

University of Central Arkansas Intramural Sports Program



Policies & Procedures Manual

Campus Recreation 501-450-5712

www.uca.edu/campusrecreation

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Intramural Handbook
Table of Contents

Letter From Ronnie Williams.....Page 3
Letter From Logan Wile.....Page 3
What are Intramural Sports?.....Page 4
Purpose.....Page 4
Objectives.....Page 4
Organizational Structure.....Page 5
Intramural Student Advisory Council.....Page 5
How to Enter an Intramural Sports.....Page 6
Team Manager.....Page 6
Manager’s Meeting.....Page 6
Free Agent Notebook.....Page 7
Injuries.....Page 7
Dress.....Page 7
Awards.....Page 7
Eligibility.....Page 8
Specific Eligibility Rules.....Page 9
 Greek Division
 Residence Hall Division
 Independent Division
General Policies.....Page 10
 Player Conduct
 Team Conduct
 Fan Conduct
Code of Conduct.....Page 11
Forfeits.....Page 12
Protest.....Page 12
Tie Breaking Procedures.....Page 13
Heat Index.....Page 13

Letter From
Ronnie Williams
Vice President for Student Services

Dear Students,

The mission of the Division of Student Services is to provide for the growth and development of the “whole” student and enhance the learning environment. The Intramural and Recreation programs are very important components of this mission.

Continually, the office of Intramural Sports and Recreation has strived to strengthen and increase campus offerings in recreation. Through these efforts, students derive a healthy sense of physical and mental well being that may not come from any other campus activity.

I encourage you to participate in as much Intramural and Recreation programs as your schedule will permit. Please let us know if you have suggestions on ways we can make this experience more beneficial for you.

Ronnie Williams
Vice President for Student Services

Letter From
Logan Wile
Director of Intramural Sports

Intramural Sports here at the University of Central Arkansas continues to see record participation across all sports, every year. As UCA continues to grow, I plan on expanding and improving our program to match the needs of every student on this campus. Intramurals here at UCA has a strong tradition of participation, competition and fun. Through new programming I hope to continue to grow these traditions in the upcoming season. No matter your skill level or experience, I encourage you to sign up and experience the thrill that is UCA Intramural Sports. Let us show you why we’re regarded as the preeminent Intramural Sports program in the state!

Logan Wile
Director of Intramural Sports

What Are Intramural Sports?

The Intramural sports program at the University of Central Arkansas is one component of the Department of Campus Recreation within the Division of Student Services. The program is very structured and offers individual, dual, and team sports for male and female participation. Participation is not required, and an individual does not have to be highly skilled to participate. Activities are scheduled over an extended period while others take place during a couple of days. Most teams play once a week, and contests are scheduled during the late afternoon evening hours.

We hope you will get involved in the intramural sports program. It's a great opportunity to compete with your friends and meet other students, faculty, and staff. If you have any questions, please contact the Intramural Sports Department at 501-450-5162.

Purpose

The purpose of the Intramural Sports program is to provide an opportunity for every student at the University of Central Arkansas to participate in some type of competitive sports activity as regularly as his/her interest, ability, and time will permit. The rules and regulations which have been formulated for the activities in this program take into consideration the necessary preparation for each activity as well as the degree of skill of each participant.

Objectives

1. To provide wholesome and health activities for recreation and relaxation from strenuous schoolwork and the rapid pace of modern society for students, faculty, and staff members.
2. To provide equipment, facilities, and encourage wholesome participation in a large number of sports activities by students, faculty, and staff members.
3. To stimulate an interest in athletics and recreation through a high quality program.
4. To provide an opportunity to develop sportsmanship of the highest order. Everything that sportsmanship implies should be developed on playing fields and playing courts of the University of Central Arkansas.
5. To provide an opportunity to learn the important values developed through team spirit and cooperation.
6. To provide the opportunity to belong to a group.
7. To provide an opportunity to make social contacts and friendships which could not readily be developed in the classroom.
8. To provide the opportunity for every student regardless of his/her ability to realize the joy and fun of participation in their favorite sport.

Organizational Structure of Intramural Sports

Vice President of Student Services

Dean of Students

Director of Campus Recreation

Director of Intramural Sports

Student Supervisors

Intramural Officials

Team Managers

Students

The Intramural Sports Office is located in the HPER Center. All records and standings are kept on file in this office. Any official information concerning individuals or teams may be obtained there. Managers are responsible for obtaining this information. Information can be found on the check in counter outside the Intramural Office. Information can also be obtained by visiting our website at <http://uca.edu/campusrecreation/intramural-sports/>

Intramural Advisory Council

The Intramural Advisory Council shall be the governing body of the organization. The committee is composed of one representative from each organization/team. The committee has as its main objective to advise on current and future Intramural activities and evaluate the state of the Intramural Sports program at UCA. Meetings are on a needed basis if an issue were to occur. Each organization's Intramural Representative (Intramural Chair) must attend the meetings.

How to Enter an Intramural Sport

1. Watch for special notices, which will be posted on the counter outside the Intramural Office. Other sources that provided information are various locations across campus, campus media, and the intramural sports website <http://uca.edu/campusrecreation/intramural-sports/>
2. Team Sports: Sports that require your attendance at manager meetings, (Flag Football, Soccer, Basketball, Volleyball, and Softball). All Teams must be represented at these meetings.
3. Individual and Dual Sports: Each participant must obtain the proper entry forms from the Intramural Office and return them by the entry deadline.
4. Schedules for all activities will be made available as soon as possible and may be obtained at the Intramural Office by any team member.
5. Any entry form sent digitally must be turned into the Intramural Office before the end of that sport entry deadline.

Team Manager

1. Enter his/her team for competition promptly when the announcements are made from the Intramural Sports Director.
2. Understand the game rules, and convey them to team members. If in doubt, check with the Intramural Sports Director.
3. Make sure each team members name is on the team roster.
4. Keep team members informed concerning the time and place of all scheduled contest.
5. Notify team members of any changes in the schedule.
6. Keep informed by frequent visits to the Intramural Sports Office.
7. Cooperate fully with the official in charge of the games, with regard to the score, line-up and other data pertinent to the contest.
8. Be sure that all team members are ready to play at the scheduled time.
9. Make sure each team member is eligible.
10. Be responsible for the conduct of his/her team members and organization.

Manager's Meetings

Each Intramural team sport (Flag Football, Soccer, Basketball, Volleyball, and Softball) has three scheduled manager's meetings before the season begins. Every team must have a representative at one meeting to assure entry. Team rosters are due at 5:00PM on the entry deadline day. The meeting will cover schedules, rescheduling procedure, forfeit, inclement weather, disciplinary action, protest and all rules. Dates and times for these meetings are included on the Entry Form, and on the intramural sports website <http://uca.edu/campusrecreation/intramural-sports/>

Free Agent Notebook

To facilitate participation in team sports a Free Agent Notebook is located in the Intramural Office. This notebook is for students, faculty, or staff in search of a team to play on, as well as managers who need extra players. Individual players are also welcomed to attend the manager's meetings in order to attempt to join a team.

Injuries

Each manager will be responsible for getting each participant to sign a consent form releasing the University of Central Arkansas from injury responsibility. All participants are encouraged to have a physical and obtain insurance prior to participation. The Intramural Sports office and UCA are not responsible for injuries occurred while participating in Intramural Sports. Participation in any Intramural activity is on a voluntary basis.

Dress

Any type of sportswear appropriate for the activity is sufficient. All participants must wear proper footwear that is most suitable for the sport in which they're participating. Refer to each specific activity for additional information regarding appropriate dress and shoes. Sportswear will change in different sports. NO METAL CLEATS.

Awards

Championship T-Shirts will be given to the winning team or individual in each sport. An overall champion for each division will be named at the end of the Intramural Sports season. The Mercury Cup, Laurel Cup, and Murry's are perpetual awards presented each year to acknowledge the organizations that have worked and played hard throughout the academic year. You may only receive one T-Shirt once you win a sport.

Eligibility

All students, faculty, or staff at UCA are eligible to participate in Intramural activities with the following exceptions:

1. Any student who has played professionally in any sport will be ineligible for those activities in the Intramural Sports program in which he/she has broke his/her amateur standing.
2. A team may have a maximum of ONE varsity (intercollegiate) athlete on their team. A varsity (intercollegiate) athlete is any student who has earned a varsity letter, numeral, or its equivalent the previous academic year and is no longer competing at the intercollegiate level.
3. A squad member of any current varsity sport is ineligible for Intramural competition in that sport.
 - a. A squad member is any student who is listed on the varsity, freshman, or "B" squad roster on the opening day or who later joins the squad and is practicing on a daily basis.
 - b. Should a person's name be removed from the squad list by the coach prior to the first scheduled game for that sport and a written notice is given to the Intramural Sports office, he/she shall be eligible for that intramural sport.
 - c. Any student who is on an athletic scholarship shall be ineligible for that sport for which the scholarship was given.
4. A varsity or freshman squad member of any sport, who becomes scholastically ineligible for the competition shall not, during the period of ineligibility, participate on an Intramural team in the same sport.
5. Players, after entering one contest in an activity with a given team, may not transfer to another team during the same activity. If players transfer to another team after one game has been played, such players will be deemed ineligible for the remainder of that sport.
6. Once a player is removed from a roster that player cannot be added back on the team.
 - a. No player can be removed from a roster if such player has played in at least one game.
7. Players may not compete for two teams
8. Teams may not play ineligible players, even by mutual agreement of both captains and other players in the contest.
 - a. The penalty for any team playing an ineligible player shall be the loss of all games in which the ineligible person played.
9. A student must be enrolled and a current student as the University of Central Arkansas defines as an enrolled student.
10. Players must have played in at least one regular season game to be eligible to participate in any playoff/tournament.
11. Co-Rec sports are the only sports where men/women participate with each other.

12. For players to be eligible to participate in an Intramural game they must present their UCA ID at each event.
13. If you're a member of a club sport you cannot have more than 2 members of the club on the same team.
14. Any division that does not have at least 8 teams in their division, their championship game will be played at a campus recreation facility.

Specific Eligibility Rules

Greek Division

1. Any Greek Organization, which is recognized by the Student Life Office, will be eligible to play in the Greek Division.
2. Only individuals who are active members or pledges of that fraternity or sorority shall represent Greeks. NOTE: Students names must appear as active on the Greek roster registered with the Division of Greek Services at UCA. No pledge will be eligible to participate in Intramural Sports with a Greek organization until the Greek Roster has been turned into the Department of Greek Services at UCA. Honorary Members are not eligible to participate in Intramural Sports.
 - a. One alumni per Greek organization team may participate, as long as that individual is deemed an enrolled student by the University of Central Arkansas
3. Greek members transferring to UCA during the semester break will be eligible when their names have been reported to the Intramural Sports Office providing they meet all other eligibility rules stated herein.
4. Pledges may not transfer from one team to another during the middle of a sport, if that pledge has played in at least one game.
5. Co-Rec teams will be decided by raffle.

Residence Hall Division

1. The player roster must be composed of men/women who live in specific Residence Halls.
2. Residence Hall Directors are eligible to participate.
3. If your Residence Hall does not have a team entered, you may sign on a different Residence Hall team.

Independent Division

1. The player roster must be composed of men and women who are members of a particular organization, club, and faculty or a general group of people who will compete together.

- a. UCA Recognized Student Organization employee (RSO) under their organization may play with that group, but must be a member of the HPER Center.
2. Each organization's team cannot exceed the roster limit.

General Policies

1. Any player who uses profane language or who flagrantly disobeys the rules of the contest, or who flagrantly disagrees...by action or words...with an official decision, shall be removed from the game. Players will also be ineligible to play in the next game in which their team plays. (Forfeit games do not count)
2. Any player who repeatedly or willingly fully commits flagrant violations, or who instigates or joins in a fight shall be expelled from that contest and will not be allowed to participate in any further Intramural Sport activities for the remainder of that school year.

Team Conduct

1. It will be the duty of each organization to control the actions of all team members representing that organization. Any harassment of officials or members of the opposing team, by either player or coach, shall result in the forfeit of that contest.
 - a. Suspensions may result from this type of behavior
2. In the event any member, or members, of a team shall move onto the playing area for purposes of forceful protest or to be involved in a fight, that team/individual shall be excluded from Intramural Sports competition for the remainder of the school year. The persons involved in these activities will be referred to the Dean of Students Office for appropriate action.

Fan Conduct

1. The conduct of fans representing a particular organization will be the responsibility of that organization. In the event that fans representing a particular team use profane language, harass officials or opposing team members, or refuse to abide by acceptable standards of behavior, that team will forfeit the contest. In the event this behavior is repeated a second time, that team or organization will be excluded from further Intramural Sport competition for the remainder of that school year.
2. In the event any fan, or fans, approach the playing area for the purpose of forceful protest or to be involved in a fight, that team or organization may be expelled from Intramural Sports competition for the remainder of the year and the fans involved will be referred to the Dean of Students Office for appropriate action.

3. In the event an organization is excluded from competition for one of the reasons stated above that organization will not be eligible for reinstatement until the following semester.

Code of Conduct

Any person or team competing in an Intramural Sport event must follow the code of conduct as listed below.

1. Any participant (player, coach, or fan) ejected for unsportsmanlike conduct will be suspended from the team's next game and must meet with the Director of Intramural Sports within 24hrs of occurrence, in order to participate or spectate at the team's next game.
2. Any participant ejected for intentionally contacting a game official will be suspended from Intramural Sports indefinitely.
3. The second unsportsmanlike penalty by the same player or non-player per game results in disqualification of that player.
4. An individual will be removed from a sport upon receiving his/her third unsportsmanlike penalty per sport.
5. The fourth unsportsmanlike penalty during a sport will result in the forfeiture of all remaining games, and the team will not be eligible for tournament play.
 - a. The entire team will be suspended from all Campus Recreation facilities until the end of the semester or have met with the Director of Campus Recreation.
6. The Director of Intramural Sports has the right to refuse a team to participate in Intramural Sports due to disciplinary actions that have been obtained by a team.
7. If any player, coach, or fan deems it necessary to protest their ejection, disqualification or suspension from Intramural Sports the final decision will be made by the Director of Campus Recreation.

Forfeits

1. If a team or contestant fails to appear at the scheduled place within five (5) minutes after the scheduled time for the contest, the Intramural Office shall declare the contest a forfeit to the team or contestant ready to play. In case neither team is ready to play, both teams will be given a forfeit.
2. Forfeits will result in the loss of ½ their entry points.
3. Forfeits will be the result if any player/coach participates in a fight
4. For each forfeit the team will be charged \$30
 - a. Forfeits must be paid to the HPER Center Front Office.
 - b. If a team does not pay the forfeit fee before their next scheduled game it will result in an automatic loss. The team will not be charged an additional \$30 forfeit fee.
5. Co-Rec Events
 - a. The organization that failed to appear to their game will be the only organization that will be charged the \$30 forfeit fee and will lose ½ of their participation points.
6. Double Header
 - a. If a team forfeits the first game of a double-header the team will automatically be disqualified and be forced to take the loss of their second game.
7. Team Sports
 - a. If a team forfeits a game and fails to pay the \$30 forfeit fee that team and team members will not be eligible to participate in the next sport until the \$30 forfeit fee is paid.
8. All forfeit fees' can be disputed to the Director of Campus Recreation.

Protest

1. A protest will be entertained only when it involves interpretation of a rule or rules, or the use of an ineligible player, and NOT the judgment of an official.
2. The protest must be made upon the field of play, before play resumes. A protest must be made to the director. The director has the right to make a decision at that point. The game will continue at that point. The official shall announce that the game is being played under protest and so noted in the scorebook.
3. In addition, all protest must be made in writing and submitted to the Intramural Sports Office within 24 hours after the contest in question. Should a protest be initiated after the contest, this should be made in writing and submitted to the Intramural Office with 24 hours.

Tiebreaking Procedure For Round Robin Tournaments

1. If a two-way tie exists, the winner of head-to-head competition will decide it.
2. If a three-way or more exist, it will be decided as follows:
 - a. Forfeit – the team that forfeited during the season will be dropped to the lowest position among the teams tied.
 - b. The difference between total points scored versus total points allowed (Point Differential).
3. If two teams have the same point differential, then head-to-head competition will determine playoff placement.
 - a. If all teams have the same point differential, then total points scored will determine playoff placement.
 - b. If two teams have scored the same number of total points, then head-to-head competitions will determine playoff placement.
 - c. If all teams have scored the same number of points, then fewest points allowed will determine playoff placement.
 - d. If two teams allowed the same amount of points, then head-to-head competitions will determine playoff placement.

Heat Index

1. If the heat index is ever over 100 degrees Intramurals will be postponed until the heat index goes below 100 degrees.
2. If the heat index is above 95 degrees each halftime will be 10 minutes long. If a game last more than 20 minutes, a stoppage in the game will occur for water and cool down period lasting 10 minutes.