



2+2 Degree Plan Checklist
Associate of Science in Liberal Arts and Sciences
Bachelor of Science in Health Education



Arkansas State University - Beebe¹
Associate of Science in Liberal Arts and Sciences²

| Possible Prerequisites | | | Semester | Hours | Grade |
|------------------------|------|--|----------|-------|-------|
| UNIV | 1003 | Principles of Academic Success III (required if registering for a remedial course) | | (3) | |
| ENG | 0013 | Precollege Literacy | | N/C | |
| ENG | 0023 | College Literacy (taken with ENG 1003 – Freshman English I) | | N/C | |
| MATH | 0012 | Review for College Algebra (taken with MATH 1023 – College Algebra) | | N/C | |
| MATH | 0013 | Foundations of Algebra I | | N/C | |

General Education Requirements (35 credit hours)

| English/Communication (9 credit hours) | | | UCA ³ | Semester | Hours | Grade |
|--|------|---------------------|------------------|----------|-------|-------|
| ENG | 1003 | Freshman English I | WRTG 1310 | | 3 | |
| ENG | 1013 | Freshman English II | WRTG 1320 | | 3 | |
| SPCH | 1203 | Oral Communications | COMM 1300 | | 3 | |

| Mathematics (3 credit hours) | | | UCA | Semester | Hours | Grade |
|------------------------------|------|-----------------|-----------|----------|-------|-------|
| MATH | 1023 | College Algebra | MATH 1390 | | 3 | |

| Lab Sciences (8 credit hours) | | | UCA | Semester | Hours | Grade |
|-------------------------------|------|--|-----------|----------|-------|-------|
| BIOL | 1014 | Principles of Biology | BIOL 1440 | | 4 | |
| PHSC | 1204 | Physical Science for General Education (or other ASLAS Physical Science with Lab) | PHYS 1400 | | 4 | |

| Fine Arts/Humanities (6 credit hours) | | | UCA | Semester | Hours | Grade | |
|---------------------------------------|------|--|-----------|----------|-------|-------|---|
| ART | 2503 | Choose one: Fine Arts - Visual | ART 2300 | | 3 | | |
| MUS | 2503 | | | | | | Fine Arts - Musical |
| THEA | 2503 | | | | | | Fine Arts – Theatre (or other ASLAS Fine Arts) |
| ENG | 2003 | Choose one: World Literature I | ENGL 2305 | | 3 | | |
| ENG | 2013 | | | | | | World Literature II |

| Social Sciences (9 credit hours) | | | UCA | Semester | Hours | Grade | |
|----------------------------------|------|--|-----------|----------|-------|-------|--|
| HIST | 2763 | Choose one: The United States to 1876 | HIST 2301 | | 3 | | |
| HIST | 2773 | | | | | | The United States since 1876 |
| POSC | 2103 | | | | | | Introduction to United States Government |
| HIST | 1013 | Choose one: World Civilization to 1660 | HIST 1310 | | 3 | | |
| HIST | 1023 | | | | | | World Civilization since 1660 |
| PSY | 2013 | Choose one: Introduction to Psychology | PSYC 1300 | | 3 | | |
| SOC | 2213 | | | | | | Principles of Sociology |

Health Education Core (25 credit hours)⁴

| | | | UCA | Semester | Hours | Grade |
|------|------|---------------------------------|-----------|----------|-------|-------|
| BIOL | 2104 | Microbiology | BIOL 2411 | | 4 | |
| HLTH | 2523 | First Aid & Safety | H ED 2201 | | 3 | |
| MATH | 2233 | Applied Statistics | MATH 2311 | | 3 | |
| PE | 1623 | Concepts of Fitness | H ED 1320 | | 3 | |
| ZOOL | 2004 | Human Anatomy and Physiology I | BIOL 2406 | | 4 | |
| ZOOL | 2014 | Human Anatomy and Physiology II | BIOL 2407 | | 4 | |
| | | ASLAS Approved Elective | | | 3 | |
| | | ASLAS Approved Elective | | | 1 | |

Total Hours: 60⁵



2+2 Degree Plan Checklist
Associate of Science in Liberal Arts and Sciences
Bachelor of Science in Health Education



University of Central Arkansas
Bachelor of Science in Health Education
UCA Courses (60 credit hours)⁶

| Required Core Courses (27 credit hours) | | | Semester | Hours | Grade |
|--|------|--|-----------------|--------------|--------------|
| H ED | 3300 | Methods & Materials (UD UCA Core: C) | | 3 | |
| H ED | 3301 | The Health Education Profession (UD UCA Core: R) | | 3 | |
| H ED | 3320 | Epidemiological Research (UD UCA Core: I) | | 3 | |
| H ED | 4300 | Community Health | | 3 | |
| H ED | 4320 | Health Communication & Advocacy | | 3 | |
| H ED | 4331 | Program Planning & Evaluation | | 3 | |
| H ED | 4370 | Administration of Health Programs | | 3 | |
| H ED | 4600 | Health Education Internship (UD UCA Core: Z) | | 6 | |

| Required Content Course (3 credit hours) | | | Semester | Hours | Grade |
|---|------|---|-----------------|--------------|--------------|
| H ED | 3325 | Disease Management for Health Promotion | | 3 | |

| Upper Division Diversity Elective (3 credit hours) | | | Semester | Hours | Grade |
|---|------|--|-----------------|--------------|--------------|
| Choose one: | | | | | |
| H ED | 3305 | Human Sexuality (UD UCA Core: D) | | 3 | |
| H ED | 4343 | Health Strategies for Multicultural Populations | | | |
| H ED | 4395 | Contemporary Health Concerns: Women (UD UCA Core: D) | | | |
| H ED | 4396 | Contemporary Health Concerns: Men (UD UCA Core: D) | | | |

| Major Electives (6 credit hours) | | | Semester | Hours | Grade |
|---|------|--|-----------------|--------------|--------------|
| Choose at least 6 credit hours: | | | | | |
| H ED | 2320 | Mental Health | | 6 | |
| H SC | 3123 | Medical Terminology | | | |
| H ED | 3315 | Theory & Practice of Prevention | | | |
| H ED | 4301 | Health Education in the Medical Care Setting | | | |
| H ED | 4302 | Health Education in the Worksite | | | |
| H ED | 4303 | Environmental Health Problems | | | |
| H ED | 4310 | Health Concerns of the Aging | | | |
| H ED | 4312 | Drug Education | | | |
| H ED | 4398 | Health Coaching I | | | |
| H ED | 4399 | Health Coaching II | | | |

| Electives (21 credit hours) | | | Semester | Hours | Grade |
|------------------------------------|--|----------------------------------|-----------------|--------------|--------------|
| | | Upper Division General Electives | | 4 | |
| | | General Electives | | 17 | |

Total Hours: 120⁷

¹ See your ASUB advisor for degree and graduation information.

² Agreement requirements are guaranteed in accordance with the academic year of initial enrollment at ASUB, not to precede the academic year during which the agreement first took effect. A period of non-enrollment of 12 months or more requires that the student adhere to the agreement revision corresponding with the academic year of re-enrollment.

³ UCA course is either guaranteed by ACTS (acts.adhe.edu) or by UCA Department Chair approval (if blank, elective credit will be awarded).

⁴ The following four courses prepare students for ACE Health Coaching Certification: H ED 1320, H ED 3325, H ED 4398, H ED 4399.

⁵ Students completing the AS in Liberal Arts and Sciences degree requirements, as shown above, with a minimum 2.0 cumulative GPA, will have satisfied the UCA Lower-Division Core and will be admitted to the BS in Health Education degree program as a junior.

⁶ In order to receive important communications about transferring to UCA, students are encouraged to create a UCA student account at gopurple.uca.edu. For more information about the 2+2 program, students may also send email inquiries to ucatransfer@uca.edu.

⁷ This agreement requires 120 credit hours as follows: maximum 60 at ASUB and remaining 60 at UCA (40 of which must be upper-division).