

The Anxiety Workshop is Back!



gg61625750 www.gograph.com

The Anxiety Workshop will resume on:

Thursdays

September 4th – October 23rd

1:40 - 2:30 (X-period)

Student Health Building - Room 328

Topics for discussion will include, but are not limited to:

Social Anxiety

Performance Anxiety

Test Anxiety

for more information contact:

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Sponsored by:

UCA Counseling Center

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