



2+2 Degree Plan Checklist

Associate of Science in Health Science Bachelor of Science in Nutrition



Arkansas State University – Beebe Associate of Science in Health Science¹

Possible Prerequisites			Semester	Hours	Grade
UNIV	1003	Principles of Academic Success (required if registering for a remedial course)		(3)	
ENG	0013	Precollege Literacy		N/C	
ENG	0023	College Literacy (taken simultaneously with ENG 1003 – Freshman English I)		N/C	
MATH	0013	Foundations of Algebra I		N/C	
MATH	0023	Foundations of Algebra II		N/C	

General Education Requirements (35 credit hours)

English/Communication (12 credit hours)			UCA ²	Semester	Hours	Grade
ENG	1003	Freshman English I	WRTG 1310		3	
ENG	1013	Freshman English II	WRTG 1320		3	
SPCH	1203	Oral Communications	SPCH 1300		3	
ENG	2003	World Literature I or	ENGL 2305		3	
ENG	2013	World Literature II	ENGL 2306			

Mathematics (3 credit hours)			UCA	Semester	Hours	Grade
MATH	1023	College Algebra	MATH 1390		3	

Lab Sciences (8 credit hours)			UCA	Semester	Hours	Grade
BIOL	1014	Principles of Biology	BIOL 1440		4	
CHEM	1014	General Chemistry I	CHEM 1450		4	

Fine Arts (3 credit hours)			UCA	Semester	Hours	Grade
ART	2503	Fine Arts – Visual or	ART 2300 MUS 2300 THEA 2300		3	
MUS	2503	Fine Arts – Musical or				
THEA	2503	Fine Arts – Theatre or				
THEA	2513	Fine Arts – Film or				
HUM	2003	Introduction to Humanities I or				
HUM	2013	Introduction to Humanities II				

Social Sciences (6 credit hours)			UCA	Semester	Hours	Grade
HIST	2763	The United States to 1876 or	HIST 2301		3	
HIST	2773	The United States Since 1876 or	HIST 2302			
POSC	2103	Introduction to United States Government	PSCI 1330			
HIST	1013	World Civilization to 1660 or	HIST 1310		3	
HIST	1023	World Civilization since 1660	HIST 1320			

Social or Behavioral Science Elective (3 credit hours)			UCA	Semester	Hours	Grade
HIST	1013	World Civilization to 1660 or	HIST 1310		3	
HIST	1023	World Civilization since 1660 or	HIST 1320			
HIST	2763	The United States to 1876 or	HIST 2301			
HIST	2773	The United States Since 1876 or	HIST 2302			
POSC	2103	Introduction to United States Government or	PSCI 1330			
GEOG	2613	Introduction to Geography or	GEOG 1305			
GEOG	2603	World Regional Geography or	GEOG 1300			
SOC	2213	Principles of Sociology or	SOC 1300			
PSY	2013	Introduction to Psychology	PSYC 1300			

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Health Sciences Core (25 credit hours)

			UCA	Semester	Hours	Grade
BIOL	2013	Nutrition	NUTR 1300		3	
BIOL	2104	Microbiology	BIOL 2411		4	
CHEM	1034	Introduction to Organic and Biochemistry	CHEM 2450		4	
CIS	1503	Microcomputer Applications I	CSCI 1300		3	
PSY	2013	Introduction to Psychology	PSYC 1300		3	
MATH	2233	Applied Statistics	MATH 2311		3	
ZOOL	1014	Basic Human Anatomy and Physiology	BIOL 2405		4	
		General Elective			1	

Total Hours: 60³

University of Central Arkansas Bachelor of Science in Nutrition

UCA Courses (60 credit hours)⁴

				Semester	Hours	Grade
FACS	2341	Lifespan Development			3	
FACS	3311	Resource Management			3	
FACS	3372	Personal and Family Finance			3	
FACS	3456	Methods in Family and Consumer Sciences Education			4	
NUTR	2310	Food Science			3	
NUTR	2311	Meal Management			3	
NUTR	3350	Community Nutrition			3	
NUTR	3370	Advanced Nutrition			3	
NUTR	3380	Food Economics			3	
NUTR	3390	Nutrition and Metabolism			3	
NUTR	4301	Research in Family and Consumer Sciences/Nutrition			3	
NUTR	4315	Sports Nutrition			3	
NUTR	4321	Nutrition Services Administration			3	
NUTR	4325	Medical Nutrition Therapy I			3	
NUTR	4335	Nutrition Senior Seminar			3	
NUTR	4351	Experimental Food Science			3	
NUTR	4374	Medical Nutrition Therapy II			3	
NUTR	4395	Nutrition Contemporary Issues			3	
		General Elective			3	
		General Elective			2	

Total Hours: 120⁵

¹ See your ASU-Beebe advisor for degree and graduation information.

² UCA transfer course designations are either guaranteed by ACTS (acts.adhe.edu) or have been approved as a substitution by UCA. Unless otherwise noted, courses for which no UCA equivalent course is listed would transfer in as elective credit.

³ Students completing the AS in Health Science degree requirements, as shown above, with a minimum 2.0 cumulative GPA, will have satisfied the UCA Lower-Division Core requirements and will be admitted to the BS in Nutrition degree program as a junior. PLEASE NOTE, HOWEVER, THAT IN ORDER TO APPLY FOR MOST POST-GRADUATE DIETETICS INTERNSHIP PROGRAMS, A MINIMUM CUMULATIVE 3.0 GPA WILL BE REQUIRED.

⁴ For more specific information about degree requirements within the junior and senior years at UCA, please review the UCA Undergraduate Bulletin (<http://uca.edu/ubulletin>) and consult your UCA academic advisor.

⁵ This degree program requires a total of 120 semester credit hours, including at least 40 upper-division credit hours completed at UCA.