- Supervised 12 staff
- Set up and ran off Special Events
- Taught swimming lessons at YMCA

**HENDERSON STATE UNIVERSITY**  
**GRADUATE ASSISTANT**

**ARKADELPHIA, ARKANSAS**  
**August 1977 – May 1978**

- Taught Beginning Swimming
- Taught Modern Dance

**HONORS and AWARDS**

Governor's Fitness Award – Franklin Academy – 6 years  
Governor's Fitness Award – Mitchell Memorial Elementary  
Governor's Fitness Award – Union Academy  
Educator of Year for Columbus City/Lowndes County  
Educator of the Year - Franklin Academy  
Teacher of the Year - Franklin Academy  
Teacher of the Month – Franklin Academy  
Teacher of the Month - Lakeview Middle School  
Special Olympics Volunteer Award, Bradley County Special Olympics  
Reddie Spirit Award, HSU  
Calvin Spencer Holt Outstanding Physical Educator, HSU  
Most Valuable Swimmer, HSU  
State Diving Record, HSU